

THE ESSEX AND KENT SCOTTISH

REGIMENTAL MANUAL

Change 10

(supersedes Change 9 dated 25 October 2021)

Record of Changes
The Essex and Kent Scottish
Regimental Manual

Identification of Change		Date Published	Signature
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9	25 Oct 21	12 Jan 22	H. Wheeler & D. Minnagh
10	8 Nov 25	24 Jan 26	H. Wheeler, S.Wilkins, J.Clark & J. Morrison

*Forward from the Colonel-in-Chief
HRH Prince Michael of Kent, GCVO, CD*



The Essex and Kent Scottish Regimental Manual encompasses many of the important traditions, customs, history and dress regulations that uniquely identifies this Regiment in Canada and indeed in the Commonwealth. It is important to understand the history of a regiment and to zealously guard the traditions that richly have blessed and keenly identified those who have represented The Essex and Kent Scottish.

As your Colonel-in-Chief, I wish to publicly recognize so many members of the Regimental Family for their support, advice and careful research in the production of this Regimental Manual. I would like to thank The

Essex and Kent Scottish Senate, Members of the Association, numerous former Regimental Sergeants Major and Pipe Majors who diligently supported the vision, research and work to ensure that this Manual could be produced. In particular, I would like to thank Captain Kirk Drew, MMM, CD, who as a former Regimental Sergeant Major of our Regiment, took it upon himself to initiate this project in 2007, and Major Greg Childs, CD for his valuable input.

I encourage all members of our fine Regiment to study this Manual and continue to proudly serve The Essex and Kent Scottish.

SEMPER PARATUS,

October 2009



**The Essex and Kent Scottish
Regimental Manual is published
under the authority of the Regimental Senate.
All changes to this Regimental Manual will
be submitted through the chain of command,
reviewed by the Commanding Officer,
and then forwarded to the Regimental Senate
for approval.**

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Chapter 1

Organization, History and Customs

Section 1 – Name and Organization

101. Name

- a. The name of the Regiment is The Essex and Kent Scottish.
- b. The short form of the name is: E&K Scot.
- c. The Regiment is 31st in the order of precedence of infantry regiments. (Ch1)

102. Motto

The Regimental Motto is SEMPER PARATUS (Always Ready).

103. Organization

The serving members of the Regiment are organized as follows:

- a. Regimental HQ: The Regimental HQ is located in the Maj F.A. Tilston, VC Armoury and consists of the command element: CO, DCO, Adjt and RSM;
- b. HQ Company: The HQ Company includes the OC, 2 I/C, CSM, Ops O and Ops Trg Staff, the Padre(s), RQMS and staff, the Chief Clerk and unit clerks and other members of the HQ as deemed necessary by the CO. Further, all members of the Regiment undergoing recruit training and all new Officers undergoing initial qualification training, will be part of the HQ Company;
- c. Mission Element Company: This is the rifle company that will normally consist of three rifles platoons and a weapons det organization, either in the platoons or stand alone. As the unit is permitted to expand, further rifles companies will be placed into the order of battle;
- d. The Pipes and Drums: The Pipes and Drums is an established and recognized military band of serving members and volunteers. As such, they are part of the order of battle for the Regiment, wear the Regimental uniforms, and provide support to all Regimental parades, functions and provide a valuable connection to the communities in which this Regiment serves.

104. Location

The Regiment proudly serves in South Western Ontario, mainly hailing from the Essex and Kent counties. The Regiment parades out of two armouries:

- a. The Major F.A. Tilston, VC Armoury
4007 Sandwich Street
Windsor, ON

- b. The Colonel E.M. Ansell, OBE, MC, VD Armoury
280 Bloomfield Road
Chatham, ON

Section 2 – Key Regimental Senior Appointments

105. Colonel-in-Chief (CinC)

The Colonel-in-Chief is the titular head of the Regiment and will normally be a member of the British Royal Family. The appointment will be approved by the Government of Canada, through the Minister of National Defence.

106. Honorary Colonel (HCol)

Any distinguished retired military officer or civilian may be nominated and appointed as Honorary Colonel. It is preferred that our HCol be a retired military officer who has served in the E&K Scot or in the Canadian Army, achieved at least the rank of Lieutenant-Colonel, and retired with distinguished service. The Commanding Officer (CO), in consultation with the Regimental Senate, will provide a recommendation in a letter to the Commander of 31 CBG, who in turn will send his recommendation through the chain of command to NDHQ. Once approved, the HCol will serve a period of three years but may, on rare occasions, be extended. The total time as an honorary cannot exceed six years. The Honorary Colonel is the primary contact with our Colonel-in-Chief and his personal staff. The HCol, in consultation with the CO, will correspond regularly with our CinC. On completion of the appointment the honorary reverts to and is addressed as he was before appointment, e.g. LCol, Maj, Mr, Dr, etc. (Ch8)

107. Honorary Lieutenant-Colonel (HLCol)

The Honorary Lieutenant-Colonel should be a distinguished former serving officer or civilian member of the community who has supported the military and specifically the Regiment. The same nomination process noted for the HCol will also be followed for the HLCol. Once approved the HLCol will serve a period of three years and may be nominated through the chain of command for an extension as HLCol or appointment as HCol. Total time as an honorary cannot exceed six years. On completion of the appointment the honorary reverts to and is addressed as he was before appointment, e.g. LCol, Maj, Mr, Dr, etc. (Ch7)

108. Regimental Major (RM)

The Regimental Major should be a distinguished former serving officer who has long supported the Regiment and with a good working knowledge of regimental history, significant battles, traditions and anniversary dates. He is a volunteer appointed by and responsive to the Commanding Officer and has no term limit. The primary role of the RM is to provide the Commanding Officer with advice related to regimental customs and practices, procurement of highland kit, interaction with veterans (including funeral services), liaison with Veteran Affairs Canada and relations with local communities. It is useful if the RM is a member of the Association. (Ch8)

Section 3 – Regimental Executive Committee (REC)

109 Purpose and Members

The Regimental Executive Committee is an adhoc committee formed to provide non-operational strategic planning and financial guidance to the various elements of the Regimental Family. The REC usually meets twice a year at the call of the Honorary Colonel and is comprised of the Honorary Colonel, Honorary Lieutenant-Colonel, serving Commanding Officer, President of The Scottish Borderers Foundation, President of The Essex and Kent Scottish Regiment Association and Officer Commanding Delta Company. Recommendations by the REC are considered and acted upon as deemed appropriate by the various independent elements of the Regimental Family. (Ch8)

Section 4 – Regimental Senate

110. Organization

The Regimental Senate is an advisory body consisting of former COs, the current HCol, the current HLCOL and former honouraries. Other distinguished former members of the Regiment may be invited at the discretion and approval of the Senate. Membership is by invitation. By precedent and tradition, the chair is normally the Honorary Colonel. The CO is an ex-officio member. (Ch7)

111. Purpose

The Regimental Senate provides guidance and advice to the CO on all non-operational aspects of Regimental life. The Regimental Senate shall be responsible for, but not limited to, the following key duties:

- a. implement and adhere to all Regimental policies;
- b. maintain Regimental customs, traditions and dress;
- c. when requested by the C.O., develop and implement financial policies and fund raising for the welfare of the Regiment in co-operation with the Scottish Borderers Foundation
- d. when requested by the CO, support and assist the CO with the planning and coordination of Regimental activities and events, in cooperation with the Regimental Association;
- e. develop policies for the involvement in, or operation of any museum;
- f. advise, approve and support of any major Regimental projects undertaken by the Regiment or Delta Company; and
- g. approve all Regimental publications, and web sites.

112. Meetings

Meetings will be called by the Chair of the Regimental Senate, usually twice per year. The CO may also request that the Senate meet above and beyond

those scheduled meetings if there is an extraordinary set of issues that must be covered before the next scheduled meeting.

Section 5 – The Scottish Borderers Foundation

113. Founding/ Purpose.

The Scottish Borderers Foundation was incorporated by Letters Patent on 19 April 1999 from the Regimental Trustees agreement and given charitable status on 19 April, 1999. The original Trustees agreement dated 2 January 1929 and six later agreements, directed that trustees are appointed for the purpose of administering invested assets which are designated for the use and benefit of the Regiment. The Foundation was established to:

- a. support and maintain all Scottish regiments of infantry in Essex and Kent counties;
- b. acquire, appraise, catalogue, restore and preserve artifacts and memorabilia that are historically significant to the Regiment;
- c. maintain records, documents, and books relating to the history of infantry regiments in Essex and Kent counties.

114. Directors

There are between nine and twelve Directors serving on The Scottish Borderers Foundation, of which three are elected from the members of The Essex and Kent Scottish Regiment Association. Current serving Directors will recommend a new slate of Directors for consideration at the annual meeting. The President, Vice-President, Secretary, and Treasurer are determined via a vote by the Directors.

115. Meetings

Meetings of The Scottish Borderers Foundation are held at least once a year, with additional meetings called by the President based on requests from either the Directors or the CO.

116. Managing of Investments

The Foundation annually distributes a portion of the interest of monies earned from investments to the Regiment based on request from the CO. The Directors establish an Investment Committee that manages the investments for The Scottish Borderers Foundation. They will provide an annual report and seek advice and approval for investment plans from the Directors.

Section 6 – The Essex and Kent Scottish Regiment Association

117. Founding

The Essex and Kent Scottish Regiment Association, here in after known as the Association, was incorporated on 23 November 1993. The Association was given charitable status on 12 April 1996.

118. Purpose

The Association is established to foster, maintain and promote the traditions and well being of the Regiment. The objectives of the Association are to:

- a. bond together those who have had the distinction of serving with The Essex and Kent Scottish and the regiments which are perpetuated, namely The Essex Scottish and The Kent Regiment;
- b. retain the unity, fellowship and communication of those who have served together in the Regiment, in order to preserve the historic and cultural ties and traditions of the Regiment;
- c. promote unity and fellowship among serving and former serving members to preserve the history and traditions of the Regiment;
- d. promote and encourage, through public education, the historic and cultural significance of the Regiment, in the community; and
- e. provide and operate a public repository of the Regiment's history, tradition and military lore.

119. Membership

Any current or former serving member of the Regiment can fill out an application and apply to be a member of the Association. The membership will be approved by the Board of Directors. Applications from friends of the Regiment may be approved.

120. Dues

Dues can be paid yearly or one can apply to pay for a life time membership. Details can be acquired through the Association.

121. Board of Directors

A Board of Directors (Executive) led by a Chair, will meet as required throughout the year and conduct the business for the Association. They will plan social events and work with the CO to determine what roles and tasks they can take to promote and support the Regiment. The Association is the custodian of all artifacts of The Regiment.

122. Annual Meeting and Reunion

The Association will conduct an Annual General Meeting, usually in the autumn. In addition, it plans and conducts a bi-annual reunion. The dates of the meeting and reunion, and the overall regimental support will be coordinated with the CO.

Section 7 – Delta Company

123. Background/ Founding

When tracing the Regimental history over the last three hundred years in South Western Ontario, it becomes very evident that the local citizens and leadership of the communities have been very supportive of their Militia and Reserves. When called upon for local garrison protection during such events as the War of 1812-1815, the Patriot War of 1838 and the Fenian Raids; and overseas operations such as the Boer War, WW I, WW II, the Korean War and during numerous peacekeeping and peacemaking operations; the members of our unit have always willingly and professionally answered the call to duty, and thus have earned the highest level of respect and support from the local populace. It was quite common for local citizens to put on formal dinners and events in recognition of the valuable service that the local citizen soldiers provided their community. In 2000, the leaders of this Regiment combined with some local businessmen and politicians decided that it was appropriate to re-invigorate the link between the local populace and its citizen army, and created Delta Company. The company formally stood up in 2003.

124. Mandate

The members of Delta Company are civilian volunteers whose prominence in the community can assist the CO and inform the community on the virtues of the Regiment and the Canadian Forces. Members should be prepared to assume the important responsibility to assist any serving regimental soldier should it be within their purview, position or skill set to do so. This assistance may be in the form of hiring serving regimental soldiers; allowing time off for military training to those already in their employ; or undertaking projects that provide financial and emotional support to the soldiers. The scope of activities undertaken by Delta Company is only limited by the imagination and effort of its members and approval of the CO and/or Senate.

125. Membership

Membership in Delta Company is open to interested persons in the counties of Essex and Kent where The Essex and Kent Scottish are located. There are no physical, monetary, or tangible benefits that accrue upon joining Delta Company. Once a potential member is identified by the Delta Company leadership, the name will be forwarded to the CO for initial review. The CO will forward the name to the HCol and HLCol for final approval. From time to time the Regimental Senate may be asked for their input. Once this process is completed, the new member will be informed of their candidacy and invested into Delta Company.

126. Leadership

In order to more effectively communicate with The Regiment, Delta Company has a leadership structure like any other infantry company. There is an Officer Commanding (OC), a Second-in-Command (2IC), and a Company Sergeant Major (CSM). In the case where the OC and 2IC are from the same county then there should be a CSM from the other county OR two CSMs, one CSM from Windsor-Essex and one CSM from Chatham-Kent. The

regimental Senate, as the governing authority of all non-operational aspects of The Regiment, upon recommendation of the current OC and CO, must approve the leadership slate of Delta Company and major projects. Delta Company has evolved into an autonomous entity of the regimental family but it is not independent. The leaders of Delta Company guide the day-to-day operation of the company and set the direction of activities, while the direct supervisor of the OC is the Commanding Officer. (Ch6)

Section 8 – Regimental History

127. Official Regimental History

“*DUTY NOBLY DONE*”, the authors are: Sandy Antal and Kevin R. Shackleton; and published in 2006.

128. A Concise Version of the History

A concise version of the Regimental History can be found at Annex A.

129. Origin and Lineage

Although one can trace the history of our Regiment for over 300 years, the Regiment’s continuous lineage dates from 12 June 1885 and incorporates the following Regiments:

- a. THE ESSEX SCOTTISH was authorized on 12 June 1885 as the 21st Essex Battalion of Infantry. It was re-designated 21st Battalion Essex Fusiliers, 4 February 1887; 21st Regiment Essex Fusiliers, 8 May 1900; The Essex Fusiliers, 1 April 1920; and The Essex Scottish, 15 July 1927. On 1 October 1954 it was amalgamated with The Kent Regiment and re-designated The Essex and Kent Scottish.
- b. THE KENT REGIMENT was authorized on 1 January 1901 as the 24th Kent Regiment. It was re-designated the Kent Regiment, 1 April 1920; the Kent Regiment (Machine Gun) on amalgamation with B Company, 2nd Machine Gun Battalion, CMGC, 15 December 1936; and The Kent Regiment, 1 April 1941. On 1 October 1954 it was amalgamated with The Essex Scottish and re-designated The Essex and Kent Scottish.
- c. On 7 March 1962, the Regiment was expanded to the 1st Battalion in Windsor and the 2nd Battalion in Chatham. These two battalions amalgamated on 28 February 1965 with headquarters in Windsor, Ontario.

130. Regimental Days

There are two key dates in our history:

- a. 12 June 1885: The date that is recognized as the official unbroken lineage, the actual beginning of the Regiment as the 21st Essex Battalion of Infantry.

Members of the Regiment will meet at their appropriate Messes and toast the Regiment and its family.

- b. 01 October 1954: The official birthday of The Essex and Kent Scottish. Members of the Regiment will meet and toast the Regiment. If time and opportunity arise then the day can be celebrated by a sports day and/or parade.

131. Significant Battles

Although the Regiment has enjoyed a rich history where our soldiers have performed extremely well, there are two significant battles that are celebrated each year:

- a. Dieppe Raid 19 August 1942. On the 19 August each year the Regiment honours those who fell and were captured at Dieppe, by holding a parade at Dieppe Gardens in Windsor Ontario, Canada followed by a toast to those members of that Raid.
- b. Hochwald Forest 1 March 1945. It is a celebration of the Battle of the Hochwald Forest, where Major FA Tilston was awarded the Victoria Cross. The Regiment will hold a dining-in hosted by the CO, Officers and Senior NCOs for the Regimental family and invited guests.

