

THE ESSEX AND KENT SCOTTISH REGIMENT

SEMPER



PARATUS

REGIMENTAL NEWSLETTER SUMMER 2010 EDITION

GREETINGS FROM THE HONORARY COLONEL

In the short time since the last newsletter the regimental family has been busy and productive. As a Regiment we have focused on the new Dieppe Memorial in Windsor; a Family Day at the Tilston Armoury; preparations for the bi-annual reunion; creation of the new regimental web site: www.ekscot.org and, of course, many serving members deployed on Op CADENCE, the security for the G8 / G20 meetings in Huntsville and Toronto. I am pleased to report that in every instance we are successful – no surprise really.

The Dieppe Memorial Project will soon come to fruition with the unveiling of a new memorial planned for the lower level of Dieppe Gardens on the Windsor waterfront on Thursday, 19 August. This project could not have happened without the leadership and countless hours by Delta Company, the official civilian branch of the Regiment, especially Ed Bernard (OC D Coy), Dave Woodall, Mike Beale and Cy McGrath. I must also acknowledge the support from many friends of the Regiment including the City of Windsor, the community-at-large and the serving members. This is a huge project estimated to cost around \$200,000 with two thirds of the cost coming from donated skills and services from local tool, die and mould companies, construction businesses and others. Many of you will be away on military training or on holidays in August but the rest, including the families of those deployed, should make an effort to view the unveiling at 1:00 p.m. (1300 hours). This will be an unforgettable ceremony that not only remembers the brave soldiers of the Scottish in 1942 but also strengthens the bonds with our community today.

Our Family Day on Sunday, 30 May was well organized by our Association Board of Directors. The numbers attending were quite good, around 100, even with operational training that same weekend and Op Cadence deployments. Despite tight budgets and precious little time available we should try to have Family Day separate from other events. We had fun and that is too often the missing link in regimental life.

Later in this Newsletter there is information about our regimental reunion on Saturday, 11 September organized by our Association. Please make a point of attending; you

won't be disappointed. This is an important event held every two years and the beginning of the fall schedule. We always get a good representation from our retired members but more serving and Delta Company members and their significant others should be attending. I look forward to seeing you at the Tilston Armoury.

Visit our new web site: www.ekscot.org. This site is sponsored by The Scottish Bordersers Foundation and funded, for this year at least, by generous members of the community. It provides basic information about the various elements of our Regiment and contains useful resources for recruiting. For the rest of this year the site will be a passive information portal but later may evolve into an interactive site for the passage of information and sign-ups for training and dinners. Please submit your comments through the "Contact" link on the home page or menu.

Many of you are aware that Honorary Lieutenant Colonel Glenn Stannard was recently appointed as Chair of the Military Police Complaints Commission until May 2011 and is in Ottawa most days. He regrets not being able to spend more time with us and looks forward to the time next year when he can again actively serve his Regiment and his community. Thanks for your service to Canada, Colonel Glenn.

We can make the Regiment better by working together.

Semper Paratus!

Hardy Wheeler, Honorary Colonel



GREETINGS FROM THE COMMANDING OFFICER



Colonel John Celestino will be handing over command of 31 Canadian Brigade Group shortly. I want to take this opportunity to thank him for his unwavering support over the years, to our Regiment.

All the members of our Regimental Family especially the children, who participated in the Family Day on 30th May, enjoyed

a great time competing in the events. Our pipers and drummers gave great performances both with their instruments and with the rope during the tug-of-war! Although we all missed our deployed soldiers who were fighting in Afghanistan, I was ever so pleased, to see members of four of their families enjoying the day. Those of you who could not be with us, missed a good time, great food and a spectacular Regimental cake! My hat's off to our Association Board of Directors for a terrific effort.

In the last several months, our Regiment has been extremely busy with operational training and taskings. Imme-

diately following Family Day, a platoon of our soldiers left for over a month, supporting the security requirements of the G8 and G20 Conferences, Well done! The skill sets that our troops have brought back will be invaluable for our future training. I strongly encourage all of our available serving soldiers to clear their calendars for 19th August and be part of the monument unveiling and dedication ceremony of our Dieppe Memorial Project II. Due to the current restriction on recruiting, I encourage each of our leaders, to pay close attention to retaining every one of our current members.

Finally, after Labour Day, we must all prepare to '*hit the ground running*', and embrace the high tempo of our fall training campaign, which commences Tues, 7th Sept and continues with our bi-annual Regimental Reunion on the 10th & 11th Sept 2010. Once again, we will '*strut our stuff*' for our Regimental Family during the Past Commanding Officers, Regimental Sergeants-Major, and Pipe-Majors Parade, just prior to the banquet on the 11th Sept.

Semper Paratus!

Morris Brause, Lieutenant-Colonel



GREETINGS FROM THE REGIMENTAL SERGEANT-MAJOR

As RSM I am occasionally afforded some latitude to write about what is on my mind even if I ramble a bit. Following in this vein, I would like to open by recognizing a couple of groups that are a part of our Regiment, but not necessarily serving soldiers in the unit and often do not get credit due, at least from the Non-Commissioned side of the house.

To the Essex and Kent Scottish Regimental Pipe Band, thank you for your hard work and dedication to the unit. You manage conflicting priorities for key events while preserving the proud traditions of our Scottish History. As the new DCO, Maj Hodgins will assume the mantle of the Pipes & Drums (P&D) Officer, I am confident that you will show him the support that you have provided to Maj Childs and that you continue to provide to Pipe Major Tom Fox. The fact that most of you are volunteers does not detract one bit from being a full member of the Regiment, so please keep recruiting and keep up the good work. Next year we are looking forward to all of you participating in the tug-of-war at Family Day.

