

THE ESSEX AND KENT SCOTTISH REGIMENT

SEMPER



PARATUS

REGIMENTAL NEWSLETTER SPRING 2010 EDITION

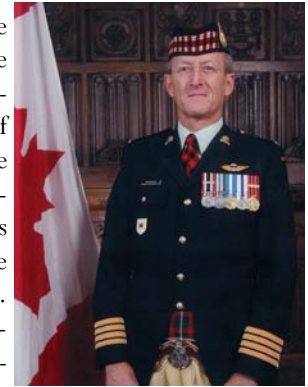
GREETINGS FROM THE HONORARY COLONEL

I have been asked to provide information on my interactions with the military and civilian communities on behalf of the Regiment. Officially, honoraries are seen to be the guardians of Regimental traditions and history, promoting the unit's identity and ethos, and being advisors to the Commanding Officer on virtually all issues EXCLUDING operations and training.

In the E & K Scot, by precedent and tradition, the Honorary Colonel (HCol) is the Chair of the Regimental Senate. Major policy decisions on matters relating to non-operational policies, customs, traditions, dress, major projects and any publication/web site are the purview of the whole Senate while more routine issues are handled by the HCol. The finances of the Regiment totalling \$209,000 (not to be confused with either the public or non-public unit funds) are managed by The Scottish Borderers Foundation – an Ontario corporation and registered charity – which includes honoraries and other senior members of the regimental family. In short, I am very much involved in the internal workings of the Regiment.

The HCol assists the unit in planning and conducting major events involving community members some examples being a visit by our Colonel-in-Chief, the new Dieppe Memorial in Windsor or the annual Battle of the Hochwald Dinner. Informal discussions with community leaders at these events are an important aspect of my role. Like many members of the Regiment I make presentations to local civilian groups about the Regiment and its long connection with the community.

While honoraries are part of the military structure, they also have the unique benefit of being unpaid advisors outside the operational chain of command. On rare occasions, the HCol brings concerns to the attention of senior military commanders and community leaders when the CO is prohibited from doing so. One such time was after the December budget cuts that essentially curtailed training. Without involving the CO but having access to facts I wrote a letter to the government members in Essex and Chatham-Kent to ensure they were informed of the long term effects of short term budget cuts. Senior military commanders didn't agree with my actions but know I will not sit idly by when the future of the Regiment is at stake. While the unit's budget was restored at about the same time as my letter, I firmly believe that it was essential that Members of Parliament be made aware of the Regiment's situation so they can have some bearing on overall military funding levels that are both predictable and reasonable.



I hope you now better understand why you may see me in unit lines on a regular basis and why it is helpful for all ranks to share information with both your Honorary Colonel and Honorary Lieutenant-Colonel. By working together we can make the Regiment better.

Semper Paratus,

Hardy Wheeler, Honorary Colonel



GREETINGS FROM THE COMMANDING OFFICER

Another training year is just about complete, and the unit has once again demonstrated absolute resilience in meeting all challenges. Not only have we completed the important mandated individual and collective training, we have trained more leaders in our NCO Corps and have enlisted new Junior Officers. This unit led the way in the Collective Training, by providing the HQ for BG 31-09, the Brigade level group that included all soldiers available

to attend weekend exercises. We very proudly ran effective counter insurgency exercises, with both dry and live fire training, for over 650 soldiers in May. Add to all of this, this unit led the way in planning and conducting the first Windsor Tattoo and Sunset Ceremony and immediately following this great event, hosted our CINC, Prince Michael of Kent.



The Essex and Kent Scottish continued to provide excellent trained soldiers, from the rank of Private to Captain, to work with task force training and go to Afghanistan. We have also provided great support to our military families, and have two excellent padres who consistently take care of the welfare of our troops and their loved ones.

You have done all of this under the adversity of budget cuts, and indeed a drastic cut to training for the months of December to mid February. The leadership of the Chain of Command, and the dedication of our soldiers, is nothing shy of outstanding. I am proud to command such a great group of men and women. Add to this the huge cut back of full time staff, and the fact that our remaining full time staff are doing the jobs to two-three positions, also deserves our respect and thanks.