132. Victoria Cross Winners

Members of the Regiment have been involved in numerous wars and service overseas in peacekeeping and peacemaking operations where they have distinguished themselves and been awarded medals for valour and service above and beyond the call of duty. Very few members of any regiment, if any, achieve the highest award for bravery, the Victoria Cross. The Regiment has been awarded two Victoria Crosses:

- a. Lance Sergeant Ellis Wellwood Sifton (18th Bn, CEF) Vimy Ridge, France, 9 April 1917 (Posthumous);
- b. Major Frederick Albert Tilston (The Essex Scottish Regiment) The Hochwald, Germany, 1 March 1945.

Section 9 – Affiliated Regiments

133. The Royal Anglian Regiment (RAR)

In 1926, The Essex Fusiliers established an affiliation with the Essex Regiment now known as the Royal Anglian Regiment with garrison at: Blenheim Camp, Bury St-Edmunds, Suffolk, England (Ch1)

134. The Princess of Wales's Royal Regiment (PWRR)

In 1927, The Kent Regiment established an affiliation with the Queen's Own Royal West Kent Regiment now known as the Princess of Wales's Royal Regiment (Queen's and Royal Hampshires) with garrison at:
Howe Barracks, Canterbury, Kent, England (Ch1)

Section 10 – Affiliated Cadet Corps

135. 1086 Walkerville RCACC

Maj F.A.Tilston, VC Armoury
4007 Sandwich Street
Windsor, ON N9C 1C3

136. 2715 Metropolitan Legion RCACC

Royal Canadian Legion Br. # 594
5030 Howard Avenue
Windsor, ON N9A 6Z6 (Ch7)

137. 2918 South Essex Scottish RCACC

Royal Canadian Legion Br. # 188
145 Division Street South
Kingsville, ON N9Y 2E9

138. 59 Legion Highlanders RCACC

UCC The Pines High School
85 Grand Avenue / PO Box 23009
Chatham, ON N7L 0B1(Ch9)

Section 11 – Regimental Churches

139. All Saints' Church

330 City Hall Square
Windsor, ON N9A 1J3

A commemorative stone was dedicated on 22 September 2013.



(Ch4)

140. Christ Church Chatham
 80 Wellington St. West
 Chatham, ON N7M 1J1 (Ch1)

A commemorative stone was dedicated on 6 November 2011.



Section 12 – Regimental Prayer

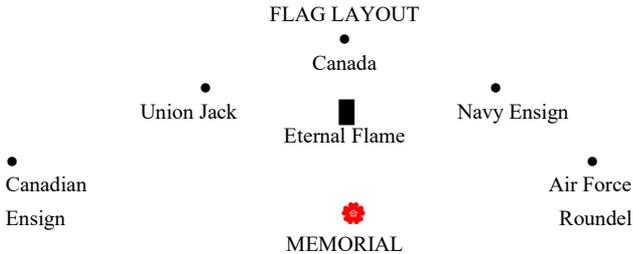
141. Description

In 2010 the Senate approved the following Regimental Prayer composed by Rev. Maj. K. Gilliland and Rev. Capt. G. Lutz.

"Lord of Life, in whose power we are able to do all things. You have promised that nothing can separate us from your love. We pray that you will enable the brave men and women of The Essex and Kent Scottish to serve our Queen and Country both at home and abroad. Make us worthy of the duties that are before us that we may bring hope to the helpless, safety to the suffering and peace to the broken hearted.
 Amen." (Ch1)

Section 13 – Regimental Memorials and Cairns

142. Original Dieppe Memorial in Dieppe Gardens, Windsor



This memorial was dedicated in 1959 when Dieppe Gardens was officially named. The replacement of flags is the responsibility of the Parks

Department, City of Windsor. Layout confirmed as correct protocol by the Manager, Windsor Parks in 2025.(ch10)



143. Cairn to Pipe Major Jock Copland in Dieppe Gardens, Windsor

This cairn to WO1 J.S.W. (Jock) Copland, MBE, EM was dedicated in 1967. It was a project of the Warrant Officers and Chief Petty Officers Association of Essex County. In 2010 it was moved close to the two Dieppe memorials in Dieppe Gardens. (ch1)



144. Kent Regiment Cairn, Chatham

This cairn was donated by the Kent Regiment Association in 1992 and is situated in Tecumseh Park in Chatham near the Old Chatham Armoury. (Ch6)



145. Memorial Plaque at Dieppe, France

A plaque to recognize the Regiment's action at Dieppe was first erected at Red Beach in 1992. It was moved in 2006 to the entrance of the Commonwealth War Cemetery "Cimetiere des Vertus" outside Dieppe, France. (Ch1)



(Ch5)

146. Dieppe Memorial at Red Beach in Dieppe, France.

Designed by Rory O'Connor a Dieppe Memorial was erected in 2006 in France. The wording on the memorial is identical to the 1992 plaque. The fundraising for and construction of this black granite and stainless-steel memorial was led by Delta Company. (Ch1)

147. Dieppe Memorial at Dieppe Gardens, Windsor.

An identical Dieppe Memorial to the one at Red Beach was erected in 2010 in Windsor, again thanks to the leadership of Delta Company.



Dieppe, France
(Ch8)



Windsor, ON

148. The Essex Scottish Memorial in the Chapel at Warley, Essex, UK

This oak panelling from the alter rail and behind the alter is in the Chapel of The Royal Anglian Regiment and The Essex Regiment at Warley, in the Town of Brentwood, County of Essex, UK and was dedicated on 25 September 1932. Inscribed as follows: "THIS PANELLING WAS ERECTED BY THE ESSEX SCOTTISH OF CANADA TO THE GLORY OF GOD AND IN THE MEMORY OF THEIR COMRADES WHO GAVE THEIR LIVES FOR KING AND EMPIRE 1914-1918"



(Ch10)

Annex A Chapter 1

The Essex and Kent Scottish - A Concise History

The Essex and Kent Scottish is one of Canada's oldest infantry regiments. It has a regimental history that dates to 1749 as French militia at Fort Pontchartrain (Detroit) although it has unbroken lineage dating to 12 June 1885. Essex and Kent counties produced the first militia organization in Ontario and the first units to engage in combat (1794) outside Canada.

FORMATIVE PERIOD

Between 1749 and 1885, both Essex and Kent militia were raised from time to time for specific tasks such as local defense of the garrison against First Nations in 1763 and expeditions into the frontier in 1778-80 during the American Revolutionary War. After that the militia took on a more formal battalion structure and in 1794 border tensions required their mobilization for combat in what is now Michigan.

During the **War of 1812-15**, the garrison at Fort Amherstburg was strengthened with the call out of the Regiments of Essex Militia and Kent Militia. After a brief incursion into Essex County the Americans returned to



the safety of Fort Detroit. A combined force of Essex and Kent militia, British regulars, other Upper Canada militia and First Nations warriors crossed the Detroit River and forced the surrender of Fort Detroit. A portion of the Prize Pay List for the 2nd Regiment of Essex Militia from this capture presently hangs in the Tilston Armoury,

Windsor. For the next year the British and the militia of Essex and Kent fought in Michigan and Ohio. By June 1813 with their fighting done and farms in need of care the Essex and Kent militia regiments were dismissed home. Following the decisive American victory in October 1813 near Moraviantown in Kent County, many continued to fight in the Niagara region as the Essex and Kent militia or volunteered with other units. In 2012, four Battle Honours were awarded to these militia units which are perpetuated by The Essex and Kent Scottish. (Ch2)

The Essex and Kent volunteers mobilized for the **Patriot War of 1838** and fought battles at Amherstburg, Fighting Island, Pelee Island and Windsor. At the time there were three regiments in each of the Essex and Kent militia. The Patriot War was the last time that Essex and Kent counties were invaded. Other events requiring the call out of the militia were the threat of war with the United States following "The Trent Affair" in 1861 and unrest in 1866 caused by the Fenian Raids following the American Civil War. In the intervals between these events, however, the various militia regiments were disbanded or neglected and there was no historical continuity.

It is significant that in the early days the Essex militia fought alongside the Kent militia and it was a natural and logical progression that the two

regiments would eventually be united to form The Essex and Kent Scottish in 1954.

In the 1880s a campaign was mounted to re-establish a militia battalion. As a result of activity generated by the North West Rebellion in 1885, success was achieved on 12 June 1885 with formation of the 21st Essex Battalion of Infantry consisting of five companies and with Lt Col J.R. Wilkinson commanding. It is from this date that the Regiment celebrates continuous service to Canada.

In July 1886 the ladies of Essex County presented the first Colours to the unit at Ouellette Square. In 1887 the name was changed to the 21st Battalion Essex Fusiliers. During July 1899 the 21st was called upon to provide aid to the civil power when there was rioting in London in connection with the Street Railway strike. The name changed again in 1900 to 21st Regiment Essex Fusiliers. Another event of note was the change from a county to a city unit in 1901. The Fusiliers were also chosen to participate in the celebration of welcome for the Duke and Duchess of York in Toronto on 9 October 1901.

While hundreds volunteered for service in 1899 with the 2nd Special Service Battalion in the South African War, the CO of the Fusiliers, Lt Col J.C. Guillot, was limited to a quota of just 16 men while seven came from the 24th Kent Regiment. The Essex County South African War Memorial is located on the south side of Queen Elizabeth II Gardens in Jackson Park, Windsor. Three local men died during service in South Africa: Colour Sergeant



Walter White and Hospital Sergeant Harry Barr from the Fusiliers and Private John Donegan from the Kents.

Following the war much improved conditions were created for the Fusiliers with the formal opening of the armouries in Windsor in February 1902. A second set of colours were presented to the Fusiliers in October 1902. The 24th Kent Regiment was equally fortunate, not only with being reactivated on 1 January 1901 under command of Lt Col J.B. Rankin but also moving into their armouries on William Street in Chatham in 1905.

In 1904, the 21st Regiment Essex Fusiliers were accorded a unique honour by being the first foreign unit to parade on U.S. soil when they paraded in St. Louis, Missouri for the World's Fair.

WORLD WAR I

When Britain went to war in 1914 Canada was automatically at war too. Recruiting was strong across most of Canada although it was decided by the government to form composite units as opposed to activating existing militia units. The 21st Regiment Essex Fusiliers and the 24th Kent Regiment each sent small components to the 1st (Western Ontario) Battalion, Canadian Expeditionary Force (C.E.F.) based in London. The 1st Battalion went overseas in October 1914 as part of the First Contingent that would become

the 1st Canadian Infantry Division.

18th Battalion, C.E.F.

Immediately, recruiting began for a Second Contingent. Lt Col E.S. Wigle, CO of the 21st Regiment Essex Fusiliers was appointed CO of the new 18th Battalion, C.E.F. and drew soldiers from the Fusiliers, the 24 Kent Regiment and other militia units in Southwestern Ontario. The 18th Battalion went overseas in April 1915 and into the front trenches on 27 September as part of 2nd Canadian Infantry Division. The first real action came on 8 April 1916 at St. Eloi Craters near Ypres and it did not go particularly well. What followed was a regular routine of trench warfare broken up with training time while in reserve. The 18th Battalion got much better with experience and participated in every action of the 2nd Division most notably Courcelette (Somme), Vimy Ridge, Hill 70, Passchendaele, and the Final Hundred Days from Amiens to Mons. By the end of the war only 100 of the original 1,000 soldiers were still serving in the 18th Battalion. This unit earned its share of gallantry awards:



11 DSOs, 33 MCs, 20 DCMs, 203 MMs and numerous foreign medals. In addition, L/Sgt Ellis W. Sifton of Wallacetown was posthumously awarded the Victoria Cross for his heroic action at Vimy Ridge on 19 April, 1917. He single-handedly charged an enemy machine gun, which had been holding up his company's advance and killed all the crew. He then held off the enemy until his comrades had captured

their objective. He was killed during the fighting. The 18th Battalion was awarded 18 Battle Honours for its involvement in the war and is perpetuated by The Essex Fusiliers.

Perpetuated Battalions

Back in Canada the 24th Kent Regiment raised and sent components to the 33rd, 70th, 71st and 91st Battalions and formed the 186th Kent Overseas Battalion commanded by Lt Col Neil Smith. The 186th was broken up when it arrived in England to provide replacements although it was awarded the battle honour "The Great War 1917". In Windsor, the 21st Regiment Essex Fusiliers provided the nucleus for the formation of two new Essex County units: the 99th Battalion commanded by Lt Col T. B. Welsh and 241st Canadian Scottish Borderers under the command of Lt Col W. L. McGregor. The 99th and 241st were also broken up in England to provide replacements and respectively received the battle honours, "The Great War 1916" and "The Great War 1917".

BETWEEN THE WARS

Following the Great War, the 21st Regiment Essex Fusiliers was disbanded and reorganized as The Essex Fusiliers. Similarly, the 24th Kent Regiment was reorganized as The Kent Regiment. In 1926 the Fusiliers became officially allied with The Essex Regiment of the British Army while in 1927 the Kents were allied with The Queen's Own Royal West Kent Regiment.

A most significant event happened in 1927 when, under the command of Lt Col Alan Prince, the Fusiliers were renamed The Essex Scottish and adopted the MacGregor tartan as highland dress that is still worn today. Lt Col Prince was the great-grandson of Colonel John Prince who was commander of the 3rd Regiment of Essex Militia during the Patriot War of 1838. Pipe Major



Jock Copland, who served with the 241st Canadian Scottish Borderers and The Essex Fusiliers, led the Pipe Band from 1927 until 1958. In 1929 the Regiment began a unique tradition in North America by parading to St. Paul's Cathedral in Detroit to celebrate Empire Day. The tradition continued until the mid-1970s with the exception of the two years when Canada was at war and the U.S. was not. The Regiment received considerable media coverage because of its participation in the New York World's Fair held in 1929, the New Orleans Mardi Gras and the Chicago Century of Progress Exposition in 1933. Another highlight occurred on 11 November 1931 at Kennedy Collegiate Stadium when the Regiment received its King's and Regimental Colours complete with battle honours.

Training remained at a high level as exhibited by the fact that The Essex Scottish won the Canadian Infantry Cup for Efficiency eight of the 12 years before 1939. Shooting was also one of the Regiment's strong points as they won several provincial and national championships with the Lewis Gun and rifle under the coaching of Lt Tom Hayhurst, himself a Bisley shot. On 15 December 1936 The Essex Regiment (Tank) now the Windsor Regiment (R.C.A.C.) was formed, its nucleus being made up of officers and NCOs from The Essex Scottish. This fine Regiment shares the Tilston Armouries with us and shares our motto: Semper Paratus. On 21 May 1938, The Essex Scottish became only the sixth regiment of the Commonwealth to receive freedom of a city when the Mayor and Council of the City of Windsor granted this right. The City of Chatham granted the same right to the Regiment on 25 May 1985.

In Chatham, The Kent Regiment was also busy training. In 1936, under the command of Lt Col T.E. Codlin, the Kents changed from infantry to a machine gun unit and was renamed The Kent Regiment (Machine Gun). It remained so until reverted back to an infantry unit in 1941. Lt Col Codlin commanded for an amazing eight years including four years of active service.

WORLD WAR II

When Canada went to war in September 1939, The Essex Scottish was more or less ready when called into active service. In sixteen days of recruiting 27 officers and 812 other ranks were enlisted. Preliminary training was done at

the St. Luke Road barracks in Windsor and in May 1940, moved to Camp Borden under the command of Lt Col A.S. Pearson. The 1st Battalion, The Essex Scottish Regiment (CASF) left Halifax on 23 July and reached England on 2 August, settling into Maida Barracks in Aldershot. The Scottish carried out many training exercises and some coastal defense in the south of England as the threat of invasion heightened. The Kent Regiment was not called into active service until August 1940.