Delta Company, thank you for your consistent 'behind the scenes' support for major and minor projects and the pursuits of our Regiment. Your Delta Company contributions range

from simple and frequent gifts to troops both at home and those deployed overseas, to very expensive and very complex monument projects. The amount of horsepower that you as a group have put behind the two Dieppe Memorial projects is staggering! I will not diminish, or quantify your efforts by assigning hours or dollars to what you have provided,

or what you continue to bring to bear. I do not believe that a simple '*thanks*', will quite do it justice. But '*thank you*', none the less and I look forward to what is on the horizon beyond the 19th of August.

The Ansell Club, for those of you who are not aware, this group is an amiable bunch (mostly past serving members) who are associate members of the Major Si Steele MC Officers', Warrant Officers' and Sergeants' Mess at the Col E.M. Ansell OBE MC, VD Armoury in Chatham. They support the mess



tremendously and are always ready to pitch in anywhere any time and most recently at the public memorial service for MCpl Kristal Giesebrecht on Sunday 18 July at our armoury. These Ansell Club members also have in their hearts, a desire to assist the Unit, in particular they love to interact with and support our troops. They have done this by providing nutritious food for 13 km 'battle fitness test' marches at the half way point, they have supported both Regimental and Regimental Association events by assisting with the organizing, set up and tear down of several events that were strictly speaking, not their own. Thank you very much and someday, I hope to have the energy and effervescence that you all seem to exude. I also look forward to what plans you have in the works for the future. I know that the PMC is looking forward to harnessing some of that energy to finally decorate the mess that we all call home.

The support that we receive from the Regimental Association and in particular its' Board of Directors and Unit representatives is also not to be taken lightly. The efforts of our Association are probably better known than most other initiatives, but I will mention a few. Beyond the much anticipated and always enjoyable Reunions and Family Days, there is a very large amount of work done by this group such as the preservation of our heritage as a unit through ties to the past and controlling, maintaining and insuring our Regimental Artefacts and documents. They lead the way in the effort to ensure that our history is proudly displayed on our walls and does not remain hidden in a closet or locker. The Board of Directors annually sends parcels to our troops deployed overseas.

To the serving Soldiers of the Scottish, currently you are spread all over on Operational Tour, or on contract with Regional Summer Training and a few are at home with your family making up for time spent away. Enjoy what ever you are doing this summer and make the most of the time you have whether training or relaxing. We have a great year ahead of us

starting with the Parade on the 19th of August. Due to the nature of sporadic communications in the summer, I ask that each of you call Operations directly and indicate whether you are able, or unable to attend this parade 519-254-2535-ext 4542 (Ops O) or 4543 (Ops WO). You will be pleased to know that the training campaign starting in September, will be centered on a theme of personal accountability and will be returning to the basics of soldiering, in particular offensive operations. I very strongly suggest that you all ensure that your gear, your calendar and your phone list are in proper working order. A-Coy HQ will be under Capt Drew's and CSM Cheng's strong leadership. Those of you who are fortunate enough to be selected to work in A-Coy and who are able to commit to the battle rhythm planned this year, will be in for some excellent and challenging training, as well as live fire exercises. To get on this team and stay there, you need to be able commit the time to go through the progressive training required to conduct live fire. Leaders in particular will need to be 'front and centre', to keep things on track.

In closing, I would like to send my best regards to those of you serving in Afghanistan. I hope that you are keeping well and staying in touch with your families and friends. This includes the Regimental Family. We all worry for your safety and wish you well, please do drop a note when you get a moment. I am including my e-mail address below for your use. I have sent several e-mails and received very few replies, possibly due to operational tempo, or circumstances, or possibly just to a poor email list. Please keep in touch and we look forward to getting you home safely, where your peers can learn volumes from your experiences. Mailto:sean.wilkins@forces.gc.ca

Semper Paratus!

Sean Wilkins, Chief Warrant Officer



MILITARY HUMOUR

A senior officer and a corporal are getting their hair cut at the same time in the base barbershop. The senior officer has less hair, so his haircut is finished just before the corporal's and after the loose hair is brushed off, the barber inquires, "Sir, would you like a splash of our tonic rubbed in, to finish off your haircut?"

The senior officer snorts, "No way, my wife says that it makes me smell like I just came from a cat-house!"

The other barber is brushing the loose hair from the corporal's neck and asks him, "Corporal, I don't suppose that you'd want a splash of the tonic by any chance?"

As the senior officer is putting on his coat, the corporal smugly replies "Sure, why not, my wife doesn't know what a cat-house smells like!"

The Editor

EXERCISE RECCE HIGHLANDER 16-18 APR 2010

Heather Bradley, member of Delta Company and daughter of our late Honorary Lieutenant-Colonel Bob Bradley, offered up the use of the 2300 acre Bradley



Aerial view of the Bradley Farm

Farm to E&K Scot to conduct an intense field training exercise (FTX). There are a number of close-knit Bradley families living on the farm in the large housing compound, and in the centre, on the river, is located a very large three storey hunting lodge complete with most hotel amenities.