The Essex and Kent Scottish Association, Delta Company, The Ansell Club (Associate Members of the Maj Si Steele MC Mess) and our volunteers working with the Family Support Group have continued to provide sterling service to

unit events, to our soldiers deployed, or to major projects. Your valued support and assistance is greatly appreciated.

As we move into the new training year, we will be focused on domestic operations. Although never the lead in such events like the G8/G20 conferences, Olympics, natural disasters, just to name a few, we must be prepared to use our skills as well disciplined and trained soldiers to effectively respond and support our Government and our people. A number of the members of this regiment will be doing just that during the month of June, where we will provide soldiers to 'OPERATION CADENCE' in support of the G8/ G20 conference. Thus our focus will be on domestic operations and individual training skills, along with leadership, until after the summer training period. From there, back to basic soldier's skills, patrolling and once again focusing on a dynamic presence in a counter insurgency role.

Keep focused on your training, plan to attend all major training events, and continue to be the great soldiers that I know you can be. Finally, as we once again are receiving soldiers back from Afghanistan, and sending more over, let us maintain contact with them and their families. Our soldiers and their families need to know that we are always there for them; more importantly, through e-mail, letters, facebook, and phone calls, we must demonstrate that we are there.

Semper Paratus!

Lieutenant-Colonel Morris Brause,



GREETINGS FROM THE REGIMENTAL SERGEANT-MAJOR

Fellow Soldiers of the Regiment,

April kicks off our new fiscal and Individual Battle Task Standards training cycle. This next year will provide a more stable training tempo and some excellent exercises with plenty of opportunities for developing your skills as soldiers. This spring we begin the next rotation of E&K Scot soldiers into Afghanistan and commence the work up training for Operation Cadence, security for the G8 Conference in Huntsville and the G20 conference in Toronto. These operational deployments will further enrich the wealth of experience we have already accumulated over recent years. Although these conferences will interrupt this summer's 'Regional Summer Training' cycle, there will be opportunities for achieving trade/career courses, though perhaps not as many as we would like. Approach your chain of command and pass on your interest and availability for the training and employment being offered.

31 Brigade credits E&K Scot and all other units, with the percentage of members who have completed the very important Individual Battle Task Standards, the military gauge as to how competent our soldiers are to wage combat. Support your Regiment by attending the training weekends and mastering

these skills this year.

For those of you having trouble getting time off from school or your employer for career courses and overseas missions, go through you chain of command and book an interview with Captain Douglas or myself as we are your military leave representatives. In this capacity we provide access to information and resources such as 'The Canadian Forces Liaison Council', which can assist you in getting the time you need to train. There have been great successes in the past in assisting soldiers. The tools exist but the request needs to be initiated by you.

I am very happy to see the increased interest and activity in the messes in both garrisons. This is great news and camaraderie is a healthy thing. The messes and institutes, their members and the volunteers with our outreach program, are all part of our Regiment's and garrison's social fabric. They assist us in looking after each other as well as preserving our military culture



for years to come. I encourage each of you to volunteer for E&K Scot sponsored or affiliated events, and take more responsibility in planning your personal military life. I look forward to working with you to make this year a great one.

Semper Paratus!

CWO Sean Wilkins



E & K SCOTTISH REGIMENT ASSOCIATION MESSAGE

The members of your Association Board of Directors have hit the ground running at the beginning of 2010. The Regiment's second major battle of WWII, *Verrieres Ridge* was one of our fiercest battles fought during the NW Europe Campaign. Due to the determination of the Essex Scots and other units and formations advancing upon the enemy, a large German ambush and counter-attack thrust was blunted. Over 30% of the Regiment became casualties during this ferocious battle, but within two weeks The Essex Scottish rearmed, reinforced, retrained with the lessons learnt and pressed ahead shoulder to shoulder with the rest of the Canadians, destroying and capturing most of the enemy army which had been routed, and fled into the Falaise Pocket. Verrieres Ridge is an extremely important Battle Honour which has been emblazoned with great pride, upon our Regimental Colour.

On 6th June 2010, a monument commemorating the tenacity of the 2nd Canadian Infantry Division will have the hat badge of The Essex Scots and other units displayed and dedicated. Your Regimental Association recently conducted a fundraising campaign to pay for our Essex Scot plaque on a pillar of this monument located at Hill 67 on the southern spur of Verrieres Ridge.