Dieppe Raid

On 27 January 1942, command of the 1st Battalion passed to Lt Col F.K. Jasperson and by spring the training tempo picked up since plans were underway for 4th Brigade, 2nd Canadian Division to carry out a raid somewhere on the north coast of France on 4 July. The raid was cancelled, only to be revived a month later. Operation JUBILEE, the code word for the Dieppe Raid, commenced under the cover of Exercise FORD Mk. 1 on 18 August when the battalion boarded assault landing craft at Southampton and Portsmouth. The convoy crossed the channel, and part of the flotilla had a chance firefight with a German convoy on its way to France. As the landing craft touched down on Red Beach as part of the main assault, they met intense artillery, mortar and machine gun fire from the esplanade between the beach and the town and from the headlands on either side.

Heavy casualties were suffered and the battalion was unable to carry out its objectives. Only 11 men under the leadership of CSM Con Stapleton were able to cross the esplanade and penetrate enemy positions in the town. By



0630 hours the battle was effectively over for the Scottish. Withdrawal was ordered for 1100 hours but continual dive-bombing of the naval elements offshore prevented most of the landing craft from returning to the beach to pick up the survivors. Of 32 officers and 521 other ranks who took part in the

Dieppe raid, only two officers and 49 other ranks made it back to England, some wounded. The CO, Lt Col Jasperson was captured.

France, Belgium, Holland and Germany

Lt Col J.H. Mothersill assumed command immediately after the raid and set out to rebuild, reorganize and train, all the while carrying out operational tasks. Lt Col B.J.S. Macdonald assumed command on 23 May 1943 and training continued in England and Scotland. Exercises were a constant feature of military routine with the occasional highlight such as a battalion march past to bid farewell to RSM W.E. Potts in July (who ironically was on the Normandy beach when the Scottish came ashore after D-Day) and the winning of the brigade sports day on 1 December.

The Essex Scottish returned to France on 5 July 1944 landing at La Valette to exploit the D-Day landing of 6 June. The first casualties and capture of prisoners took place on 11 July. Intensive fighting around Ifs and Bourguebus Ridge on 20-21 July resulted in 281 casualties. On 29 July, under its new Commanding Officer Lt Col T.S. Jones, the Essex Scottish again pushed forward and this time were successful. Six received bravery awards for their

action that day. The next battle for Falaise involved the Essex Scottish on 7-8 August in a night attack of Caillouet mounted in armoured personnel carriers. Lt Col Jones was a casualty and replaced by Lt Col P. W. Bennett who continued the advance down the road to Falaise. After that the German resistance lessened and the advance continued across the Seine River at Pont du Gravier then north toward Dieppe. On 3 September 1944 the Essex Scottish entered Dieppe as heroes. They paused at the graves of those who had fallen in 1942, took part in a Divisional march past and toured the killing grounds.

On the night of 20 September, on the outskirts of Antwerp a large German fighting patrol got into 'D' Company's area and in the action, Lt Col Bennett was wounded. On 26 September Lt Col J.E.C. Pangman joined the unit as Commanding Officer. For the next month the battalion was involved in the deadly fighting to clear South Beveland and allow the opening of the Scheldt estuary to the Port of Antwerp. Now much needed supplies could be easily brought to the Allied Armies.

Christmas was spent in the line east of Grosbeek listening to enemy broadcasts of Christmas carols. New Years was spent in reserve near Boxtel then it was back to Grosbeek and patrols probing the German positions.

The battalion crossed onto German territory and on 18 February attacked Louisendorf between Goch and Calcar. The mud limited the movement of infantry and tanks. After a successful attack albeit with heavy casualties the Germans mounted a determined counterattack with tanks and infantry. If not for 'A' Company commanded by Major K.W. MacIntyre and the anti-tank guns the position would have been lost. The battalion had 150 killed and wounded in two days. CSM Les Dixon earned a second bar to his MM; he was the only Canadian to earn the award three times.



On the morning of 1 March as part of a divisional operation the battalion assaulted the Hochwald Forest with two companies forward. Despite withering machine gun fire, artillery and strong German defenses, 'C' Company commanded by Acting Major Fred Tilston was able gain a foothold and allow the other companies to solidify the position. Major Tilston made at least six trips to get ammunition for his men and was wounded three times including serious injuries to both legs. For his calm courage, gallant conduct and superb leadership he was awarded a Victoria Cross. The next operation was the capture of Xanten on 8 March and this wasn't much easier with 119 casualties compared to 138 at the Hochwald.

After a period of rest the battalion was moved back into Holland. With the enemy in retreat events moved quickly. On 14 April the Essex Scottish captured the bridge into the old town of Groningen. Then it was back into Germany and by 23 April the battalion was on the Bremen-Oldenberg road.

On the banks of the canal near Oldenberg, 'C' Company accepted the surrender of nine officers and 351 other ranks. Hostilities ceased at 0800 hours on 5 May. Lt Col Pangman returned from hospital but was recalled to Canada on 17 May. The Scottish finished the war under command of Lt Col K. W. MacIntyre, the last of its original officers from September 1939. During the brief occupation the battalion was visited by many senior officers including Lt Col J.E. McCorkell, CO of the 2nd (Reserve) Battalion and Lt Col Jasperson, CO for the Dieppe Raid.

The 1st Battalion of the Scottish returned to Canada and was disbanded on 15 December with the dubious record of having the highest number of casualties of any unit in the Canadian Army: 553 killed and roughly 2,000 wounded. The Essex Scottish was awarded 18 Battle Honours for its involvement in the war.

The Home Front

The Kent Regiment did not go overseas as a unit but was on active duty for



FILE: C. B. F. 1940-1941 W. E. KING

coastal defense in NS and BC; and power station guard near Niagara Falls. They also provided reinforcements to many Ontario units serving overseas, most importantly the Essex Scottish, especially after Dieppe. It was a proud occasion in 1941 when the Colonel-in-Chief, HRH Prince George, Duke of Kent inspected his Regiment in Halifax. Both The Kent Regiment and The Essex Scottish raised 2nd

Battalions for reserve service in Canada as Non-Permanent Active Militia (NPAM).

POST WORLD WAR II

The post war period once again involved reorganization. On 1 October 1954 The Essex Scottish and The Kent Regiment were amalgamated to form The Essex and Kent Scottish. H.R.H. Princess Marina, Duchess of Kent, Colonel-in-Chief for the Kents and aunt to Her Majesty Queen Elizabeth II, accepted the appointment as Colonel-in-Chief of the new Regiment. In August she had visited Windsor and Chatham.

In 1951 The Essex Scottish formed a Guard of Honour for the visit to Windsor of the then Princess Elizabeth and Prince Philip. The Regimental Colours were trooped in 1955. An ambitious and successful training exercise took place in October 1958 when the Regiment, under command of Lt Col K.S. Kersey, joined with the 5th U.S. Marine Battalion in a helicopter-borne assault on Boblo Island which was "defended" by U.S. Marines from Toledo, Ohio. The highlight of 1959 was the formation of a Guard of Honour for the visit to Windsor of H.M. Queen Elizabeth II and Prince Philip.

On 28 May 1960 the Regiment received new Colours and for the first time the Regimental Colour had The Essex and Kent Scottish shield and ten Second World War battle honours. The old Essex Scottish Colours were deposited in the newly dedicated chapel in the Windsor Armouries. The new Colours were trooped in Chatham for the first time on the following day. The Kent Regiment had laid up their Old Colours in Christ Church, Chatham in 1955. From 7 March 1962 to 28 February 1965 the Regiment was expanded to two battalions with the 1st Battalion in Windsor under Lt Col J.A. Baxter and 2nd Battalion in Chatham under Lt Col T. Wilcox.

Canada's Centennial Year in 1967 was celebrated in the Chatham garrison with a platoon equipped and trained as 41th Regiment of Foot to re-enact the Battle of Moraviantown. 1973 was another good year for the Scottish winning the Kitching Trophy as the best militia unit in Central Militia Area. Over the next 20 years there was increasing emphasis on recruiting and training, and support of the Regular Force which enabled members of the Regiment to serve on NATO exercises in Germany and Norway and UN operations in Cyprus and the Middle East. (Ch1)

AFTER THE COLD WAR



In 1985 the Regiment conducted back-to-back Trooping of the Colours in Windsor on 12 June and in Chatham on 13 June in celebration of 100 years of continuous service to Canada. The parades were reviewed by Honorary Colonel F.A.Tilston, VC. On Saturday there was a huge celebratory dinner at the University of Windsor. A highlight for the Regiment came on 23 April 1991 when it paraded to recognize the end of an era as Honorary Colonel Tilston passed his duties to W.L. McGregor. Tilston had served as an honorary since 1956; McGregor was a Dieppe veteran and related to the Prince and McGregor families whose history with the Regiment went back over 175 years. (Ch1)

After the fall of the Berlin Wall and end of the Cold War in 1989 the World changed. Training intensified with exercises at several American army bases and the quality of the unit improved. Throughout the 1990s it seemed there were always a few soldiers deployed on peace enforcement operations in the Former Yugoslavia. In 1994 the Regiment took a break for training and was presented its current Queen's and Regimental Colours at a ceremony at Windsor Stadium. After the attacks on the US on 11 September 2001 (9/11) there was heightened awareness of national security. Since then the Regiment has deployed many officers and soldiers to combat operations in Afghanistan and NATO training assistance and deterrence in the Middle East and Eastern Europe. At the same time public support for the military was much improved. This was evident in March 2002 when H.R.H. Prince Michael of Kent visited Windsor as the Regiment's new Colonel-in-Chief, a position held by both his parents. Another event that raised the Regiment's profile was in 2006 when the Regiment with the help and expertise of "Delta Company", a

group of local civilians dedicated to support the Regiment, was able to raise significant money to erect a large black granite memorial at Red Beach in Dieppe, France. An identical memorial was placed in Dieppe Gardens in Windsor in 2010.

Since the end of the War in Afghanistan in 2014 the world changed again with conflicts in the Middle East, the Russian annexation of Crimea in 2014 and the invasion of Ukraine by Russia in 2022. Since 2015 members of the Regiment have deployed to Latvia, Ukraine, Poland, Lebanon and Kuwait in support of Regular Force operations providing deterrence to Russia and training assistance.

On 13 May 2023, the Regiment paraded at the Windsor waterfront esplanade and received new King's and Regimental Colours from our Colonel-in-Chief HRH Prince Michael of Kent. The new Regimental Colours are emblazoned with 24 battle honours including Detroit, Maumee, Niagara (from the War Of 1812) and Afghanistan. The old colours were paraded in Chatham the next day and laid up in Christ Church Chatham.

Today, the Regiment is housed in two new armouries (Tilston Armoury, Windsor – 2004 and Ansell Armoury, Chatham – 2006), focused on Canada's international treaty obligations if the need arises, Defence of Canada especially in the north and keeping a high profile in the community. A fine regiment continues its service to Canada.



13 May 2023 - The Regiment with our Colonel-in-Chief HRH Prince Michael of Kent

Compiled by LCol (Retired) F. Hardy Wheeler in 2008, from *Duty Nobly Done, The Official History of The Essex and Kent Scottish Regiment*, and updated in 2012, 2020 and 2025. (ch10)

Annex B
Chapter 1

What Is Expected of Members of The Regiment

1. As an officer, senior NCO, junior NCO and private, it behoves everyone to perform their best in all their tasks and assignments, whether in training, or serving overseas. This Regiment has a sterling history of service, dedication and professionalism. As current serving members of this historical unit, it is imperative that we continue to guard the traditions, customs, sacrifices and pride that our forefathers have demonstrated. To do this effectively, there are a number of personal traits, values and ethics that all members of the Regiment must display and follow during their service:

- A. **Courage**: Courage not only in battle or during exercises, but also the courage to know right from wrong; the courage to stand for what is right, and the courage to be an example to all those around you!
- B. **Obedience**: Obedience to orders, lawful commands and demonstrating good self-discipline.
- C. **Proficiency**: It is important that infantrymen learn their skills and continually refresh those skills so that they can be effective in combat.
- D. **Duty**: Is it imperative that all members have a strong sense of duty. Train hard, achieve all annual training requirements, be available for exercises, and be willing to attend professional development and leadership courses, thus enhancing your employability within this Regiment!
- E. **Physically Fit**: To withstand the stress and fatigue of battle or during long and hard exercises, it is important that all members of the Regiment maintain the fitness standards demanded of our profession.
- F. **Regimental Pride**: To develop Regimental pride, one needs to study the history of their Regiment. From there, through professional development, dedication to duty and willingness to gain knowledge, one will develop a great sense of Regiment pride!
- G. **Loyalty**: Loyalty to your fire team partner, to your group, to your section, to your platoon, to your company, to the Regiment and to the Canadian Forces. Loyalty is a three-way street: up, to your peers and to your subordinates.

It has been said that it takes “Blood, sweat, and money to make a Regiment”, but it takes more than that, it takes soldiers

Chapter 2

Battle Honours and Colours

Section 1 – Battle Honours

201. Battle Honours

1. The Regiment has been awarded 41 Battle Honours; the 24 bolded Honours are emblazoned on the current Regimental Colour.

War of 1812-1815

DETROIT
MAUMEE

NIAGARA
DEFENCE OF CANADA 1812-15

First World War 1914-18

YPRES 1915, '17
FESTUBERT 1915
MOUNT SORRELL
SOMME 1916, '18
FLERS-COURCELE'ITE
THIEPVAL
ANCRE HEIGHTS
ARRAS 1917, '18
VIMY 1917

HILL 70
PASSCHENDAELE
AMIENS
SCARPE 1918
HINDENBURG LINE
CANAL DU NORD
CAMBRAI 1918
PURSUIT TO MONS
FRANCE AND FLANDERS
1915-18

Second World War 1939-45

DIEPPE
BOURGUEBUS RIDGE
ST. ANDRE-SUR-ORNE
FALAISE
FALAISE ROAD
CLAIR TIZON
FORET DE LA LONDE
THE SCHELDT
WOENS DreCHT

SOUTH BEVELAND
THE RHINELAND
GOCH-CALCAR ROAD
THE HOCHWALD
XANTEN
TWENTE CANAL
GRONINGEN
OLDENBURG
NORTH-WEST EUROPE 1942,
1944-45

Recent Conflicts and Wars

AFGHANISTAN

(Ch10)

Section 2 – Colours

202. The King’s Colour (2023)



203. The Regimental Colour (2023)



204. Lifespan and Procurement

1. A set of King’s and Regimental Colours will normally last from 20 to 25 years, but could last 50 years depending on use and storage conditions. Units requiring new Colours should commence planning two years prior to the occasion of Laying Up of Old Colours/Presentation of New Colours. The current Colours were presented on May 13, 2023 by HRH Prince Michael of Kent.

2. In order for a unit to acquire a new set of colours, a Board of Inquiry must be convened (in accordance with A-AD-200-000/AG-000 Flag Manual) and the recommendations submitted up the Chain of Command to the

Directorate of History and Heritage-3 in NDHQ. If the recommendations are accepted, DHH will let a Supply and Services contract competition and will provide all specifications to the manufacturer when selected. The full cost of producing a new set of colours will be borne by the system, unless real gold thread is used vice gold polyester thread, in which case the unit will pay the difference. Direct liaison will only be affected between the DHH staff and the manufacturer. The unit is only authorized liaison with the DHH staff.

3. Normally, a minimum of 18 months lead time is required to approve and produce new colours. The Inspector of CF Colours and Badges inspects the finished product (from the manufacturer). If approved by the inspector, the Colours will only be released to the unit 30 days prior to the approved presentation date.

4. Her Excellency the Governor General, on behalf of Her Majesty, The Queen, has sole right to present or decide who will or will not present Colours. The Regiment must, therefore, make a request through the CDS to the Governor General requesting Her Majesty's approval if a person, other than the Governor General, presents the Colours.