Insurgents 'Bomb Factory'

The scope of this exercise was COIN (Counter-Insurgency) tactics, to train our soldiers for similar operations in Afghanistan, where 12 of our troops are currently deployed. To assist the 'A' Company Commander, Capt Dave McLagan and his

staff with their planning, aerial photographs were taken close to the FTX dates once all snow had melted. The CO's concept of operations was that a group of Blueland terrorists were smuggling contraband and weapons into Orangeland to destabilize the NATO supported government. The Bradley Farm is a 4 miles long and 1 mile wide wedge of land at the mouth of the Thames River, bordered on two sides by the river and Lake St Clair. 'A' Company's mission was to interdict the insurgents' activities on the river and lake shore by landing amphibious reconnaissance (recce) patrols at night. 31 Combat Engineer Regiment (31CER) provided the motorized rubber assault boats, which landed the recce patrols after midnight using stealth and the cover of darkness. There was a substantial amount of training as this was a dangerous operation to perform. Using stealth, the recce patrols managed to detect insurgent shipments as they landed in Bradley boats. Our



Enemy Casualties

Coalition Force patrols followed the insurgents operating 'technicals' (armed pickups) to a bomb-manufacturing plant. Later, in the dead of the night, a large fighting patrol attacked the bomb



Improvised Explosive Device

factory, neutralizing the defending insurgents and capturing several high value targets. Our troops were exercised in casualty treatment and evacuation back to the assault boat rendezvous pick-up point, then down the river and back to safety. Due to the terrain, the poor radio communications were bolstered through the

assistance of a contingent from 705 Communications Squadron from Hamilton which provided the tactical and safety nets working out of the hunting lodge. Four medical technicians from 23 Field Ambulance located in



Post-Exercise Weapons Cleaning

Hamilton, were embedded with our soldiers in the patrols conducting simulated and unfortunately, real casualty treatment.

After all stores and weapons were cleaned, our very hungry, cold and wet soldiers were treated to hot

sandwiches from a huge hip of beef and hot apple pie provided by Heather Bradley. All the fixins were provided by Ansell Club and our Association. It was an excellent finish to a difficult exercise where valuable lessons were learnt and inter-unit skills honed. Many thanks to the Bradley Clan, for the unfettered use of their entire farm and lodge for the weekend.

The editor.



Wheels' Mr. John Pratt serves Hot Beef



OPERATION CADENCE



Training for tear gas operations

RCMP led Integrated Security Unit, responsible for providing security to world leaders attending the G-8 and G-20 Summits in Huntsville and Toronto. In all, there were approximately 1,000 Reservists and 800 Regular Force members committed to this operation.

Our troops under B Coy of Task Force Huntsville, worked closely with Civilian Police Services, primarily OPP, engaged in patrolling, observing and executing security functions in and around the Huntsville area. In addition, we had several unit members committed to Op CADENCE in their civilian capacity as members of the OPP.



Decontamination Drills



Op CADENCE was one of the largest deliberate Domestic Operations in Canada's history. Significant time and effort was devoted for several months leading up to the summit in force genera-

tion, preliminary training and administrative screening to the very high level required for deployed operations such as Afghanistan.

Prior to commencing operations, all members concentrated in Meaford to conduct final administration, kit issue, Battle Fitness Test, and Mission-Specific Training culminating in a validation

collective field exercise where our soldiers were assessed and granted Operation Readiness Certification by the Commanders of Joint Task Force Central and Canada Command. During the validation exercise, our platoon had the distinction of being chosen to undergo a complete decontamination by the CF's Chemical, Biological, Radiological and Nuclear (CBRN) Response Team.



O.P.P. training with E&K Scot members



Troops enjoy lunch in the field

Our troops, as part of Task Force Huntsville, deployed from Meaford to the Joint Operations Area surrounding Huntsville

several days before the summit, to set-up and commence security operations. The army concentrated on tasks in the outer portion of the security zone, generally out of sight of the general public, thus freeing the police forces to concentrate on the inner portion of the security zone and interaction with our civilian population.

The CF, and in particular the Army Reserve's, ability to effectively mount and respond to a large and complex Domestic Operation, such as the G8 and G20 Summits, has gone a long way to validate the Primary Reserve's main task of conducting Domestic Operations.

The Commanding Officer wishes to again thank all our soldiers who came forward, volunteering to participate in this very important military operation.

Captain V.M. Douglas

IRU Training Officer

Op CADENCE



E&K SCOT REGIMENTAL FAMILY DAY 30TH MAY 2010

LCol Morris Brause directed that as often as possible, the location of our Regimental Family Day should alternate annually between our two armouries. This year, The Major F.A. Tilston VC Armoury was the venue for this event. Invitations were sent with our spring newsletter. Your Regimental Asso-



Pipes and Drums 'strut their stuff'

ciation hosted this event and chose a date where the maximum number of soldiers were available. Since our Reunion is this 11th September, the Family Day was planned for late spring.



P&D performs a 'set'

Association donated food, gifts and prizes, with the focus upon the children. Our thoughts are always with our deployed soldiers fighting in Afghanistan and this year, family members of four of the soldiers overseas, attended Family Day.

To bolster our volunteer workers available in Windsor, 14 members of Ansell Club and friends of E&K Scot drove down from Chatham to help run the competitions, food and kids' games. Every child received at least one prize. The fun-filled competitions ranged from face-painting, combat relay races,

Regimental Family watches competitions



an squirt-gun ambush maze, and balsam airplanes for the kids. The teenagers enjoyed archery, basketball and sorting out 'bad guys' on the Small Arms Trainer (SAT). Driving a golf ball into the back of an army truck, a water-balloon toss with their spouse (this was a 'trust-building' exercise, with very limited results!) were the adult competitions. The tug-of-war between the soldiers was a draw. The pipers' and drummers' and Association members' team did not have an advantage against the soldiers' team as all were 'haggis-fed', but it was a great tug-of-war struggle! The Pipes & Drums performed all the



Regimental Family members struggle against E&K soldiers

'*tunes of glory*' admirably for our 100 guests, the only exception being that the base-drummer was a bit rusty.