Please consider making financial donations to your Association for future projects to acknowledge the wartime efforts of our combat soldiers. Charitable income tax receipts are available to donors.

UPCOMING EVENTS:

Regimental Family Day on Sunday, 30th May, 2010

Due to a large number of E&K Scot soldiers being tasked to provide security for Operation Cadence for over a month, in support of the G8 and G20 conferences, our annual Family Day will be held a few days prior to the soldiers leaving, at Tilston Armoury in Windsor at 1:00 p.m. A BBQ as well as games and competitions with lots of prizes, annually results in lots of fun for all. Cost is \$5.00 per person aged 12 years and older. You are all encouraged to bring your kids and grandkids. Bring lawn chairs Watch for the flyers!

Dieppe Memorial Project II on 19 August 2010

You are invited to Dieppe Park on the Windsor waterfront for the unveiling of this new monument, identical to the one dedicated at Dieppe, France on 19th Aug 2006. This is a solemn remembrance of the 90% of the Essex Scottish casualties during Operation Jubilee 19th Aug 1942.



Board of Directors

Reunion 2010 on Saturday, 11th September, 2010

Our bi-annual regimental reunion will be held at the Tilston Armoury in Windsor. This is the first of two (2) notices that all members will receive informing you of this event. You will receive more detailed information in an invitation this June, outlining accommodations and parade details.

Regimental Association Board of Directors

Elections were held at our January 21st meeting to fill the executive positions for the term January 2010 – January 2011.

President: Doug Pfeifer

Vice President: Eric Skelton

Secretary: Helen McCabe

Treasure: Megan Mehaffey-Pfeifer

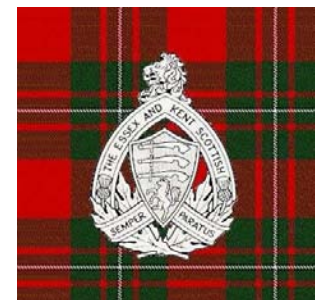
Directors: Bill Carruthers, Pat Coughlin, Gary Dick, Jack Goddard, Blake Harding, Cathy MacDonald, Jim Purdy

Commanding Officer's Representatives: Major Greg Childs (Deputy Commanding Officer / Regimental Major), WO Al McCabe (Battle School) The board sincerely thanks these outstanding individuals for their dedication hard work and volunteering a great deal of personal time. Please feel free to contact me at any time.

Doug Pfeifer, President

megkirk@explornet.com

Phone: 519-818-6016



DIEPPE MEMORI

During March 2005, a dozen employers from Windsor and Chatham were flown to Ft. Knox Kentucky, on a Canadian Forces Liaison Council 'Executrek' to observe the soldiers of The Essex & Kent Scottish Regiment conduct intense training. After meeting with the soldiers, the Commanding Officer, LCol Phil Berthiaume and Honorary-Colonel Rae Martin threw out a concept to the Executrek guests for a project to replace the current monument on codename 'Red Beach' (as it was designated during the raid) at Dieppe, France to honour the 2,150 casualties suffered by the Regiment during WWII. These two officers were seeking ideas and direction from us business and construction experts, who were their guests. The ideas, concepts and offers started bouncing off everyone and before long all present were committed to bringing this project to life, in the memory of a Regiment which had given so much. Most of these gentlemen became the start of the Regiment's Delta Company.

In June 2005, a phone call from Mike Beale of Delta Coy provided my introduction to a proposed memorial destined for installation in Ville de Dieppe, France. Mike was looking for information on a variety of materials being considered for the monument. After discussions regarding the deterioration of the concrete base and the plaque installed there in 1992 by officers of The Regiment, the use of concrete as the main material for the new memorial was quickly abandoned. Vandalism had also been an ongoing problem with the cap badge having been stolen many times over the years. After some

research on the environment in Dieppe and lengthy discussions regarding the artist's concept for the memorial, I volunteered for the project to assist in the selection of the proper materials to minimize both ongoing maintenance and material deterioration. With the agreement of the Dieppe Memorial Committee, I came on board to co-ordinate the construction and installation of the monument and, ultimately, was invited to become a member of Delta Coy.