205. Parading and Trooping of Colours - General

1. The orders and regulations governing the parading of Colours are contained in Canadian Forces Manual of Drill and Ceremonial A-PD-201 Chapter 8 and CFAO 61-8, Annex A. The detail included hereunder is a summary of those regulations.

2. As a general rule, when a battalion parades as a unit and it is desired to carry Colours, then both Colours shall be carried.

206. Parading Both Colours

1. Parading both the Queen's and Regimental Colours **shall** be paraded together only with a minimum of a 100-person guard mounted for:

- a. HM the King Charles III, HM Queen Camilla;
- b. other members of the Royal Family;
- c. Foreign Sovereigns and Members of Reigning Foreign Families and Presidents and Heads of State of Commonwealth and Foreign Countries;
- d. the Governor-General of Canada;
- e. Governors-General of Commonwealth Countries; and
- f. the Lieutenant-Governor of a Canadian Province within his jurisdiction.

2. In addition, both Colours may be carried with a battalion on parade on the following occasions;

- a. on HM The King's birthday;
- b. at a Funeral of a dignitary entitled to a 100-person Guard of Honour;
- c. on a unit ceremonial parade, at the discretion of the CO; and

- d. on occasions as directed by NDHQ.
3. See Annex A for composition of Colour Escorts.

207. Parading the Regimental Colour

1. On rare occasions when The Regimental Colour is paraded by itself then the following conditions apply:
- a. with a 50-person guard mounted for:
 - (1) the Prime Minister of Canada, Prime Ministers of Commonwealth and Foreign Countries, Ambassadors and High Commissioners, and
 - (2) the Minister of National Defence and the equivalent of Commonwealth and Foreign Countries;
 - b. with a 50-person guard of honour mounted for General Officers of the rank of Brigadier General, or equivalent, and above; and
 - c. when trooped before a personage other than those specified above.

208. Saluting, Dipping and Flying the Colours

1. Saluting Colours: When Colours are marched in front of you, if you are not on parade, you will salute. If in the presence of Colours or passing by Colours, you will salute. Personnel on parade will always salute the Colours as they are marched on or off the parade.
2. Dipping the Colours: On all occasions when a Royal Salute is given to members of the Royal family, Governor General or Lieutenant-Governor, then the Colours are dipped.
3. Colours Fly: Colours fly on all General Salutes and during March Pasts.
4. Colours in Case: It is not necessary to salute or acknowledge the Colours when they are in a display case in unit lines or cased on parade.

209. Trooping the Colour

1. When Trooping the Colour, only one Colour is carried except at presentation of new Colours, when both the old Colours may be trooped before casing and marching off.
2. The King's Colour shall not be trooped except in the case of a guard mounted for HM The King, other members of the Royal Family, the Governor General, a Lieutenant-Governor within his or her sphere of jurisdiction, or on a ceremonial parade in honour of the Queen's birthday. These represent the only occasions when the King's Colour shall be paraded by itself.

3. The term "Other Members of the Royal Family" as used in the regulations and at para 206 above means the immediate members of the Royal Family, i.e.: those who are entitled "His or Her Royal Highness". The Colonel-in-Chief, although a member of the Royal Family in the broad sense, is not included in this category.

210. Trooping and Presentation of Colours Ceremony

1. Refer to Canadian Forces Manual of Drill and Ceremonial A-PD-201 Chapter 8 for the complete details.

211. Hosting the Colour Party

1. It is customary for the Colour Party to be hosted by the senior subaltern or colour ensign in the Officers' Mess immediately after the Colours are returned to the Unit lines. The traditional drink is Scotch.

Annex A
Chapter 2

The Treatment of Colours

1. The Colours are to be treated with the greatest respect and reverence and paid the compliments they are due at all times.

Safekeeping

2. The King's and Regimental Colours will be uncased and held, within the Unit Lines, when not required on parade, with the following exceptions:

- a. they may be uncased and displayed in the Officers' Mess on the occasion of Regimental functions;
- b. they may be uncased and displayed behind the head table in the Warrant Officers & Sergeants' Mess on the occasion of a Regimental Mess Dinner;
- c. with the prior approval of the CO, the Colours may be uncased and displayed in the Warrant Officers and Sergeants Mess prior to the Trooping, as the senior CSM and/or escort are entrusted to have the Colours on parade. This symbolizes the trust, honour and responsibility placed on our soldiers; and
- d. they may be uncased and displayed in a location approved by the CO on the occasion of an All Ranks' Celebration.

Escorts

3. The custody, control and maintenance of the Colours when being escorted shall at all times are the responsibility of the Senior Subaltern of the Regiment.

4. Except as outlined below, the Colours will always be moved under an armed Colour party consisting of:

- a. the Senior Subaltern carrying the King's Colour and in command of the party, on the right;
- b. the Junior Subaltern carrying the Regimental Colour, on the left;
- c. one Master Warrant Officer and two Warrant Officers, Sergeants or Master Corporals to perform the role of armed escorts;
- d. two Sergeants or below, to uncase the Colours; and
- e. when only one Colour is being moved, the party will consist of one officer and two escorts.

5. During traditional ceremonial parades (Trooping, Freedom of the City, Change of Command parades), the senior CSM shall be the senior

escort. However, at the discretion of the CO, selected MWOs and WOs may be used as the senior escort for battalion parades when the Colours are paraded. This will ensure continuation of the high standard of dress and drill.

6. When the Colours are removed from the Unit Lines for shipment, repair, cleaning or alteration, an armed escort is not required. On such occasions, the CO shall ensure the safe custody of the Colours.

Displaying Colours

7. The procedure of positioning the Colours is as follows:
- a. the Colours should be mounted with the Colour pikes crossed so that the King's Colour is in front of the Regimental Colour and on the left as viewed from the front. The reverse of the King's Colour and the obverse of the Regimental Colour will be seen from the front when Colours are uncased for display purposes; and
 - b. when Colours are placed on a pile of drums the same procedure is followed as detailed above.
 - c. while displayed encased in unit lines, compliments are not mandatory, unless the display is in a designated attention area. (At present the area in which the colours are displayed is not an attention area).

Uncasing the Colour(s)

9. The following drill procedure is to be used as a guide for the uncasing and casing of the Colour(s). The following references refer to both the King's and Regimental Colours being on parade:

- a. the uncasing NCOs or soldier will march three paces in rear of the Colour Party;
- b. when the Colour Party has been halted, at the place designated for the uncasing of the Colours, on the Senior Subaltern's order, "Uncase the Colours", the uncasing NCOs will turn outward and move, by wheeling, to a position five paces in front of and facing their respective Colour, halt and salute. They are, at this point paying the normal compliment due to the officers carrying the cased Colours. On the completion of the salute they will take one pace forward and bring the left forearm up to a position parallel to the ground. Once the NCOs have completed their movements, the Colour Officers will lower the Colours until the pikes are parallel to the ground and the top of the pikes are in the left hands of the NCOs;
- c. the cases will then be untied and removed in unison, and then draped over the left arms of the NCOs, with the brass heads on the left side;

- d. once the cases have been removed and the Colours dressed in their present positions, the NCOs will return to their position at the head of the pike. The Senior Subaltern shall order "Present Arms".
- e. on a signal from the Senior Subaltern, the Colours will be raised to the position of the "Order". The uncasing NCOs will assist by giving a small upward flick of the wrist with no appreciable movement of the left forearm. They will then move forward three paces and "Dress the Colours", and then return three paces in front of and facing their respective Colour. The Senior Subaltern shall order "escort, shoulder arms". On the last movement of the shoulder arms, the NCOs or soldiers shall salute, turn outwards, wheel around to the rear of the Colour Party and march shoulder to shoulder until clear of the uncasing area. They should then be dismissed until required to "Case the Colours".

Casing the Colour(s)

10. The procedure for casing of the Colours will be in the reverse to that detailed for uncasing with the following points to be noted:

- a. if both Colours are on parade, both Colours will be cased simultaneously; and
- b. the procedure to be followed for folding the Colour(s) is as follows:
 - (1) with the Colour Officer assisting, the outer fringe is brought up on the officer's left, until it has just overlapped the pike. The outer edge of the remainder of the Colour is then brought up in the same manner. This is repeated until approximately six inches of the Colour is left showing as it lies on the pike;
 - (2) the tasselled cords are then wrapped around the Colour, three times, starting at the right side of the casing NCOs, until the tassels are laying on the bottom of the Colour where they will be held by the Colour Officer; and
 - (3) the case is then slid over the Colour.

Annex B
Chapter 2

Displaying the Colours in the Messes or at Unit Functions

1. Regimental Colours may be displayed in the Officers' Mess, Warrant Officers' and Sergeants' Mess during formal functions or at any other formal functions if authorized by the CO.
2. When such authority is granted, a Colour Party will be formed and will escort the Colours to and from the function.

Procedure

3. Under command of the senior subaltern, the Colour Party will remove the Colours from the Unit Lines.
4. If the weather is inclement, or the distance too great, the Colour Party will travel by vehicle, otherwise, the Colours will be marched to the function.
5. If the Colours are dressed in a display case in the Unit Lines, they may be so removed and marched to the function. If the Colours are cased, the Colour orderlies will join the Colour Party at the function where the uncasing drill will be carried out.

Arrival at the Destination

6. The Colour Party will form at the entrance of the function and either carry on with the uncasing drill or proceed directly to the place where the Colours are to be lodged for display.

Displaying the Colours

7. During the function, the stand of Colours will be displayed behind the head table.
8. The Master Warrant Officer of the Colour Party will sit at the end of the head table opposite the PMC.
9. The remainder of the Colour Party will take their places as directed by the PMC. The Colour Party may return to their messes or other location to await the call to retrieve the colours.

After the Function

10. At an appropriate moment after the function, the CO or the Regimental Sergeant-Major will order the Colours be returned to the Unit Lines.

11. The Colour Party will then remove the Colours and, if necessary, reform at the function entrance for casing. The Colours will then be marched to the Unit Lines for lodging.

Chapter 3

Insignia and Music

Section 1 – Insignia

301. Armorial Bearing and Cap Badge



DESCRIPTION OF ARMORIAL BEARINGS

Two sprays of thistle supporting a scroll in the shape of a pointed arch, bearing the designation THE ESSEX AND KENT SCOTTISH; across the thistles a scroll bearing the motto SEMPER PARATUS; in the center a shield bearing in chief three seaxes bar wise (alluding to the arms of the county council of Essex) in base the white horse of Kent; the whole surmounted by a lion's head erased. These armorial bearings form the basis for our cap badge, seen on the left. The cap badges are metal, with the NCMs wearing a silver coloured cap badge; and the officers, the RSM and the PM wearing a gold coloured cap badge.

302. Collar Dog

The Collar Dogs are two lion's heads facing each other on the lapel of the service dress jacket. They are silver in colour for NCMs, and gold in colour for officers, CWO and PM.



303. Regimental Coin

The Regimental Coin can be carried by anyone who is currently serving in The Essex and Kent Scottish or anyone who has served in the Regiment. The Regimental Coin is also given to members of Delta Company upon induction. One side of the coin has the cap badge, and the other has the lion's head. There is a spot for engraving.



304. Accent Colours of the Regiment

1. The official colours of The Essex and Kent Scottish, approved by the Regimental Senate on 05 September 2008 are:
 - a. Maple Leaf Red - RGB 255 6 0, CMYK 0 94 100 0, PANTONE 2347 C
 - b. French Grey - RGB 191 191 192, CMYK 0 0 0 27, PANTONE P 179-4 C
 - c. Midnight Blue (facing of the Regiment's Colours) - RGB 27 32 113, CMYK 100 0 0 43, PANTONE 662 XGC. (Ch8)

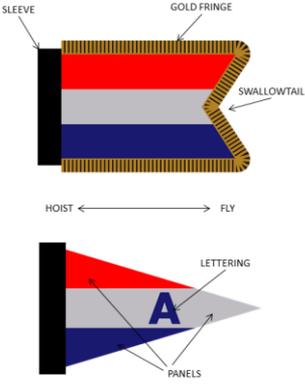
305. The Essex and Kent Scottish Camp Flag

The Camp Flag includes the original Royal Blue and Red of The Essex Scottish and the Royal Blue and French Grey of The Kent Regiment, with The Essex and Kent Scottish cap badge emblazoned on the three colours. This Camp Flag was approved by the Regimental Senate on 05 September 2008. Full-size and miniature camp flags will have standard proportions of two by length and one by width and manufactured without a fringe or piping. (Ch7)



306. Vehicle Pennants

1. On 14 October 2017 the Senate approved the regimental pattern and appointments authorized to have a vehicle pennant. The pennant components and description are shown.

PENNANT COMPONENTS	PENNANT DESCRIPTION
	<p>CONSTRUCTION. PENNANT TO BE MADE OF TWO REVERSE SIDES SEWN TOGETHER WITH THE OVERLAP OF MATERIAL ON THE INSIDE. THE THREE PANELS ARE TO BE OF AN EQUAL SIZE OF 7.5 CM IN THE ACCENT COLOUR OF THE REGIMENT.</p> <p>SLEEVE. 10 CM SLEEVE EXTENDING 1.3 CM ABOVE AND BELOW THE PENNANT. THE OPENING OF THE HEM IS TO FACE THE FLAG AND IS CONSTRUCTED TO ACCEPT A PIKE OF 2.5 CM IN DIAMETER. THERE ARE NO TIES ON THE VEHICLE PENNANT.</p> <p>LETTERING. NOT TO EXCEED 6.5 CM IN HEIGHT AND SHOULD BE CUT FROM THE SAME MATERIAL AS THE BLUE PANEL.</p> <p>COLOURS. FROM TOP TO BOTTOM THE PANEL MATERIAL COLOURS TO BE SELECTED ARE: RED – RGB 255, 0, 0 GREY – RGB 191, 189, 193 BLUE – RGB 25, 25, 112</p> <p>GOLD FRINGE. 2.5 CM GOLD FRINGE SEWN INTO THE SEAM OF THE PENNANT WHEN THE TWO SIDES ARE SEWN TOGETHER.</p> <p>MATERIAL. TO BE MADE OF A QUALITY MATERIAL SIMILAR TO BLUNTING WITH A MATTE FINISH. THE SLEEVE SHOULD BE MADE OF A BLACK LEATHER OR SIMILAR THICK MATERIAL.</p> <p>CINCPYPHER. MAX HEIGHT 6.5 CM BUT TO BE EMBROIDERED IN BLUE THREAD ON THE GREY PANEL</p>

(Ch8)

2. See Annex A for the style of the appointment pennants. The pennant of the Colonel-in-Chief is the same as the Honorary Colonel but with the cypher of the current CinC, HRH Prince Michael of Kent on the grey band. (Ch8)

307. Heraldic Wall Shield

On 1 April 2017 the Senate approved the regimental Wall Shield described as the regimental badge from the Public Register of Arms, Flags and Badges, embossed on a shield coloured with the accent colours of the Regiment arranged vertically, displayed on a mahogany wood plaque with a scroll beneath titled “The Essex and Kent Scottish”. The shield overall measures 6” wide by 7” tall and the accent colour insert measures 3 ½” by 4 ½”.