The BBQ was a great success with everyone getting their fill for \$5.00. The large Regimental cake was an impressive three different cakes brought together with each being pudding cream-filled, to the delight of everyone. Many thanks to Cakes



125 years continuous service to our Country

Etc and Farron's Gourmet Meats for their special pricing and as well, to the Windsor Regiment for providing the SAT technician. For those for you who were unable to attend, you missed a great event, so we'll look forward to seeing you next year at Ansell Armoury in Chatham.

The Editor



Regimental Association

DIEPPE MEMORIAL PROJECT II FUND-RAISING EFFORTS



Fund-raising and increasing public awareness for our veterans, The Regiment and our Dieppe Memorial, is proceeding on several fronts with the invaluable assistance of a number of non-Delta Company civilians and veterans.

Firstly, entertainer Patrick Mullin has donated three evenings of folk songs accom-

panied by Mike Beale and his power-point presentation about the DMP II program. Patrick has a great voice and a great sing along repertoire that we all enjoyed immensely.

Andrea Grimes has been an invaluable addition to the DMP II team in organizing and staffing three 2-day awareness sessions at Devonshire

Mall. She has spent endless hours organizing veterans to come to these events and talk to the public. Even our two MPs, Joe Comartin and Brian Masse supported with their attendance. Pipe-Major Tom Fox piped the war veter-



Little girl donates her allowance

through the courtyard to a standing ovation by appreciative citizens. The last mall fund-raiser is 28th-29th July and Andrea could use some help to staff the display booth over those two days. Devonshire Mall will be presenting a substantial donation to our DMP II at 1:00 p.m. on 29th July 2010, so please plan to attend and support our veterans. In addition, Andrea has made pitches to a number of local businesses resulting in significant donations. She has also been present at all of the functions - taking pictures and passing them along to the media and The Regiment. There are also the numerous press releases she has prepared and sent to local radio and TV stations, Windsor Star, all the county papers as well as her endless contacts on

the internet. I don't know what we would have done without her on this adventure!

Theresa Beale with Joyce and John Cherwak pulled off a third outstanding golf tournament in June with the proceeds going to DMP II. It was complete with a fly-past of a vintage aircraft and the haunting melody of the pipes heard across the golf course.

Mike Lepine and his North Wall Riders (NWR), a motorcycle club composed Canadians who served in the US Forces in the Vietnam War, organized a well-attended steak BBQ at Windsor Legion 143 on June 27th. Much of the proceeds are being



Veterans led in mall by PM Tom Fox during fund-raiser

donated to DMP II. In addition, Mike and the NWRs have been promoting the vets and DMP II at every opportunity.

Last but not least, Mike Beale has made innumerable presentations to schools, corporations, and anyone else who would listen. He has been relentless when it comes to promotion and awareness of The Essex & Kent Scottish Regiment and the DMP II project. Every organization approached by Mike has jumped on board for this worthy project and each has raised substantial donations by their student and employee fund-raisers.

To date we are well on our way to our project goal with only one month left until the dedication.

Dave Woodall

Second in Command

Delta Company



Delta Company

DIEPPE MEMORIAL PROJECT II UPDATE

Since our last newsletter, the memorial stone is now in Beebe, Quebec for the final finishing and the drilling of the holes for attaching the metal components. The trip from China was somewhat convoluted, as the container arrived in New York over a month ago and has taken that long to travel to Montreal and clear customs to Dundas, Ontario where it was removed from the container (part of a larger shipment) and then back to Beebe, QC, a 123 km from Montreal. HGH Granite told me yesterday that the stone should be in Windsor by 19th July.



Reinhold Plackmann, Owner 'A Performance Team Mould Texturing' preps the hat-badge

The metal work is progressing – the cap badge back face has been machined and is being polished as we speak as are the letters and the maple leaf plates. The electrode for the plaque is currently being cut and the plaque will be 'burned' in the next few days. Minor rusting has occurred on the monument in Dieppe, so nickel plating will prevent rusting on our sister monument in Windsor. Assembly of all the components will be done in Windsor, once everything



John Wood, Autocad designer inspects Stainless steel components

is in hand. At this point, we are a little behind our original schedule, but the memorial will be complete and in place in plenty of time for the dedication on August 19th. Fortunately Platinum Tool shipped out the final three stainless steel parts, hours prior to disaster striking at the plant. Those parts will follow the 48 previously shipped, making a total of 51 parts to the monument. Is it a coincidence that 51 Essex Scottish soldiers, almost all wounded, made it back to England?

Our thanks go out to Platinum Tool, Technicut Tool, Futura Tool, Titan Tool, Crest Mold, A Performance Team Polishing and Valco Manufacturing (Valiant Machine Tool) for all of the metal work. We also appreciate the volunteer efforts of SLR Contracting, Danruss Ready Mix, Harris Rebar, Clarke Sur-

veyors and several Woodall Construction employees, for the construction of the foundation for the monument. In total, these 'in-kind' donations have provided us with almost \$100,000 of value in terms of material, shop time, man-hours, machine time and expertise. THANK YOU TO ALL OF THEM.

Our hats are off, to the City of Windsor for the sidewalk around the monument and reworking the grass and gardens around the memorial and to the Ville de Dieppe for collecting and donating the Dieppe beach stone to be set in the surface of the foundation around our monument. We have great appreciation to the students of Massey, Walkerville and Sandwich Secondary schools and a couple of their teachers who donated their time Thursday past, to wash a ton (literally) of beach stone, to remove the English Channel salt.