A very dense black granite stone quarried in China, was chosen with type 316 stainless steel accessories – both of which will stand up to the salt atmosphere of the English Channel. The Chinese granite had been selected based both on delivery and price.

Ours was to be more than just a memorial, it was to be interactive with the sun, in a similar manner that Pharaoh Ramses II's, temple at Abu Simbel, Egypt, commemorates the anniversary of his victory at the Battle of Kadesh, where the sun's rays illuminate his statute deep within the temple on anniversary dates. Similarly, at Dieppe, the monument's alignment is such that the sun's rays pass through the maple leaf cutout in the stone at precisely 1300 hours CEST (Central European Savings Time) on August 19th each year - the time the last of our troops were pulled off Red Beach. These rays land squarely on a stainless steel maple leaf, penetrating the monument and illuminating the marker on the ground amidst a bed of Dieppe beach stone.

Months of planning went into the design of the various components, preparation of electronic drawings and data, solicitation of metal cutting and polishing and finally the assembly, transportation and installation of the monument. With the invaluable assistance of Ed Bernard, John Wood and numerous local donor companies including Platinum Tool, Technicut Tool, Valco, Futura Tool, A Performance Team Mould Texturing and others, the components started to come together. Assembly took place in the shop at Bernard Mould followed by crating for the trip to



Delta Company 'workhorses' Mike Beale, Dave Woodall and Ed Bernard pose with our monument on Red Beach at Dieppe.



Rev. Padre Maj Gilliland dedicates the old Essex Scottish monument moved from The Red Beach esplanade into the Canadian War Cemetery at Dieppe.

AL PROJECT II

Dieppe. Accompanied by Chief Warrant Officer Kirk Drew, RSM of the Regiment, the memorial became part of a load on a military aircraft bound for England. A short truck trip, partly on board a ferry across the English Channel, delivered both the monument and CWO Drew to Dieppe. We arrived to oversee the installation during the week of June 19th, 2006. The reinforced concrete foundation work had already been completed by the Dieppe Public Works based on drawings we had sent earlier.

The Dieppe beach stones are chert – a very hard, glass-like stone – uniform in size and extremely difficult to walk and drive on. Unknown to our troops and likely the enemy, the beach stone was, in itself, a natural barrier to our soldiers and equipment landing in Dieppe. The stones clogged the tracks of our tanks rendering them immobile and running across the stones under enemy fire was next to impossible. These are the stones cast into the surface of the monument's foundation.

While all of the construction was going on, Mike Beale and many others were busy raising funds and donations in kind to pay for the purchased components and to pay for veterans and



Young French Boy points to the maple leaf as the sunlight illuminates it at 1300 hrs on 19 Aug 2006

caregivers to tour battle sites in France ending with their attendance at the dedication in Dieppe.

Dedication of the memorial occurred on August 19th, 2006 at the appointed 1300 hours under overcast skies and intermittent light rain. At 1300 hrs, the sun did come out briefly confirming our calculations as the sun's rays passed over the target on the ground. A very large crowd of grateful French citizens and dignitaries were in attendance. At the appointed time a RCAF 'Spitfire' which had flown during the original battle, the largest air battle of WWI, performed a 'flypast' to commemorate our monument consecration and dedication. Our guests included veterans, serving members of The Regiment, members of D Coy, the Pipes & Drums, Windsor Regiment Band,

Dieppe town band, Dieppe, Canadian and British dignitaries and many guests from Canada, France and other countries. This monument truly matches and compliments the other monuments on the esplanade which honour the sacrifice of so many brave soldiers of the 2nd Canadian Infantry Division during 'Operation Jubilee'.

From day one of the first project, it was the desire of many involved to create an identical memorial in Dieppe Gardens here on the waterfront of the Detroit River. That time has come.

Planning for Dieppe Memorial II has begun after final approval for the project from Windsor City Council, the Regimental Senate and The Scottish Borderers' Foundation. The project has also been discussed with the artist, Rory O'Connor, and it has her full support. She has been of great assistance in establishing the location in Dieppe Gardens and in discussions with the City staff.

At the time of writing, the stone has been ordered, electronic data has all been assembled and checked, and donations in kind have been solicited for most of the metal components. We have located a Canadian source in Niagara Falls for the casting of the cap badge. This company is so enamoured with the whole story that they are donating all of their labour to make the casting.