(Ch8)

Section 2 – Marches, Calls and Songs

308. Regimental Marches

1. The Quick March is a medley of *The Highland Laddie* and *A Hundred Pipers*. The Quick March should be played in full version or in a shortened version. When that is not possible in keeping with the order of our march, Highland Laddie is played for march in and A Hundred Pipers for march out. Members of the Regiment should stand whenever and wherever the Regimental March is played. See Annex B.
2. The Slow March – *The Essex and Kent Scottish Slow March*. See Annex C.
3. The Colonel-in-Chief's March – *The Essex and Kent Scottish Welcome to HRH Prince Michael of Kent*. See Annex D. (Ch1)

309. Other Marches, Calls and Songs

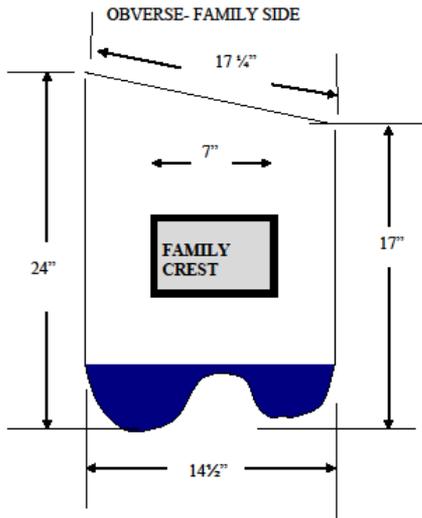
1. Company Marches:
 - a. Headquarters Company - *Meeting of the Waters*
 - b. "A" Company - *Atholl Highlanders*
 - c. "B" Company - *All the Blue Bonnets are over the Border*
 - d. "C" Company - *Queen Elizabeth's March*
 - e. "D" Company - *Macdonald's Awa' tae the War*
2. Duty Calls: In a Highland Regiment, the pipes replace the bugle. Just as there are definite bugle calls for each duty or parade, so there are standard Highland numbers played throughout the daily routine. While many of these tunes are often not played, they are recorded here as a historical record.
 - a. Reveille - *Johnny Cope*
 - b. All Meals - *Brose and Butter*
 - c. Half Hour Dress - *MacKenzie Highlanders*
 - d. Quarter Hour Dress - *Greenwood Side*
 - e. Officers' Mess - *Bannocks O' Barley Meal*
 - f. WO & Sergeants Mess - *Caller Herrin'*
 - g. Fall In – *Piobreachd O' Donald Dubh*
 - h. Fall In Officers - *Queen Elizabeth March*
 - i. Colours On/Off Parade - *Regimental March Medley*
 - j. Regimental Charge - *Because He was a Bonnie Lad*
 - k. Advance in Review Order - *Scotland The Brave*
 - l. Royal Salute – *Mallorca*
 - m. Vice Regal Salute - *Mallorca/O Canada*
 - n. General Salute - *Loch Leven Castle*
 - o. Marching Off & Toast Highland- *Black Bear*
 - p. Dispersal from Parade - *Happy We've Been A' Together*
 - q. Staff Parade - *Bonnie Dundee*
 - r. CO's Orders - *A Man's A Man For A' That*
 - s. Retreat - *Green Hills of Tyrol*
 - t. First Post - *Sir Colin Campbell*
 - u. Last Post - *My Home*

- v. Lights Out - *Mist Covered Mountains*
 - w. Marching Out a CO - *Will Ye No Come Back Again*
 - x. Marching Out a Pipe Major - *Happy We've Been A' Together*
 - y. Entering a Station/Barracks – *CaberFeidh*
 - z. Leaving a Station/Barracks – *The 79th Farewell to Gibraltar*
 - aa. Lament - *Flowers of The Forest (Ch8)*
3. Commemorative Marches:
- a. *Major F.A. Tilston, VC March* (played at the Battle of The Hochwald Dinner to commemorate Major F.A. Tilston's Victoria Cross). See Annex E.
 - b. *Groningen Bridge* (commemorates the taking of the bridge at Groningen, Holland in 1945) (Ch1)
4. Historical Songs:
- a. *The Essex Scottish Song*. See Annex F.
 - b. *The Kent Regiment Marching Song*. See Annex G (Ch8)

Section 3 – Pipe Banners

310. Description

The Regimental Senate in 2008 approved a pipe banner of Royal Blue with a Gold bullion fringe, the REVERSE side would have an embroidered E&K Scot badge in Gold bullion and coloured silks; the OBVERSE side would have an embroidered family crest or personal coat of arms in Gold bullion and coloured silks. (Ch1)



Measurements do not include a 1" fringe on three sides

311. Authorization

Pipe Banners in the regimental pattern are authorized for the Colonel-in-Chief, past COs, past honoraries, current CO and the current honouraries. All others require the prior approval of the Regimental Senate and are generally limited to people, organizations and municipalities who have provided exemplary service and honour to the Regiment. Once donated the pipe banners become Association property. (Ch5)

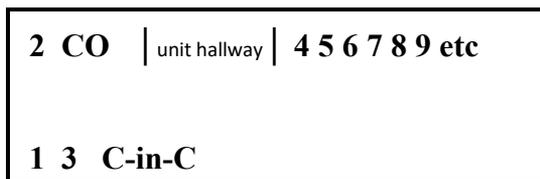
312. Current Pipe Banners

- a. Lieutenant Colonel A.S. Pearson (presented 1942);
- b. Colonel W.L. McGregor (1951);
- c. The Kent Regiment Association (2000);
- d. Lieutenant-Colonel M.W. Brause (2011); (Ch1)
- e. Major G.G. Mardling (2012); (Ch2)
- f. Lieutenant-Colonel P.J. Ryan (2012); (Ch2)
- g. Colonel W.R. Martin (2013); (Ch4)
- h. Lieutenant-Colonel I.F. MacDonald (2013); (Ch4)
- i. Lieutenant-Colonel F.H. Wheeler (2014); and (Ch6)
- j. Lieutenant-Colonel P.A. Berthiaume (2014). (Ch6)
- k. Lieutenant-Colonel J.C. Hodgins (2015) (Ch8)
- l. HRH Prince Michael of Kent (2015) (Ch8)

313. Display of Pipe Banners

The pipe banners are arranged by seniority except the current CO's is positioned in a place of prominence as shown. (Ch1)

C
O C
L A
O S
U E
R
S



(Ch6) *main hallway
entrance*

314. Protocol for Carrying Pipe Banners

- a. Pipe Banners are kept and carried in a strict order of precedence based on the seniority from past to present that the person assumed their appointment whether as CO or honorary; and the seniority of the piper. Other pipe banners have seniority from date of presentation.
- b. Pipe banners are **kept** in unit lines based on the order of seniority although the Colonel-in-Chief and current CO have designated positions.
- c. Pipe Banners are **carried** on the base drone of the Great Highland Bagpipe in the following order and dependent on the number of pipers present:

- (1) Pipe banners MUST be carried when Colours are carried; and MAY be carried without Colours at parades and dinners when medals are worn.
 - (2) Pipe banners are never carried in combat dress, Service Dress 3A, 3B or 3C unless Colour(s) are ordered on parade by the CO.
 - (3) Pipe banners are never carried when the Pipes and Drums are at an event alone without members of the Regiment present in uniform.
 - (4) The pipe banner of the Colonel-in-Chief is only carried when he is present at a Regimental parade, occasion or dinner and only by the Pipe Major.
 - (5) The current Commanding Officer's (CO) pipe banner is carried by the Pipe Major. The only exception is when the Colonel-in-Chief is present when it is carried by the next senior piper.
 - (6) Pipe banners of those present at the regimental event.
5. At the request of the next-of-kin a pipe banner may be carried at the funeral of the deceased. (Ch6)

Section 4 – Drum Major

315. Baldric

A new embroidered Drum Major's Baldric was received in 2025 and shows the cypher of King Charles III and the 24 Battle Honours emblazoned on the Regimental Colour. It is worn over the left soldier. It remains as Association property.



(Ch10)

316. Mace

The Drum Major's Mace was presented to the 2nd Battalion, The Essex and Kent Scottish in 1963 by the Life Members of the Sergeants Mess, used by the 2nd Battalion until 1965 and adopted for use by the Regiment in 2021. It remains as Association property.



(Ch9)

Annex A
Chapter 3

Vehicle Pennants



HONORARY COLONEL



HONORARY LEUTENANT COLONEL



COMMANDING OFFICER



REGIMENTAL SERGEANT MAJOR



DEPUTY COMMANDING OFFICER



ADJUTANT



OPERATIONS OFFICER



OFFICER COMMANDING
(COY TEXT A, B, C, D, HQ)

Annex B
Chapter 3

The Essex and Kent Scottish Quick March
Part 1 - Highland Laddie

THE HIGHLAND LADDIE



The image shows a musical score for 'The Highland Laddie' in 2/4 time. It consists of four staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The music is a quick march, characterized by its rhythmic patterns and the use of eighth and sixteenth notes. The score is presented in a standard musical notation format with a light green background.

Where ha' ye been a' the day?
Bonnie laddie, Hielan' laddie
Saw ye him that' far awa'
Bonnie laddie, Hielan' laddie

On his head a bonnet blue
Bonnie laddie, Hielan' laddie
Tartan plaid and Hielan' trews
Bonnie laddie, Hielan' laddie

When he drew his gude braid-sword
Then he gave his royal word.
Frae the field he ne'er wad flee
Wi' his friends wad live or dee.

Geordie sits in Charlie's chair
But I think he'll no bide there.
Charlie yet shall mount the throne
Weel ye ken it is his own.
(Ch1)

The Essex and Kent Scottish Quick March
Part 2 - A Hundred Pipers



(Ch4)

Wi' a hundred pipers, a' a', an' a',
 Wi' a hundred pipers, a' a', an' a',
 We'll up an' gie them a blaw, a blaw
 Wi' a hundred pipers, a' a', an' a'.
 O it's owre the border awa', awa'
 It's owre the border awa', awa',
 We'll on an' we'll march to Carlisle
 ha'
 Wi' its yetts, its castle an' a', an' a'.

CHORUS:

Wi' a hundred pipers, a' a', an' a',
 Wi' a hundred pipers, a' a', an' a',
 We'll up an' gie them a blaw, a blaw
 Wi' a hundred pipers, a' a', an' a'.
 Oh! our sodger lads looked braw,
 looked braw,
 Wi' their tartan kilts an' a', an' a',
 Wi' their bonnets an' feathers an'
 glitt'rin' gear,
 An' pibrochs sounding loud and clear.
 Will they a' return to their ain dear
 glen?
 Will they a' return oor Heilan' men?
 Second sighted Sandy looked fu' wae.
 An' mithers grat when they march'd
 away.

CHORUS:

Oh! wha' is foremos o' a', o' a',
 Oh wha' is foremost o' a', o' a',
 Bonnie Charlie the King o' us,
 hurrah!
 Wi' his hundred pipers an' a', an' a'.
 His bonnet and feathers he's waving
 high,
 His prancing steed maist seems to fly,
 The nor' win' plays wi' his curly hair,
 While the pipers play wi' an unco
 flare.

CHORUS:

The Esk was swollen sae red an' sae
 deep,
 But shouter to shouter the brave
 lads keep;
 Twa thousand swam owre to fell
 English ground
 An' danced themselves dry to the
 pibroch's sound.
 Dumfoun'er'd the English saw, they
 saw,
 Dumfoun'er'd they heard the blaw,
 the blaw,
 Dumfoun'er'd they a' ran awa', awa',
 Frae the hundred pipers an' a', an' a'.

CHORUS:

Annex C
Chapter 3

The Essex and Kent Scottish Slow March

Pipe Major A.B. Clark
July 1997

The image shows a musical score for a slow march. It consists of four staves of music written in a single system. The music is in 2/4 time and features a complex melodic line with many grace notes and slurs. The notation is in a single clef (treble clef) and includes various rhythmic values such as eighth and sixteenth notes, as well as rests. The score is presented in a clean, black-and-white format.

Annex D
Chapter 3

The Colonel-in-Chief's March

The Essex And Kent Scottish Welcome To HRH Prince Michael Of Kent KCVO



Written by Pipe Major A.B.Clark CD in honour of receiving HRH the Duke of Kent as Colonel in Chief of the Regiment, Nov. 2001

Annex E
Chapter 3

Major F.A. Tilston, VC March

F.A. Tilston VC

Colonel Tilston V.C.

1-3
P/Sgt. A.B. Clark
1st Bn. Pipes & Drums
E & K Scott

The image shows a page of musical notation for a march titled "Colonel Tilston V.C.". The score is written in treble clef with a 2/4 time signature. It begins with a handwritten signature "F.A. Tilston VC" in the top left corner. The title "Colonel Tilston V.C." is printed in a bold, serif font. To the right of the title, the number "1-3" is written, followed by the names "P/Sgt. A.B. Clark" and "1st Bn. Pipes & Drums" on two lines, and "E & K Scott" on a third line. The music itself consists of several staves. The first staff contains the beginning of the piece. The second staff is labeled "2. of 2" and continues the melody. The third staff has two first endings, labeled "1." and "2.", which lead to different parts of the piece. The fourth staff is labeled "1. of 2" and continues the main melody. The remaining staves (5, 6, 7, and 8) continue the piece with various rhythmic patterns and repeat signs. The notation includes eighth and sixteenth notes, rests, and repeat symbols.

Annex F
Chapter 3

The Essex Scottish Song

WWII SONG **THE ESSEX SCOTTISH SONG**

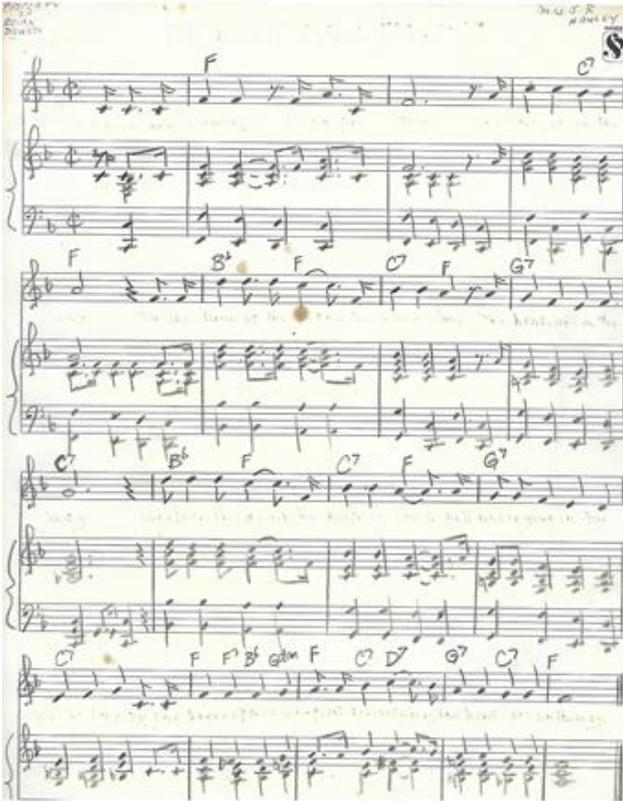
The image shows a musical score for 'The Essex Scottish Song'. It consists of four staves of music. The first staff is the melody, and the following three staves are accompaniment. The music is in 2/4 time and G major. The melody starts with a quarter note G, followed by a quarter note A, a quarter note B, and a quarter note C. The accompaniment consists of a steady eighth-note pattern in the right hand and a bass line in the left hand. The score ends with a double bar line.

Music arrangement by PMaj R. Irvin

We're the Essex Scottish
loyal and true.
We come from Windsor,
How do you do,do,do,do,do,do,do,do?
We are glad to see you
Hope you are well
We will be with you on the road to Hell.

Annex G
Chapter 3

The Kent Regiment Marching Song



Music: Mr. Bob Jacks

Words: Mrs. Elanor Hanley

The Kent's are coming,
A thousand strong,
The Kent's are on the way.
To the tune of the pipes
We march along
The Kent's are on the way.
Whether the road be rough or long,
We'll never give in
For we belong
to the breed of men
Who fight against wrong,
The Kent's are on the way.

Chapter 4

Unit Fund

Section 1 – Name and Purpose

401. Name

The Essex and Kent Scottish controls Non Public Funds (NPF) through the Unit Fund.

402. Purpose

The Unit Fund controls NPF Grants for band and regimental kit, any donations for the gift fund, all unit level run NPF functions, and any contributions given by donors that are strictly for the use of the unit in paying for unit sponsored activities, events or regimental clothing. This fund does not include funds that are controlled by The Essex and Kent Scottish Regiment Association or the Scottish Borderers Foundation. (Ch10)

Section 2 – Organization and Duties

403. NPF Unit Fund Committee

The Committee is formed on behalf of the CO to monitor the budget and expenditures of the Unit Fund. It is chaired by a serving Senior Officer of the Regiment, must have at least one Senior NCO, one Junior NCO, the PMC of the Chatham Officers and Senior NCOs Mess, the PMC of the Chatham Junior Ranks Mess, and the Pipe Major. The Unit Chief Clerk acts as the Unit NPF advisor for the Unit Fund Committee. The RSM acts as an ex-officio and advisor to the Committee. The Regiment has a bookkeeper who provides statements for the Unit Fund, assists in handling sales tax returns, and helps with the annual audit of the Unit Fund.