Site prepared for DMP II Monument

Photos below

Students wash the sea salt from the 'Red Beach' stones recently arrived from Dieppe, France. Beach stones will be cemented to the base of the monument



This proves that cement masons were once kids



Dave Woodall, Monument manufacture Coordinator,
Second-in-Command Delta Company

RESERVE YOUR HOTEL FOR DMPII CEREMONY 18-19 AUG 2010

At approximately 9:00 p.m. (*last light*) on Wednesday, 18 August 2010, after a North Wall Riders Association (a Vietnam war vets motorcycle club) ride-past carrying flags, there will be a candlelight vigil at the new Dieppe Memorial in honour of our WWII fallen soldiers. The actual unveiling ceremony of the new memorial will commence shortly after 12:30 p.m. on 19 August. All events should be completed by 2:00 p.m.

With the above events, out-of-town guests may wish to register at the Radisson Riverfront Hotel, located at 333 Riverside Rd. W., Windsor (100 metres from the monument). The DMP II Committee has obtained a special rate for this ceremony. There are still waterfront rooms for the listed price, but they will go quickly.

Tues 17th Aug 2010, rooms for \$149.00 CAD + tax (due to a convention in the hotel)

Wed 18th Aug 2010, rooms for \$119.00 CAD + tax

Book online www.radisson.com/windsorca.

Call 1-800-333-3333 or 1-519-977-9777. Mention: 'DIEPPE 2010 GROUP BLOCK'

BIRTHDAY BASH FOR DIEPPE RAID VETERAN



Corporal Art Rossell

Art Rossell's family and friends threw a great party at the Brampton Holiday Inn on the 24th April 2010, celebrating his 90th birthday. Art served with the Essex Scottish from 1939 until late in 1944. Approximately 80 guests attended this celebration, with the Mayor Susan Fennell, of Brampton dropping in and conducting a bit of a roast for her war veteran

friend.

Regimental Deputy Commanding Officer, Major Greg Childs presented this proud and spry veteran, with a Regimental Citation for service, and later spoke about the Dieppe Raid. Major (ret'd) Tom Mountain, a genealogical researcher and member of Ansell Club gave a great audio-visual presentation, filling in all the blanks for Art prior to Art's WWII head injury.



The following information was gathered by Tom.

From information provided by Art, his duty during Operation JUBILEE, the Dieppe Raid on 19 Aug 1942, as a member of Brigadier Lett's close-protection team, was to protect his Brigade Commander. During the intense battle to get off the beach and gain a toe-hold in the town of Dieppe, Brig Lett was seriously wounded. Art's team dragged him back through

intense enemy fire and got him back onto the landing craft and later in the day, back to England. Art being one of the 51 Essex Scots (out of a regiment of 554 men) who got off that beach, took razzing from the boys for returning unwounded and not personally taking the bullet which felled his brigadier, as if that was possible!

On 31st May 1944, Art was driving a field officer back to camp when another oncoming army truck passed a slower vehicle and struck Art head-on. Art regained consciousness three weeks later with no memory of the incident, but was in a hospital ward of injured soldiers from the D Day Invasion and believed all these years until his 90th birthday that he had been wounded on D Day. With the big steel plate in his head, the doctors gave him a life expectancy of 40 years of age. The plate was removed decades ago, the headaches went away and he is now a nonagenarian. Art was grateful for Tom's difficult research, the informative show and for putting the historical pieces back together.

Art and Jean danced the evening away, to everyone's delight.



Combined Operations

The Editor

'FASHION IN BLOOM' AT ANSELL ARMOURY



'Fashion in Bloom' logo

On 24th April, 2010, the ladies of the Ansell Club and the Kent Regiment Chapter of The Imperial Order of The Daughters of The Empire (IODE), joined forces to host a fashion show in the Rob Roy Room of The Ansell Armoury in Chatham. Mrs Pat Harding was the event

organizer, with Mrs Lois Mardling co-ordinated the decorations, transforming the room into a breath of spring! All guests were welcomed to the show by the Deputy Commanding Officer, who also performs the secondary duty as the fashion editor of '*Semper Paratus*'. The IODE, which has served The Kent Regiment and E&K Scot for well over 100 years, provided an incredible sale table of antique valuable jewellery to assist the guests with tastefully accessorizing their purchases. Serving members and friends of the Regiment modeled a number of very stunning outfits, much to the delight of the 60 ladies



Sisters-in-law MCpl Melissa Vujanovic, Cpl Renee Mitchell model two eye-catching dresses

present. The very elegant fashions modeled, were provided by '*Goldcoast*'. The serving Regimental members, usually attired in combat clothing, showed a very attractive transformation, not normally seen in the orderly room. Their gentlemen guests were relegated to The Major Si Steele MC Mess, during the show, much to their pleasure.

Profits generated were earmarked to support events for our veterans.

Fashion Editor

Right: Mrs Lois Mardling models a chic evening ensemble



Left: Bella Handsor places items on the tables of the decorated 'Rob Roy' room.