And again, Mike Beale has undertaken the tremendous task of raising funds. The cost of this project, if we have to pay for every single thing, would be about \$185,000. We are hopeful that donations in kind will account for about 50% of this amount.

At this time, all components are scheduled to be in hand by early July. Assembly of the monument, construction of the foundation and installation in the Gardens will occur during the month of July with completion by the first week of August. This will leave the City Parks & Recreation Department a couple of weeks to landscape the area prior to the planned dedication on August 19th, 2010 at 1300 hours EDST.

Dave Woodall
2IC Delta Company



Delta Company

FIELD TRAINING EXERCISE 'READY HIGHLANDER'

On February 27th, The Essex and Kent Scottish Regiment conducted an intensive range training weekend at Fort Custer, Michigan. Ft. Custer was named after Michigan-born Brigadier-General George Armstrong Custer, renowned Union General of the American Civil War, who did not fare very well at the hands of the Lakota and Northern Cheyenne Indians in 1876, at the 'Battle of The Little Big Horn'.



Cpl Jones qualifies as a grenadier for the company at Fort Custer

Our soldiers conducted their advanced Personal Weapons Testing (PWT), on the C6 medium machine-gun (MMG) and on the C9 light automatic rifle, as well as the M203 rifle grenade launcher. The C6 MMG range is a large breath-taking upwards sloping +800 metres range with mechanically controlled pop-up targets that is a machine-gunners' dream.



The E&K Scot show their skill at the range with C9 Light Automatic Rifle

When the targets are hit by a bullet, they fall down and electronically put back up, enabling the accuracy of our trained

machine-gunners to be well documented. These are very important skill-sets for those members planning to deploy to the Afghanistan mission.

Since the Americans do not perform the same 'advance to contact' running attack on these ranges, there were difficult obstacles such as waist-deep, very cold creeks and 10' high snow covered steep berms traversing the ranges, which had to be safely overcome on the timed run-downs, so many troops found themselves slipping and sliding on the 3 foot deep icy snow-covered terrain. Our soldiers persevered and were successful in arriving at their firing point and quickly getting accurate and sustained fire onto their targets, once again proving what skills, similar to our WWII veterans, lies currently within the Essex and Kent Scottish Regiment.



HCol Hardy Wheeler demonstrates his prowess with the M203 grenade launcher.

Honorary-Colonel Hardy Wheeler, a past Commanding Officer of the Regiment, was able to come out and join the troops in the skills at the ranges, demonstrating his keen accuracy at lobbing grenades onto distant targets, although he hasn't trained at it for almost twenty years! After a busy jam packed day, the troops found themselves catching up on some much needed rest on the way home, where further intense training awaited them during the late evening and next day, in preparation for providing a large security element for the G8 and G20 International Conferences, hosted this summer in the Huntsville and Toronto areas of operations.

Although very serious training, overall, fun was had by all and it was a very successful and memorable experience of good training in the winter elements.

Semper Paratus!

2Lt Alan Jozwiak



EXERCISE 'AGGRESSIVE HIGHLANDER' 26-28 MARCH 2010

The Essex & Kent Scottish Regiment and other units in 31 Brigade have been tasked to provide a contingent of qualified soldiers for a duration of over a month, to support the security requirements during 'OPERATION CADENCE', the G8 Conference in Huntsville and the G20 Conference near Toronto. To prepare for these DOM OPS (Domestic Operations) tasks, the Regiment has been conducting field training exercises to train our soldiers on tactics and rules of engagement (ROEs), should they be required during Dom Ops.

During 26-28 March, E&K Scot practiced a multi-location security challenge where protesters picketed three sites and harassed convoys on connecting road routes, The E.M. Ansell OBE, MC, ED Armoury in Chatham and the C.M. Wilson Conservation Area, as well as the Chatham International Airport. We were assisted by elements of 705 Communications Squadron which set up a high level radio communications satellite network connecting all three sites, making each less vulnerable. The training situations ranged from protesters picketing the establishments, to convoy harassment, to ever-escalating levels of testing our soldiers' resolve and even some violent confrontations. Our soldiers worked in conjunc-



The Essex and Kent Scottish take into custody a member of the opposing force that attempted to breach their security.