404. Duties of the Unit Fund Committee

These are the major duties of the Committee:

- a. develops the annual budget for the Unit Fund for the approval of the CO;
- b. ensures that the NPF regulations are being followed in the handling of the funds;
- c. receives and reviews the financial statements from the bookkeeper;
- d. receives requests and also plans expenditures of the Unit Fund;
- e. provides written minutes for all their meetings; and
- f. provides assistance to the Unit Fund NPF Audit Team on their annual preparing of the Audit Report for the CO's signature, before being forwarded to the 31 CBG Comptroller.

Section 3 – Unit Fund NPF Audit Team

405. Organization.

The Unit Fund NPF Audit Team will consist of one Senior Officer, one Junior Officer and one Senior NCO. The members of the Audit Team cannot be members of the Unit Fund Committee. They will be supported by the bookkeeper, the Unit NPF Adviser (normally the CC), and by the Unit Fund Committee.

406. Annual Audit

The Unit Fund NPF Audit Team will be formed in April, just after the end of the NPF fiscal year (1 April – 31 March), and will complete their Annual Audit report by NLT end June of each year. They are responsible to conduct an audit on the following three areas:

- a. the Unit Fund;
- b. the Chatham Officers and Senior NCOs Mess; and
the Chatham Junior Ranks Mess.

Chapter 5

Awards

Section 1 – Purpose and Scope

501. Awards

1. The awards system recognizes that many deserving members of the Regiment have, or will, receive due recognition through the existing Canadian Forces award system. Those special and unique achievements which are of a primary significance to the Regiment however will receive appropriate consideration for a regimental award in one of the described categories.

2. The award recipient receives a personal plaque while the regimental trophy remains with the unit, on display for the year.

Section 2 – Awards Committee

502. Awards Committee

1. The Awards Committee is chaired by the CO, the Adjutant as secretary, and the members are the DCO, RSM, Pipe Major, OCs, and CSMs.

2. It will meet in November to consider the nominations for all awards.

Section 3 – Annual Awards

503. Colonel F.A. Tilston, VC Award of Merit

1. Major Frederick Albert Tilston won his Victoria Cross while serving as “C” Company Commander of The Essex Scottish. The Victoria Cross is the highest award in the British Commonwealth for valour, thus it was deemed fitting to name the premier regimental award after Major Tilston.

2. All serving members of the Regiment are eligible for the Tilston Award. Nominations may be submitted by any member to the Awards Committee.

3. Criteria for consideration are:

- a. attendance at unit training exercises;
- b. performance on courses;
- c. self improvement (military, civilian, educational, primary employment training);
- d. support of regimental activities;
- e. establishing a regimental footprint within one or more of our communities;
- f. exemplary performance to the Regiment both on and off duty. (Ch8)



(Ch 10)

504. Most Proficient Sergeant

1. The Essex Scottish Badminton Club Championship Ladies Singles Trophy was first presented by Lt. Col. A.C.Prince, VD in 1934 and redesignated as the Most Proficient Sergeant Award in 2010. (Ch1)

2. Chain of Command may submit nominations to the Awards Committee.

3. Criteria for consideration are:

- a. attendance at regimental and other training events;
- b. qualifications;
- c. performance on courses;
- d. demonstrated leadership;
- e. performance in the field, including fitness;
- f. readiness/willingness to serve on extra-regimental taskings;
- g. completion of mandated training.



505. Most Proficient Master-Corporal

1. The Tip Top Tailor Trophy for No. 12 Training Centre – Company Champion Track and Field was first presented in 1941 and redesignated as the Most Proficient Master-Corporal Award in 2010. (Ch1)
2. This award was established in 2003. Chain of Command may submit nominations to the Awards Committee.
3. Criteria for consideration are:
 - a. attendance at regimental and other training events;
 - b. qualifications;
 - c. performance on courses;
 - d. demonstrated leadership;
 - e. performance in the field, including fitness;
 - f. readiness/willingness to serve on extra-regimental taskings;
 - g. completion of mandated training.
(Ch8)



506. Most Proficient Corporal

1. The R.G. Hervey Trophy was won by B Company, 2nd Battalion Canadian Machine Gun Corps for Inter-Battalion Competition in 1936 and redesignated the Most Proficient Corporal Award in 2010. (Ch1)
2. This award was established in 2003. Chain of Command may submit nominations to the Awards Committee.
3. Criteria for consideration are:
 - a. attendance at Regimental and other training events;
 - b. qualifications;
 - c. performance in the field, including fitness;

- d. readiness/willingness to serve on extra-regimental taskings;
- e. completion of mandated training (Ch8)



507. Most Proficient Private

- 1. The C.D. McPherson Trophy was first presented in Chatham in 1937 and redesignated the Most Proficient Private Award in 2010. (Ch4)
- 2. Chain of Command may submit nominations to the Awards Committee.
- 3. Criteria for consideration are:
 - a. attendance at Regimental and other training events;
 - b. qualifications;
 - c. performance in the field, including fitness;
 - d. readiness/willingness to serve on extra-regimental taskings;
 - e. completion of mandated training. (Ch8)



508. Pipe-Major Jock Copland, MBE, EM Regimental Piper / Drummer Award

1. The Maxwell Cleaners Trophy presented at the Chatham Kiltie Band Tattoo in 1939 was redesignated the Pipe Major Jock Copland, MBE, EM Regimental Piper/Drummer Award in 2010. (Ch1)

2. The Pipe Major will submit nominations for the piper and drummer to the Awards Committee.

3. Criteria for consideration are:

- a. musical proficiency;
- b. dedication;
- c. leadership;
- d. helping to establish our regimental footprint in our communities. (Ch8)



Section 4 – Regimental Competitions

509. Top Marksman The Essex & Kent Scottish

Criterion for consideration is attaining the best score on the annual personal weapons test level 3 qualification. Where there is a tie all names shall be recorded on the trophy.

510. Annual Inter-Ranks Ball Hockey Trophy

1. The Inter-Unit Challenge Trophy was first presented in 19xx and redesignated as The Col. E.M. Ansell, OBE, MC, VD Trophy in 2016 as the Annual Inter-Ranks Ball Hockey Championship.
2. The competition usually takes place in December. (Ch8)



Section 5 – Scrolls, Presentations and Certificates

511. Honorary Departure Scroll

An outgoing Honorary Colonel and Honorary Lieutenant-Colonel is presented with a unique regimental scroll, personally signed by our Colonel-in-Chief, for their voluntary service to the Regiment at a suitable public event.



(Ch10)

512. CO and RSM Departure Presentation

In 2002 it was decided to standardize the presentation to a Commanding Officer and Regimental Sergeant Major at the end of their term with a framed embroidered miniature stand of the Regiment's Colours.



(Ch10)

513. Regimental Certificates

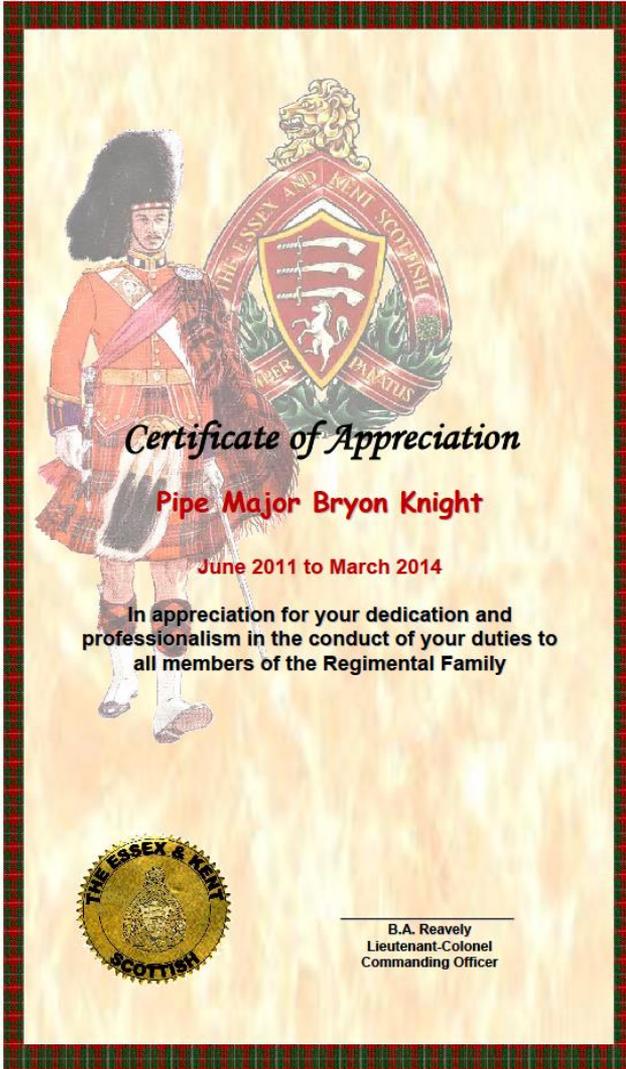
1. Certificates are presented on the following occasions:
 - a. Certificate of Service (not presented unless DP1 or CAP has been completed) - Annex A;
 - b. Certificate of Appreciation – Annex B;
 - c. Combat Death Scroll - Annex C;
 - d. Non-Combat Death Scroll - Annex D;
 - e. Change of Command Certificate - Annex E;
 - f. Certificate of Celebration – Annex F. (Ch8)

Certificate of Service

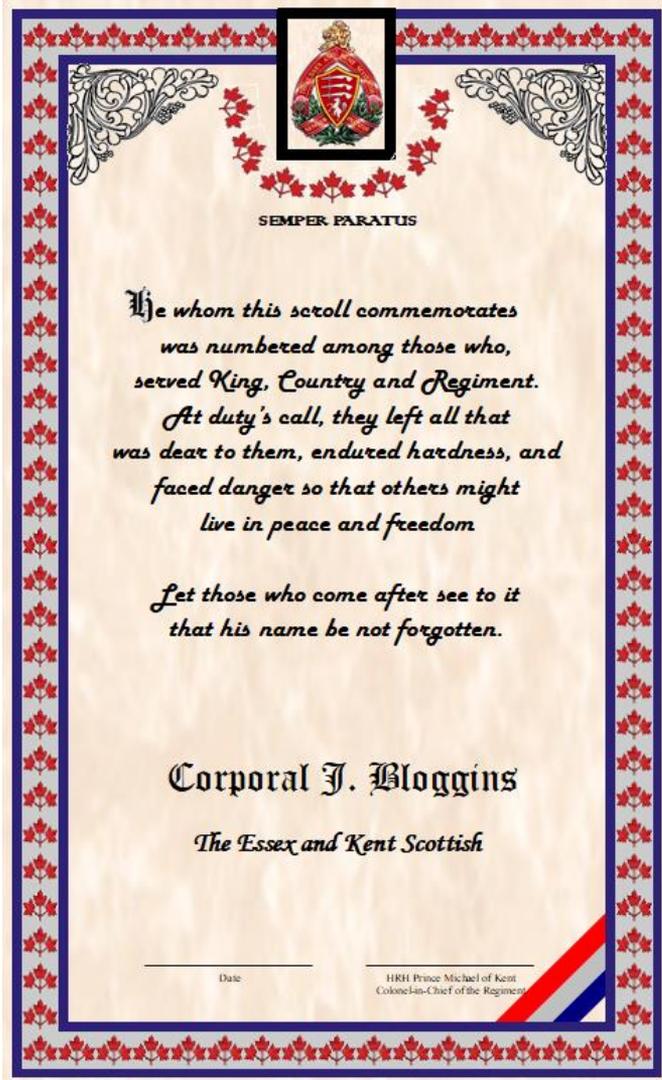


(Ch6)

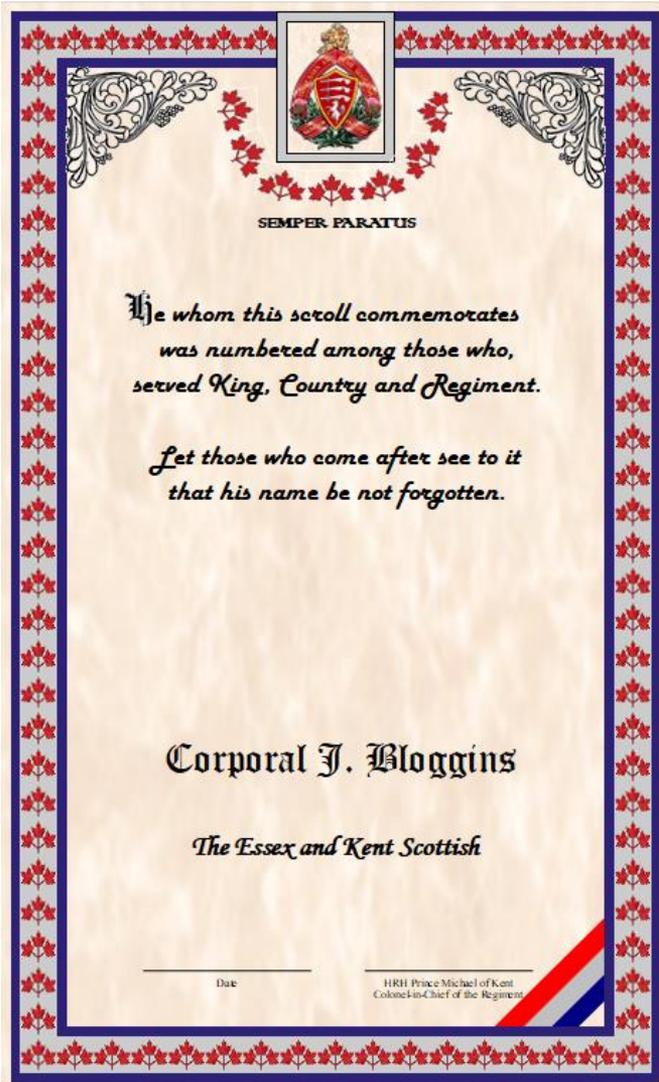
Certificate of Appreciation



Combat Death Scroll



Non-Combat Death Scroll



Change of Command Certificate

**The Essex and Kent Scottish
Certificate
Of
Change of Command**

I hereby hand over Command of
The Essex and Kent Scottish
To

Lieutenant-Colonel C. van den Berg, CD

Lieutenant-Colonel J. G. Prentice, MB, CD
Outgoing Commanding Officer

I hereby accept Command of
The Essex and Kent Scottish
From

Lieutenant-Colonel J. G. Prentice, MB, CD

Lieutenant-Colonel C.A. van den Berg, CD
Incoming Commanding Officer

I hereby certify that the handover between
Lieutenant-Colonel J. G. Prentice MB, CD, and
Lieutenant-Colonel C.A. van den Berg, CD, was conducted
in my presence at the Major F.A. Tilston, VC Armoury,
Windsor, ON, this twenty-seventh day of September 2025.

B.D. Ashford, CD
Colonel
Commander 31 Canadian
Brigade Group

M. P. Robinson, CD
Honorary Colonel
The Essex and Kent Scottish

Certificate of Celebration



Chapter 6

Mess Life, Mess Dinners and Etiquette

Section 1 – Introduction/ Purpose of Mess Life

601. Introduction

The Mess life in the military has been a focal point where Officers and NCMs have developed their etiquette skills, built a sense of bonding and comradeship and where traditions of the service and guarding those traditions have been honed. As the social focal point, it is also important to hold functions in a Mess, steeped in tradition, to understand and appreciate the history of The Essex and Kent Scottish.