UPCOMING EVENT

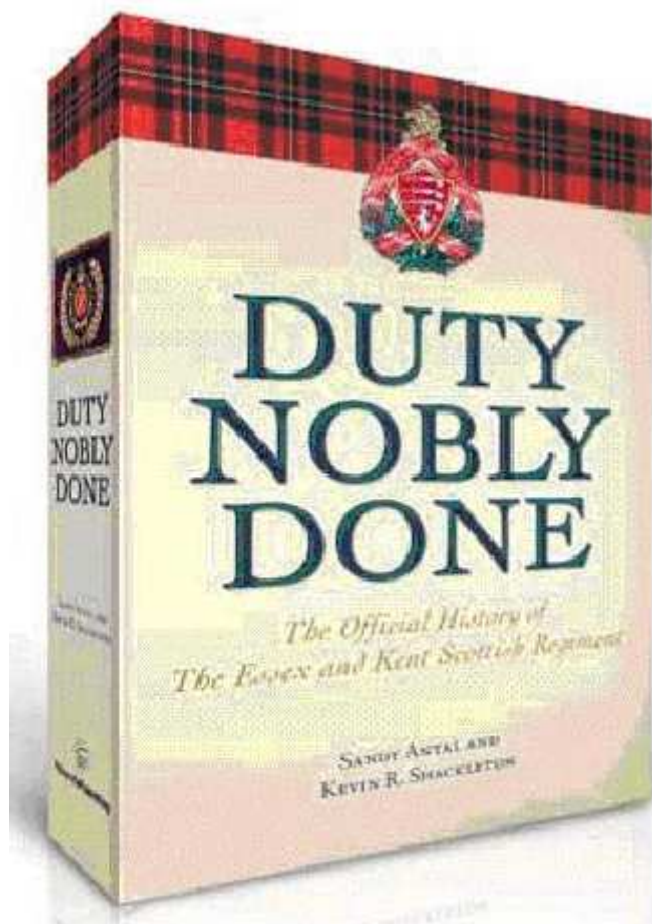
Regimental Events

- 19 Aug 2010** – [Dieppe Memorial Project II](#) unveiling and dedication - Windsor, Riverside Dr. and Ouellette Ave, Dieppe Park waterfront 12:30 p.m.
- 11 Sept 2010** – [Bi-annual Regimental Reunion](#) (see flyer in newsletter) -Maj. F.A. Tilston VC Armoury, 4007 Sandwich St, Windsor
- 23 Oct 2010** - [Commanding Officer's Mess Dinner](#) (tentative date) -Officers, Warrant Officers, Sergeants & Invited Guests.
- 11 Nov 2010** - [Remembrance Day Parades](#) - Chatham and Windsor Cenotaphs. 10:00 a.m.
- 21 Nov 2010** – [Field of Valour 12th Annual Dinner](#) -Old Chatham Armoury, 50 William St N, Chatham 4:00 pm

Serving Members Training

- 7 Sep 2010** - [Training Year Commences](#)- First training night of new training year
- 10-11 Sep 2010** – [AAG/IBTS/Pde](#)- New training year Arrival Assistance Group admin processing, - Past COs, RSMs, Pipe Majors Parade on Saturday afternoon
- 24-26 Sep 2010** – [Ex Ready Highlander](#)- Unit FTX in Ft Custer Mi,
- 19-21 Nov 2010** – [Ex Rampant Highlander](#) - COIN FTX in CSRTA and Ansell Armoury
- 10-12 Dec 2010** – [Ex Steady Highlander](#) - FTX at CFB Borden, Sect Live Fire, Soldiers' Christmas Dinner

DUTY NOBLY DONE



This is the first comprehensive look at one of Canada's most storied militia units whose history spans three centuries. From the origins as the first militia organizations in what is now Ontario to the present, the units of Essex and Kent counties have loomed large in the history of their province and nation.

*To order your copy today please contact
LCol (Ret'd) Hardy Wheeler at:
hwheels@primus.ca*



The Beaches of Dieppe 19 August 1942

DONATION OF 'NORTHUMBRIAN' AND 'R.G. LAWRIE' BAGPIPES TO THE ESSEX AND KENT SCOTTISH REGIMENT

On 14th June 2010, Mr Rod MacDonald of Gloucester, Ontario, stopped at Tilston Armoury in Windsor for a pre-arranged meeting with Regimental Family members to donate two sets of bagpipes. Rod retired from the Air Force, the last 9 years as a chaplain and worked with the late BGen Cardy (Essex Scottish), a friend of the MacDonald family. BGen Cardy was a good friend of Rod's father George, a CSM with The Essex Scottish during WWII. Rod MacDonald, now 73 years old, stated that he had not been able to play these pipes for about 13 years due to illness. No other of his family members played the bagpipes so Rod wanted them to go to a good home.



One of the donations was a 'Northumbrian Smallpipes' which comes from Northeast England. This unusual set of very small bagpipes has four drones and an unusual 'closed end' chanter with 14 silver keys, somewhat like an oboe (inset photo). These smallpipes are not played in the usual way, but instead they have a bellows which is strapped to the forearm to provide the necessary air. The smallpipes produce a clear and distinct staccato sound which is both mellow and crisp. Rod states that this set is over 150 years old. Mr Jim Scott of Scott's Highland Services in London is an expert piper and repair craftsman. Jim states that these smallpipes are so rare that this is likely the only set in Canada.

Along with piping music books, Rod also donated a set of 'R.G. Lawrie' bagpipes. These are highly prized by competition pipers. They have blackwood drones, real ivory ferrules and sterling silver fittings. Rod MacDonald advises that these pipes were manufactured in 1905 and purchased by Rod's Grandfather, John MacDonald. Rod states that his grandfather played these pipes with the Essex Scottish during WWI (most likely 241st Bn, The Canadian Scottish Borderers) and during WWII. These same pipes were played by Rod's father George immediately following WWII.

On 14th June 2010, these two sets of bagpipes were gratefully accepted by HCol Hardy Wheeler. Present were Pipe Major Tom Fox, Association President Doug Pfeifer, CWO (Ret'd) Blake Harding, Capt Kirk Drew and Acting CO, Major Greg Childs. Rod MacDonald happily stated that both his father, George and grandfather, John would be very proud to see these pipes go back to their Regiment and to be once again played.



Col Wheeler accepts donated pipes from Mr Rod MacDonald."

Both of these valuable sets of pipes were examined by experts and were found to be in need of repairs valued at \$2000.00. These pipes are destined to be played by a serving E&K Scot member. A retired Regimental Family piper has offered to assist with some of the repair cost.