The opposing force pester and harass our troops as they maintain vigilance of their objective.

tion with CIVPOL (Civilian Police) to maintain the Queen's peace. A number of challenges developed both for the A Company Commander, Captain David McLagan (a police homicide detective in civilian life) and his staff, in the presence of a relentless and insidious OPFOR (Opposing Force) led by MWO Cheng, a seasoned veteran of many overseas tours and operations. The OP FOR was extremely determined and effective. Our soldiers reacted very competently to previously non-experienced threats, developing a much higher comfort level with their powers, arrest procedures and their rules of engagement during some uncomfortable low-

temperature weather. All participants enjoyed Exercise Aggressive Highlander and took away valuable lessons. This intense training will continue throughout the Spring.

The Editor

DEPLOYED SOLDIERS TO AFGANISTAN "OP ATHENA"

Welcome back in April to Cpl Pete DUFF from his ROTO 8 (Rotation) tour of duty.

Warrant Officer Ward GAPP commencing his **3rd tour**.

ROTO 9 has the following members debarking for Afghanistan in April-May 2010:

MCpl Jerry DAY (**4th tour**) Cpl Steven CUNNINGHAM

MCpl Roger MINER

Cpl Ryan TREMBLY

MCpl Tyler STOBBS

Cpl Trevor WESTLAKE

Cpl Joseph McLEOD

Cpl Daniel LEBLANC

Cpl Kyle MORAS

Cpl Andrew PRATT

Cpl Jordan FLORIDO

Your Regimental Family wishes each of you the best of luck and a safe return this Autumn.





Camp Flag / Drapeau de camp
The Essex and Kent Scottish

Director of Infantry
Directeur - Infanterie

11 June / juin 2009

Inspector of Canadian Forces
Colours and Badges
Inspecteur des drapeaux consacrés
et insignes des Forces canadiennes

On 11 June 2009, the new Camp Flag of the Essex and Kent Scottish (to the left) was registered by the Director of Infantry, Col D.A. MacLean and the Inspector of Canadian forces Colours and Badges, LCol J.J.M. Beaudry. This was part of the History Heritage Project on Insignia and Lineages of the Infantry Branch.

The pre-existing camp flag (below) has been retired.



LAST POST

“We are pleased to advise that there have been no deaths of our members reported since the Christmas 2009 Newsletter.”

EDITOR'S MESSAGE

Some years ago The Essex & Kent Scottish lost a number of our positions for serving pipers and drummers. I am pleased to say that we are slowly rebuilding and on the rebound, currently with two serving members on our Pipes & Drums collecting ‘the Queen’s shilling’ as they used to say. Our Pipes & Drums have been an integral and inseparable part of our Regiment since it became Scottish on 19th July 1927. In ancient times attacking soldiers were piped as they clambered over the top, spurred on to victory by the sounds of the tunes of glory. This interwoven relationship between E&K Scot and the 21 members and associates of our Pipes and Drums, remains strong today. This last year, we swaggered with pride as the Regiment marched past our Colonel-in-Chief, HRH Prince Michael of Kent GCVO to the bold strains of our Regimental March-past as we honoured him.



Most of the members of our Pipe-band, including the Pipe-

Major and Drum-Major, are volunteers. Many are members of two bands, ours and Sun Parlour, and just love to play. A number of these musicians are attracted by our rich history, war-time honours and most of all to give back to our war vets in recognition of their sacrifices. It is with great pride that our bandmen practice for long hours, to lead the Regiment on important occasions and parades.

The Regiment is grateful for the contributions of our proud musicians, but many of us should try to embrace this style of volunteerism which the members of our Pipes and Drums demonstrate. Although many of us perform extra unpaid duties which help to showcase E&K Scot within our communities, there remains much more which we can all offer to the families of our fellow soldiers, away on overseas missions, or to our elderly war veterans, or even to our Regimental Association. Our soldiers have annually delivered much needed toys and Christmas food baskets on behalf of the Goodfellows, to mention but one charitable decades-old, annual initiative.

Step forward! I assure you that your efforts will pay back in pride many fold more than what you give.

Semper Paratus!

Major Greg Childs

DCO/Regimental Major

Gregory.Childs@Forces.gc.ca

519-436-3085 ext 4953