Section 2 – Membership in Messes / Mess Dues

602. Membership

As dictated by QR&O and CFAO, it is mandatory to be a member of a Mess, whether you are a Private, Junior NCO, Senior NCO or Officer. Commensurate with that is the responsibility to pay Mess dues and to support the Messes.

603. Activities in the Mess

There will be a number of activities and functions that will occur in a Mess. Members are encouraged to attend these functions, but there may be occasions where the CO and/or the RSM may determine that a function is mandatory to attend. Consumption of alcoholic beverages within the Mess is not mandatory. All members of the Regiment should be prepared to do their part to support their Messes.

604. Mess Dues

Each Mess will assess dues for their members on a monthly basis. The member has the choice of either having their Mess Dues paid monthly by a pay allotment, or they can render payment by cheque. Mess Dues are not an option, and all members are expected to ensure that their Mess Dues are paid on time. Failure to do this will result in the CO being informed and administrative action taken against the member.

Section 3 – References

605. References

1. *Customs of the Services* by Group Captain A.H. Stradling, 085, Royal Air Force, published by Gale and Poldem Ltd., Aldershot, Hapshire, England, is recommended reading for all Officers upon being commissioned. Among the topics covered are:

- a. The Officers' Mess;
- b. Discipline;
- c. Relationships between officers and men; and
- d. Social responsibilities –
 - (1) Calling,
 - (2) Invitations,
 - (3) Correspondence, and
 - (4) Rules for Introductions.

2. Also recommended is *Customs and Traditions of the Canadian Armed Forces* by E.C. Russell.

Section 4 – Dress in the Mess

606. Dress

1. Officers and Senior NCOs have always maintained a high standard of uniform and personnel dress. There are dress standards that should always be maintained, and each Mess has their own particular dress code. Having stated that, the following provides a good guideline for dress:

- a. Uniform. The proper dress of the day is appropriate in the Mess during working hours, unless a function is being conducted that demands a different or higher level of dress.
- b. Civilian Clothes. A high standard of dress is expected in the Mess at all times unless otherwise specified. The following general rules apply:
 - (1) Civilian clothes will usually consist of sports jacket, shirt and tie; Regimental blazer with grey flannel trousers, shirt and regimental tie; or at least dress pants and golf shirt;
 - (2) A combination of civilian and military pattern clothing will not be worn;
 - (3) Jeans or sportswear will only be worn for specific functions where the PMC and CO have approved.
- c. Formal Dress. For military members, formal dress will either be Mess Kit, Black Tie or Business Suit. For ladies it will be full gown or a formal style of dress.

Section 5 – CO and RSM in the Messes

607. Commanding Officer

The CO will always be addressed as “Sir” or “Colonel” in the Mess. When the CO enters any Mess, all personnel will rise and remain standing until invited to be seated.

608. Regimental Sergeant Major

The RSM will always be addressed as “Sir” or “RSM” in the Mess. When the Regimental Sergeant Major enters either the Warrant Officers & Sergeants’ Mess or the Junior Ranks’ Mess all personnel will rise and remain standing until invited to be seated.

Section 6 – Visitors and Hospitality

609. Guests

Every member of the Mess is a host to all guests and it is the responsibility of all members to make the visitors feel welcome in the Mess. Members will introduce themselves to visitors and ask to be of assistance. It is up to every member to ensure that mess guests are not neglected.

610. Introductions

1. It is the responsibility of all members to ensure that guests to the Mess are properly introduced to the members, and their ladies who are present. During introductions, both names must be given clearly. The following apply:

- a. a gentleman is introduced to a lady;
- b. a single woman to a married woman;
- c. a younger to an older man;
- d. a junior to a senior.

611. Leaving the Mess

At the conclusion of an evening’s festivities it is expected that all members will say “good night” to the CO, or RSM, or the President of the Mess Committee and any senior guests. At a formal function (Ball, Mess Dinner, etc.) members will NOT depart the Mess before the CO or senior guests have left. If it is necessary that an individual to depart earlier than the CO, he must first ask the CO’s permission to do so.

Section 7 – Dinners

612. General

A Mess Dinner differs from most Mess functions in that they are more than social gatherings, they are in fact parades. Invitations will normally state “1930 for 2000 hours”, or similar times, which indicates that all members and guests are expected to be at the Mess for pre-dinner drinks commencing at the first time, followed by moving into the dinner, shown as the second time.

613. Mess Dinner

A Mess Dinner is a formal dinner run by either the CO or the RSM for members of their Mess and is not attended by ladies / spouses or partners (unless they are members). Some guests may be invited to the dinner.

614. Mixed Dining-In

A dinner at which ladies / spouses or partners and other guests attend is referred to as a Mixed Dining-In.

615. Conduct of the Dinner

1. A detailed procedure for the planning and conduct of a Mess Dinner is attached as Annex A. This procedure was first approved by the Senate about 1970 and was updated by the Senate in 2011. (Ch1)
2. Invitations will be sent out for the Mess Dinner or Mixed Dining-In usually no later than six weeks in advance. Members are expected to RSVP by the date shown on the invitation. Once the members arrive, there will be a seating plan. In Mixed Dining-Ins, the member will host and escort the person to their right into the Dinner. Seating plans are designed and approved by the CO or the RSM and are not subject to change. Once the cocktail hour is finished, the following will occur during the dinner:
 - a. Traditional Bugle / Piper calls: Either a bugler or piper will sound the 30-minute call, 15- minute call and then the 5-minute call. This is to warn members and guests to prepare to enter the dinner and to use the washrooms, if required, before being seated. When it is time to enter the dinner, then a Piper or Bugler will play once more and the guests, under the direction of the VPMC, will stand in behind their chairs;
 - b. March In the Head Table: The PMC will arrange for the head table to be marched in and they will stand behind their chairs;
 - c. Grace: The PMC will call upon the Padre present to say Grace. In the absence of a Padre any member may be called upon to ask the blessing. The Regimental Prayer and / or The Selkirk Grace is most acceptable; (Ch1)

- d. Dinner: Members will then enjoy the dinner. Through the dinner, the PMC may introduce the head table and any other senior VIP guests. Prior to serving the main course, the Address to a Haggis is appropriate; (Ch1)
- e. Toasts: After the main course is completed and the dishes are cleared, the PMC will then have the Port delivered to the tables. Once the Port is served, the Toasts will commence as follows:
(Ch8)

- (1) The Loyal Toast: The PMC will bang the gavel, stand and state: “Mr/Madam Vice, the Queen”;
 - (a.) Everyone will stand, leave their glass of Port on the table and await the Band to play “God Save the King” or the Piper to play “Mallorca”.
 - (b.) Then Mr / Madam Vice will state: “Mesdames et Messieurs, Le Roi du Canada”.
 - (c.) Everyone will then lift their glasses and say: “The King”, Field Officers may also add: “God Bless Him”. Once the toast is finished, everyone will be seated.

- (2) The Toast to the Regiment: The PMC will then bang the gavel and request that a senior member of the Regiment propose a toast to The Regiment;
 - (a.) A senior person will arise and say a few words and then invite everyone to stand;
 - (b.) The Band or Piper will play the Regimental Quick March;
 - (c.) At the end of the Regimental Quick March, the senior person will then state: “The Regiment” and everyone will respond: “The Regiment”. Once the toast is finished, everyone will be seated.
(Ch1)

- (3) Pipe Major's Toast. This toast will only occur at a Regimental Mess Dinner (i.e. formal dinners without spouses) and only between the CO and Pipe Major. The Pipe Major enters playing a Piobaireachd of his choice, marches around the room and finishes in front of the CO and salutes. In place of a Piobaireachd the Pipe Major can play a lament-type tune. (Most Piobaireachd have approx 5-7 passages and not all need be played.) The CO offers a toast to the Pipe Major in a Quaich saying: Slainte Mhath.

The Pipe Major drinks half and returns the Quaich to the CO saying: Slainte. The CO drinks the remainder. The Pipe Major departs playing a lively tune of his choosing. (Ch1)

Gaelic	Phonetic Translation	English Meaning
Slainte Mhath	Slanjah vaa	To good health
Slainte	Slanjah	Health

- (4) Piper's Toast: At other dinners a piper's toast may occur between a senior officer or PMC and a piper. The piper marches in playing a quick march or lament tune and marches off to a march or jig. The same procedure for a toast is used as in a Pipe Major's Toast. (Ch1)
- (5) Highland Toast: This toast "*To St. Andrew...and Scotland*" MAY be proposed at a Mess Dinner but always at a St. Andrew's Dinner or Robbie Burn's Dinner. A complimentary toast to honour the Colonel-in-Chief or a special person may also occur.
- (6) Toast to Departed Comrades: It is customary to toast Departed Comrades at a Mess Dinner, but it is not mandatory at a Mixed Dining-in. The PMC will ask a member of the Regiment to propose a toast to Departed Comrades; (Ch2)
- (a.) Based on either the CO or the PMC's direction, the member may say a few words, then propose the toast, or may use the "Table for One" presentation;
 - (b.) When the member has finished speaking, he / she will ask the members to stand, at which time the following will be played: Last Post – Moment of Silence – Lament – Reveille;
 - (c.) Once the music is finished, the member will state: "To Departed Comrades" and everyone else will respond: "To Departed Comrades". Once the toast is finished, everyone will be seated. (Ch2)

f. Turn Over to CO. After the toasts the PMC hands over the dinner to the CO with the comment: “Your Parade, Sir.” The CO may make a few remarks or ask the Guest of Honour to extend greetings. (Ch1)

g. Head Table Departs. At the appropriate time, the PMC will then ask the members to rise while the Head Table departs. A piper customarily will march out the Head Table Guests. Once the Head Table departs, the formal portion of the dinner is completed and then members/ guests will leave the table and enjoy some fellowship together in the Mess / Bar area.

Section 8 – Invitations

616. Invitations to Parades

Invitations to attend a formal parade such as a change of command or appointment, or to recognize a special event are sent as early as possible and usually one month before the event. Those who are sent a personal invitation should be provided with reserved seating. A sample invitation to a Regimental Parade is attached as Annex D. (Ch5)

617. Invitations to Dinners

Formal invitations for a Mess Dinner or a Mixed Dining-In are mailed by post and sent by email a minimum of six weeks in advance. Replies are expected by the RSVP date. A sample invitation to a Regimental Dinner is attached as Annex E. (Ch5)

Annex A
Chapter 6

Procedure for a Mess Dinner

Introduction

1. Mess dining can be broken down into three categories:
 - a. Mess dinner,
 - b. Dining-in, and
 - c. Mixed dining-in.

2. For the purpose of this Annex consideration will be given to a mixed dining-in sometimes called a mixed formal dinner. The word “formal” is really redundant as all military dining enjoys a degree of formality. Also, “mixed” is an awkward expression; however, it does refer to a dinner (or dinner-dance) where partners are in attendance.

3. Although proceedings for mess dinners will vary according to unit traditions, common to all dinners are the stages:
 - a. Planning,
 - b. Assembly,
 - c. Dinner,
 - d. Toasts in the following order: (Ch8)
 - Loyal
 - Other Heads of State (if present)
 - The Regiment
 - Other Regiments and Branches (if present)
 - Allied Forces and Regiments (if present)
 - Pipe Major’s or Piper’s
 - Highland (if the occasion warrants)
 - The Ladies/Spouses
 - Departed Comrades,
 - e. Conclusion, and
 - f. Post Dinner.

Planning

Action	Notes
Set date	
Name event, e.g. Hochwald Mixed Dining-In	
Secure venue	Make reservation well in advance

<p>Prepare Invitation List, consider:</p> <ul style="list-style-type: none"> a. Guest of Honour b. VIP Guests c. Serving officers/senior NCOs d. Former COs/RSMs/PMs e. Former officers f. CO's other units g. Officers of other units h. Members Military Institute of Windsor i. Friends of the Regiment j. Political k. Executive of Association, Borderers, Delta Company l. World War II veterans 	<p>Invite well in advance by letter followed by formal invitation</p> <p>Cross-check to avoid duplication (applies to all categories)</p> <p>On a very selective basis, appropriate to the occasion</p>
<p>Estimate attendance</p>	
<p>Set timings</p>	<p>e.g. 1830 for 1930 hours</p>
<p>Meet with Mess Manager or Caterer to select:</p> <ul style="list-style-type: none"> a. menu b. Wines c. Liqueurs (if any) 	<p>Cost out same</p> <p>Confirm, by letter or e-mail, all arrangements or email</p>
<p>Decide on:</p> <ul style="list-style-type: none"> a. Seating Formation b. Table Linen <ul style="list-style-type: none"> (i) Table cloths (ii) Serviettes c. Wine and water glasses d. Cutlery and dishes e. Candelabra f. Candles g. salt and pepper, butter 	<p>Any combination of regimental colours</p> <p>Use correct glasses for wines and liqueurs to be served to compliment menu</p> <p>To compliment menu</p> <p>Use regimental colours</p> <p>Fix when to light and extinguish., Refrigerate candles prior to using to extend life</p>
<p>Recruit appropriate officer to "Address the Haggis"</p>	<p>Always done as written by Burns, not translated into English. See Annex B.</p>

<p>Decorations:</p> <ul style="list-style-type: none"> a. King's and Regimental Colours b. National and Provincial Flags c. Ram Gregor d. Flowers and Vases e. Regimental bunting for Head Table f. Place Cards g. Regimental Silver and artifacts h. Scotty dog, bull dog i. Delta Company "decoy" j. Artifacts 	<p>Behind Centre of Head Table</p> <p>In front of CO If required No weapons. Claymore OK</p> <p>In front of OC D Coy Ask Association for loan.</p>
<p>Invitations:</p> <p>Appoint an officer to be responsible for preparing, printing, addressing, mailing, e-mailing and recording replies</p>	<p>Consider type style, layout, stock, colour, watermark</p>
<p>Printing:</p> <ul style="list-style-type: none"> a. Invitations and envelopes b. Programs c. Reply cards and envelopes 	
<p>Bands:</p> <p>Appoint officer to be the Bands Liaison Officer. Could be PMC or VPMC. He will be responsible for working with the Pipe Major and Bandmaster to:</p> <ul style="list-style-type: none"> a. Arrange the services of the Pipe Band and Brass Band. b. Co-ordinate playing and determine selections to be played by above bands c. If required, arrange for dance orchestra 	
<p>Dress:</p> <ul style="list-style-type: none"> a. Officers - Mess Kit b. Guests - Black tie or highland equivalent e.g. regulation doublet 	<p>In recent years it is apparent that many gentlemen would appreciate the privilege of attending in "dark business suits". This can be considered as an option.</p>
<p>Briefing:</p> <p>After all plans have been set, hold meeting for all serving officers for briefing.</p>	<p>Encourage officers to invite friends (if the occasion warrants), and where possible to have private cocktail parties prior to the dinner.</p>

<p>Attendants: In addition to the Honour Guard for the C-in-C or VIP Guest appoint the following:</p> <p>a. Senior NCO to be in charge of all other ranks and supervise the dinner proceedings</p> <p>b. Designated mess staff to pour wine during courses</p> <p>c. Officers and/or Senior NCOs to carry Haggis litter</p>	<p>Make sure he/she is conversant with all activities and requirements. A Mess Manager and Catering Manager may replace the unit Senior NCO. Wear white gloves and use cloth napkins</p>
<p>Prepare a check list to ensure that all points are covered, duties allocated, etc.</p>	
<p>Confirmation: Get confirmation by letter or e-mail of food, beverages, caterer detailing costs and arrangements.</p>	