Is there anyone else out there who may wish to financially assist in getting these Regimentally-significant historical artefact pipes into one of our pipers' capable hands?

The Editor



RECENT PROMOTIONS AND AWARDS



Officer Cadet Patrick Pakula (CFR 20 May 2010)

Warrant Officer Mark Harris (27 Feb 2010)

Master-Corporal Ivan Pavlov (30 June 2010)

Master-Corporal Owen Herold (30 June 2010)

[LFCA Commander's Commendation](#)

Master-Corporal Mike Akpata (8 June 2010)

[31 Brigade Commander's Commendation](#)

Major Greg Childs (8 June 2010)

PAST ESSEX AND KENT SCOTTISH SOLDIER TAKES COMMAND OF THE STORMONT, DUNDAS & GLENGARRY HIGHLANDERS

Born in Windsor and educated at the University of Windsor, Rob joined E&K Scot as a private soldier in 1982. A valued member of our Regimental Family, Rob was a well-trained infantry instructor, holding many NCO appointments up to Platoon Second-in-Command and was attached to 3RCR on FLYOVER 83. Commissioned as an Infantry Lieutenant in 1987, Rob held appointments commanding platoons, courses and as the Operations officer, as well as completing the Young Reserve Officers' Training in Sandhurst, England. From 1990 to 91 Lt Duda served on the staff of the Canadian Military Representative to NATO in Brussels.



In 1992 Rob traded in his 'MacGregor' tartan for a kilt of 'MacDonnell of Glengarry' when he transferred to the Stormont, Dundas and Glengarry Highlanders (S.D.&G. Highrs) located in Cornwall. Rob has served in Civil Military Cooperation (CIMIC) and in

Afghanistan. The Regimental Family of E&K Scot congratulates Lieutenant-Colonel Robert C. Duda, who took command of SD&G Highrs on 22 May 2010.

By the list of 'The Glen's' Battle Honours, our predecessor regiments all fought during some of the toughest battles of both wars, with the SD&G Highrs living up to their motto, 'Faithful Unto death'.

The Editor



PADRE'S CORNER

It's good to know that there is a place to go where everyone understands exactly what you are talking about. You don't have to describe the nightmares. You don't have to explain the panic attacks. You don't have to justify the angry outbursts or make excuses for not wanting to go out in public. And you certainly don't have to hide the sense of helplessness you sometimes feel. That's because everyone sitting around the circle has experienced the same things. They just nod their heads to acknowledge the reality of your experience and let you know that you're not alone. We've all been there and everyone understands. That's what it's like to be part of the OSISS group that meets in Windsor.

OSISS stands for **Operational Stress Injury Social Support**. It started in 2001 with a small group of veterans who were seeking peer support as they struggled with the invisible wounds of the soul. It has grown into a nationwide network of CF members and veterans who are living with OSI's. The group in Windsor meets on Monday evenings at 1900 hrs either at the Royal Canadian Legion on Marentette Ave. or at a horse ranch in Belle River. It consists of everyone from Vietnam vets to recently returned veterans from Afghanistan and everything in between.

Everyone needs to know that there is help available for those experiencing these OSI's. Not only do we have the OSISS group. There is also professional treatment available through the OSI Clinic at Parkwood Hospital in London and through

local therapists in Windsor. The key to overcoming the symptoms of OSI's is to seek help at the earliest possible time. Early diagnosis and affective treatment have been proven to be most affective. **You remain anonymous, while seeking, or involved with OSI treatment.**

Finally, don't just be concerned about yourself. Pay attention to your friends. If someone you know is going through tough times and you think it might be related to an OSI, encourage him or her to access the support that is available.

If you think it's time to attend an OSISS meeting, contact Padre Kim Gilliland at 519-839-5010 or 519-520-7954. Or you could e-mail me at kgilliland@gosfieldtel.com. Sometimes the hardest step you can take is the very first one. Know that there is someone willing to walk the road with you.

Padre Kim Gilliland

Major



THE ESSEX AND KENT SCOTTISH REGIMENT - 2010 REUNION

SATURDAY, 11TH SEPTEMBER, 2010

at

MAJOR F.A. TILSTON, V.C. ARMOURY,

4007 Sandwich St, Windsor

Our reunion this year will be a one-day event, held at the Tilston Armoury in Windsor beginning at 10:00a.m., and concluding at 11:30 p.m. the parade will be on the parking lot, but most activities will take place in the drill hall. For guests from out of town, or just wanting to meet our soldiers and enjoy camaraderie, the mess in the Armoury will be open on Friday evening, 10th Sept, at 4:00 p.m.

Metro Catering Executive Class Service will provide the Saturday evening banquet. During which you will enjoy performances by our E&K Scot Pipes and Drums.

The first 150 individuals or couples registering will receive one (1) miniature desk-top camp flag as part of the registration fee. Additional desk-top flags will be available for purchase.

ASSOCIATION DUES

Your membership dues and donations are the sole source of funding for your Association, so please renew your membership. Cost for Ordinary Membership is \$20.00 for two years (to May 2012) or Life Membership for \$150.00. Please include your dues with the reunion payment. See the registration form which is included.

REUNION AGENDA

Friday Evening, 10th September

**4:00 p.m. Messes open
(Steak BBQ on cash basis)**

Saturday, 11th September

9:00 a.m. Registration
10:30 a.m. Memorial Service
11:00 a.m. Association Meeting
**11:30a.m. Lunch
(cash basis-details TBA)**
**1:00 p.m. Past COs, RSMs,
P/Majs Inspection**
2:00-4:00p.m. Meet and Greet (Mess)
6:00 p.m. Cocktails
7:00 p.m. Dinner
11:30 p.m. Reunion Ends

MENU

(PLATTER STYLE MEAL)

Fresh Garden Salad

Relish Tray

Penne with Tomato Basil Sauce

Baby Redskin Potatoes

Roast Sirloin with Peppercorn Sauce

Herb Roast Chicken Breast

Essex County Blend Vegetables

Assorted Pastries

Tea/Coffee

(Special diet upon request)

TARIFF

\$120.00 per couple

\$65.00 single

To allow us planning time for the banquet, please send payment **BEFORE 23rd August, 2010. See Registration attachment** Send your registration tariff (plus membership dues?) by cheque, payable to the **E & K Scot Association** to:

E&K Scot Association,

Major. F.A. Tilston, V.C. Armoury

4007 Sandwich Street, Windsor, Ontario

N9C 1C3

ACCOMODATIONS

Group rates of **\$109.00** (plus taxes), includes parking, a hot and cold continental breakfast and 24 hour coffee. *Please mention E&K Scot Reunion*.

Hampton Inn & Suites by Hilton

1840 Huron Church Road, Windsor, Ontario

519-972-0770

Web: www.hampton.com

QUESTIONS?

If there are any questions or concerns please contact:

Pat Coughlin – 519-726-5268

Email: coughlin@xplornet.com

Doug Pfeifer – 519-818-6016

Email: megkirk@xplornet.com



**2010 E&K Scot Regimental
Association Board of
Directors.**

Front L to R: Helen McCabe, Cathy MacDonald, Francine Nantais-Hillman, Megan Mehaffey-Pfeifer. **Standing L to R:** Eric Skelton(V.P.), Blake Harding, Capt Kirk Drew (CO's Officer Rep), Bill Carruthers, Sgt Bob Bacon (CO's NCO Rep), Jim Purdy, Gary Dick, Hon. Col Hardy Wheeler, Pat Coughlin, Doug Pfeifer (Pres), Maj Greg Childs (Outgoing CO's Rep)
Absent: Jack Goddard



The Ansell Club's 2nd Annual Golf Tournament.

Saturday, 31st July 2010, at

Deer Run Golf Course

(Located on Bloomfield Rd near Hwy 3)

**\$50. gets you 18 holes with cart, and a
Steak BBQ to follow at Ansell Armoury**

\$20. gets you the BBQ only.

NOTE: Tee-off at 10:00 am sharp

RSVP by 17th July 2010

to

**Maj. (ret 'd) Garry Mardling at
519-351-9380 or (pmex@sympatico.ca)**

or

**CWO (ret 'd) Blake Harding at
519-352-1287 or (b2harding@bell.net)**

LAST POST

Always
&
Forever

(Canadian Airborne Regt, Pathfinder, PPCLI, Chief Warrant Officer, RSM EK Scot 98-01)

JUDD, Leatham - 24 November 2005
(Past Member of Kent Regiment)

BLOWE, Donald - 04 December 2009
(World War II Veteran)

COWAN, Mark - December 2009
(Corporal, EK Scot 67-69)

SOUCIE, Ken - 25 May 2010
(Canadian Airborne Regt, Pathfinder, PPCLI, Chief Warrant Officer, RSM EK Scot 98-01)

McDERMID, Wayne - 04 July 2010
(Sergeant, EK Scot Drummer)

COWAN, Paul - May 2010
(Sergeant, EK Scot 60-68)

HEATON, Pete - 2010

DAY, Lyle - June 2010
(Private, EK Scot 65-66)

DUBE, Russell - 11 July 2010
(Private, Dieppe POW)

WHITE, John, Phillip - 16 July 2010
(Essex and Kent Scottish WWII Veteran)

EDITOR'S MESSAGE

Although I am retiring from the Canadian Forces next month, LCol Brause has asked me to continue with the newsletter and some other duties, as a retired member. I have been requested to canvass our readers to determine if any of you are quilters or embroiderers in the Windsor area and would like to be part of a project, if so then please contact me.

Last Thursday Col Wheeler and I had the honour of attending a very sad occasion, the funeral of one of our Dieppe veterans, Russell Dube. Russell, like all our Dieppe vets was deprived for years as a POW, so when liberated, and until the end of his days, he continued to share whatever he had and do kind things for others, even strangers. Russell's next of kin regaled me with Russell's story. With grim determination, Russell exited the safety of that landing craft to do his best to achieve his mission, even when he found himself in the midst of a hail of bullets and exploding shrapnel. He was wounded, but carried on and was wounded twice more before he was stopped. There were no cowards on that beach on 19th Aug, 1942. He was dragged back into the landing craft where a direct hit by a German mortar round, blew all the occupants out of the landing craft. At the end of the fighting, Sister Agnes, a Nursing Sister, applied treatment and saved Russell's life. While working on Russell's wounds, a German soldier

came up and kicked the Nun telling her not to treat these Canadians. Sister Agnes, I am told stood up toe-to-toe to the soldier and told him in no uncertain terms that the Sisters would continue treating the wounded. The soldier walked away. German Doctors later worked on Russell after he had taken a turn for the worse and saved his life. Our veterans are a peculiar lot, taking what life dishes out and asking for very little back, but continuously giving.

Your Regiment, Regimental Family and especially your Regimental Association work very hard to support our war veterans' interests, with efforts like DMPI & II and many other initiatives. Your Association is hard strapped for cash, its' only source of income is from dues and fund-raisers. The Association has charity status and will issue tax receipts. Please consider a cash donation, which will go a long way to help support our veterans.

Major G.T. (Greg) Childs

The Editor

Gregory.Childs@Forces.gc.ca

519-436-3085 ext 4953