Assembly

Action	Notes
<p>Honour Guard: Only on special occasions such as C-in-C, general officer guests, post guard at entrance to Hall or Building or Mess.</p>	<p>Instruct on compliments to be paid.</p>
<p>Greetings: At door by member of Mess Committee. Direct guests to cloak room or racks.</p>	
<p>Reception Line: If deemed advisable consisting of CO (and partner), PMC (and partner), Vice (and partner), Senior Guest (and partner).</p>	<p>Guests pass through reception line to Ante' Room</p>
<p>Ante Room: Arrange for bar.</p>	<p>Consider cash or open bar</p>
<p>Seating Plan: To be prominently displayed</p>	<p>Large easel required</p>
<p>Payments: If payment is to be received then arrange for table and chair near entrance staffed by NCO or Junior Officer</p>	
<p>Mess Calls: Bugler or trumpeter (if brass band is present) OR piper will sound calls at 30 minutes, 15 minutes and 5 minutes.</p>	<p>Event OIC/PMC to arrange</p>

<p>Head Table Personnel: Prior to the entrance into Dining Hall, officers at Head Table will arrange to escort partner seated to the right next to him/her in the Dining Room.</p>	<p>Officers should advise names of their partners.</p>
<p>Entering Dining Room: Head Table Personnel to remain behind and will organize themselves into the order in which they will be seated. At the dining hour the Vice PMC will ensure that the remainder of the guests have taken their places and remain standing. After all other guests have taken their places, the piper will pipe in the Head table personnel.</p>	<p>After the 5-minute Mess Call the brass band will play "Roast Beef of England".</p> <p>Place-cards will designate places.</p>

Dinner

Action	Notes
<p>After all are standing behind their chairs the PMC. will ask a padre (or Senior Officer) to say Grace</p>	<p>The Regimental Prayer and / or the Selkirk Grace to be used.</p> <p>Selkirk Grace: <i>"Some hae meat and canna eat, And some wad eat that want it; But we hae meat, and we can eat, Sae let the Lord be thankit."</i> (Ch5)</p>
<p>All will be seated.</p>	<p>With ladies present, seating will be arranged so that gentlemen will occupy ends of table and ends of legs.</p>
<p>The PMC, Mess Manager or Senior NCO will signal to staff that serving of first course may commence: a. First to the CO/RSM, b. Second to diner to his right, c. Third to diner on his left, d. Then to balance of Head Table and all others.</p>	<p>During serving of each course Piper(s) will play piece appropriate to the course at start of serving.</p> <p>Brass Band and Pipe Band will play throughout the meal (to be co-ordinated by Band L0.</p>
<p>Places are cleared after first course is completed.</p>	
<p>Above procedure will be followed for each course.</p>	
<p>Wine, appropriate to each course will be served.</p>	

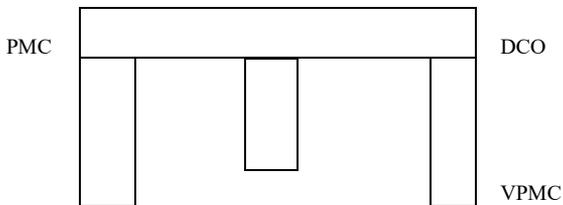
<p>Address to the Haggis:</p> <p>a. Immediately prior to the serving of the entrée THE HAGGIS will be piped in, carried by Officers and /or NCOs</p> <p>b. The Haggis will be piped around the room and come to rest in front of the CO / RSM or a location suitable to view.</p> <p>c. The Address To The Haggis will be the words of the immortal Robbie Burns.</p> <p>d. After the address, the bearers will take Haggis to the kitchen.</p>	<p>See Annex B.</p> <p>Some Scottish Units use a Haggis Board or litter which has two handles on each end. Consider having the Haggis brought in and addressed after “Grace” or the first course. (This will give the chef time to serve with the entrée).</p> <p>Exact words, not translated into English. A dramatic effect can be obtained by pouring warm brandy over the Haggis and igniting it.</p>
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The Loyal Toast

Action	Notes
The Loyal Toast should be immediately following the entrée especially when elderly diners are present.	
When all is in readiness the PMC will signal the Mess Manager or Catering Supervisor to have the servers deliver the port decanters.	One decanter of 26oz is sufficient for a round table of eight people.
A decanter of port is first put in front of PMC and then in front of gentlemen on either end of each leg (see diagram below)	Candelabra and candles may be left on tables
Each diner will charge glass with port wine and pass the decanter to his left to the next diner. The decanters will not be allowed to touch the table.	When using round tables, the decanter is placed in front of uniformed officer to ensuring passing to left.
When all glasses are charged the PMC will stand. He calls attention with his gavel then says: Mr Vice” (or Madame Vice) “THE KING”.	The servers will retrieve the decanters when all glasses are charged. If the PMC says Mr Vice, The King in English then the Vice PMC will propose in French (and vice versa).
All rise, leaving glasses on the table	
The music will then be played	All stand at attention while band plays “God Save The King” or the PM plays “Mallorca”.

The Vice PMC will raise his / her and say, "Mesdames et Messieurs: Le Roi du Canada"	If anyone needs to depart dinner prior to Loyal Toast then permission must be requested of PMC.
All pick up glasses. All diners will raise their glasses and respond "The King" drink the Loyal Toast and sit down. Field rank and above may add "God Bless Him" when toasting. After the toast all are seated.	After the Loyal Toast the strict formality of the dinner is relaxed to some degree. However, the PMC will ensure that proceedings DO NOT get out of hand.
The PMC <u>may</u> declare a 10-minute recess during which time tables are cleared.	
When guests have returned to their places following the recess the other toasts will be made.	
After the Loyal Toast, the dessert course, coffee and sweets are served.	Creamer, sugar bowls are placed on tables.

Senior Guest, CO



Toast to The Regiment

Action	Notes
The PMC will call upon the designated officer to propose the Toast to the Regiment.	This a special toast and the officer who has been given the privilege of proposing this toast should feel greatly honoured. Usually, this is the HCol. This officer should spend considerable effort in its preparation and should consider including such things as: a. History of the Regiment and its forebears b. Battle Honours c. Decorations d. War Time engagements e. Peace Time activities f. Present Day achievements g. Humorous incidents.
The designated officer will stand and give his preamble then say: “Ladies and Gentlemen will you please rise”	All will rise, leaving glasses on the table.
Band will play the short version of the Regimental Quick March (Highland Laddie - A Hundred Pipers)	
All will pick up glasses.	
The officer will propose: “The Regiment” and drink toast. All will respond: “The Regiment” and drink. After the toast all are seated.	

Pipe Major’s Toast

Action	Notes
The PMC may announce that it now time for the Pipe Major’s Toast. He could remind guests to be silent during the playing of the Piobaireachd.	This toast is only between the CO and PM at Mess Dinners. At other occasions it is a Piper’s Toast.
Pipe Major (PM) pipes himself into the Dining Room	The Mess Manager brings a chalice or Quaich ½ scotch and ½ water. It should be a mild drink. It is placed before the CO just prior to the toast.
PM marches around perimeter and stops in front of CO	If the table configuration is a closed U or E the PM goes to the

	CO.
CO stands	
PM salutes and CO returns compliment	
CO picks up chalice and pass to PM at the same time saying "Slainte mhath"	Some consider it "good fun" to load chalice with straight whisky. This could prove dangerous. The CO should only take small drink and place unconsumed portion on table or share with others.
PM drinks 1/2 of contents and passes chalice back to CO saying "Slainte"	
CO consumes balance of contents inverts chalice and place on table	
PM will salute CO and pipe himself out to a lively tune	

Highland Toast

Action	Notes
The CO will rise, call the diners to order and say: (Ladies and) Gentlemen "Prepare for the Highland Toast".	Ladies will stand at their places and Gentlemen will, glass in hand, stand with left foot on the seat of their chair, right foot on the table in front of their chair, free hand on hip.
When silence resumes, the CO will say: <i>"From the lone shieling on misty island Mountains divide us, and a waste of seas Yet still the blood is strong, the heart is Highland And we in dreams behold the Hebrides."</i>	This toast MAY be proposed at a Mess Dinner but always at a St. Andrew's Dinner or Robbie Burn's Dinner.
After a brief and reflective pause the CO will shout: "To St. Andrew ... and Scotland.	
All will respond: "To St. Andrew ... and Scotland", drink a toast and be seated.	
A complimentary toast is to honour a special person. The PMC will raise his glass and in a loud voice cry "Michael" and drink.	Although this toast was reserved for the Colonel-in-Chief there is no rule to prevent its use to honour others.
This toast may be accompanied by a piper playing: Black Bear.	In other cases, the name of the honoured person is used.
All will do the same and sit down.	If the person to be so honoured is present he should be warned to remain seated.

Toast to Departed Comrades

Action	Notes
The PMC will rise, call attention with his gavel and call upon the designated officer / NCO.	
The designated officer will stand and give his preamble, if any, then say: "Ladies and Gentlemen will you please rise"	All will rise.
The designated officer will say: "Please bow your heads"	An alternative toast is the "Table for One" at Annex C.
The piper will play the Lament: "Flowers of the Forest".	If a brass band is in attendance then the sequence is Last Post (trumpeter), silence, Lament (piper), Reveille (trumpeter).
He will say: "Thank you". Then raise his glass and say:" To Departed Comrades" and drink. All will say and do same.	

Other Toasts

If senior guests are present other toasts that could be made are to:

- a. Other Countries' Heads of State
- b. Other Regiments and Branches
- c. Allied Forces and Regiments
- d. The Ladies/Spouses (Ch8)

See Annex A, Article 3.d. for order of toasts.

Entertainment

Under certain circumstances entertainment is desirable, e.g. Highland dancers, singers or unit officers Highland Dancing. The entertainment should be coordinated with the Pipes and Drums, and Brass Band by Bands LO.

Entertainment could be during the dinner proper to conserve time.

Introduction of Head Table

The PMC may introduce members of the Head Table. This may not be necessary when members are well known. An alternative would be to have the CO do this.

Announcements / Hand Over

Action	Notes
The PMC will make any necessary announcements.	
The PMC will face the CO come to attention and say "Your parade, Sir" and sit down. His responsibilities are then over.	
Commanding Officer may: a. Introduce Guest of Honour b. Extend welcome to all guests c. Report on recent Armed Forces developments d. Advise on unit plans e. Advise on coming unit and mess events.	Guests are interested in being told what has happened and plans.
The CO will then sit down until an appropriate time to close-off the dinner.	
PM is then called forward. The PMC leads out the head table.	A pipe leads the Head Table personnel.

Conclusion

All diners will gather in where liqueurs may be served. Bar will be opened

Tables in dining room will, if necessary, be re-arranged to clear an area for dancing. Orchestra will take position and commence playing.

Coffee and Tea will be made available.

Scottish dancing should be encouraged.

Post Dinner

Action	Notes
Pay all accounts	This should be done as promptly as possible.
Detail officer to prepare thank you letters to: a. Guest of Honour b. To Board of Directors, where facilities are made available c. To others, particularly helpful individuals	
As for any military exercise, hold critique with all officers with a view to improve subsequent dinners.	
Return King's and Regimental Colours, candelabra, Ram Gregor and any other regimental property to the appropriate area.	

(Ch1)

Annex B
Chapter 6

Address To A Haggis

Fair fa' your honest, sonsie face,
Great chieftain o' the puddin-race!
Aboon them a' ye tak your place,
Painch, tripe, or thairm:
Weel are ye wordy o' a grace
As lang's my arm.

The groaning trencher there ye fill,
Your hurdies like a distant hill,
Your pin wad help to mend a mill
In time o' need,
While thro' your pores the dew's distil
Like amber bead.

His knife see rustic Labour dight,
An' cut you up wi' ready sleight,
Trenching your gushing entrails bright,
Like ony ditch;
And then, O what a glorious sight,
Warm-reekin, rich!

Then, horn for horn, they stretch an' strive:
Deil tak the hindmost! on they drive,
Till a' their weel-swallow'd kytes belyve,
Are bent lyke drums;
Then auld Guidman, maist like to rive,
"Bethankit!" hums.

Is there that owre his French ragout,
Or olio that wad staw a sow,
Or fricassee wad mak her spew
Wi' perfect sconner,
Looks down wi' sneering, scornfu' view
On sic a dinner?

Poor devil! see him owre his trash,
As feckless as a wither'd rash,
His spindle shank, a guid whip-lash,
His nieve a nit;
Thro' bloody flood or field to dash,
O how unfit!

But mark the Rustic, haggis fed,
The trembling earth resounds his tread,
Clap in his walie nieve a blade,
He'll mak it whissle;
An' legs an' arms, an' heads will sned,
Like taps o' thrisle.

Ye Pow'rs wha mak mankind your care,
And dish them out their bill o' fare,
Auld Scotland wants nae skinking ware
That jaups in luggies;
But, if ye wish her gratefu' prayer,
Gie her a Haggis!

Robert Burns, 1759-1796

Annex C
Chapter 6

Alternatives to Toast to Departed Comrades:
A Table for One

Ladies and Gentlemen:

You may have noticed this small table set in a place of honour. It is set for one ... This table is our way of recognising the kindred feeling, that members of our profession of arms are missing from our midst.....we call them brothers. They are unable to be here with us and so we remember them.

This table set for one is small....it symbolises the frailty of our comrades against oppression. The table cloth is white.... symbolising the purity of their intentions, to respond to their country's call to arms. The single rose displayed in a vase reminds us of the families and the loved ones of our comrades who keep the faith by remembering them and never forgetting their sacrifices.

The red ribbon tied so prominently on the vase bears witness to their determination to demand a proper accounting of their valour and sacrifice. The slice of lemon is on the bread plate to remind us of their bitter fate. The salt upon the bread plate is symbolic of the family tears as they remember and mourn them. The glass is inverted ... they cannot toast with us tonight. The chair ...the chair is empty... they are not here.

Remember!!! All of you who served with them, or now live in freedom because of them, we relied and depended on them. Do not forsake them, pray for them and remember them...we will remember them.

Ladies and Gentlemen: To Departed Comrades.

Sample Invitation to a Parade



*The Commanding Officer, Officers, Regimental Sergeant Major
and Non-Commissioned Members
of
The Essex and Kent Scottish*

request the pleasure of the company of you and your guests at the

Change of Command Parade

*from
Lieutenant-Colonel Xxxxxx Xxxxxxx, CD*

*to
Lieutenant-Colonel Xxxxxx Xxxxxxx, CD*

*to be held at the
Major F.A. Tilston, VC Armoury
4007 Sandwich Street
Windsor, Ontario
on Sunday, 2 June 2013*

Guests to be seated by 1:30 p.m.

Dress

*Military: Service Dress #1A
Civilian: Business Suit with Medals*

RSVP

*By 21st May 2013
519-254-2535 ext. xxxx
Email: xxx.yyyy@forces.gc.ca*

Sample Invitation to a Dinner



*The Commanding Officer and Regimental Sergeant Major
of
The Essex and Kent Scottish*

*request the pleasure of the company of you and your guest at
the*

Battle of the Hochwald Mixed Dining-In

*to be held at the
Major F.A. Tilston, VC Armoury
4007 Sandwich Street
Windsor, Ontario
on Saturday, 3 March 2012
6:00 pm for 7:00 p.m.*

Dress

Military: Mess/Service Dress #2B

Civilian: Black Tie or Business

Attire with medals

RSVP

By 21st May 2013

(reply card enclosed)

519-254-2535 ext. xxxx

Email: xxx.yyyy@forces.gc.ca

*Tariff: \$70.00 per person
Cash Bar*

Cancellations after 28 February / no shows will be charges a full tariff

*Soup is asparagus and mushroom, Appetizer is a fish patty and
Entrée is chicken. Please indicate with RSVP of any dietary concerns.*

Chapter 7

Dress Instructions

Section 1 – General

701. Orders of Dress

1. Orders of dress for all ranks will be in accordance with the Canadian Forces Dress Manual (CFP 265) and Unit Dress Instructions. Dress for parades will be published in Unit Routine orders or in a General Instruction. (Ch9)
2. Throughout this instruction Senior NCOs are considered MWO's, WO's, and Sergeants.
3. It must be impressed upon all ranks the necessity for being properly dressed at all times. All parts of the uniform must be correctly worn. All unit personnel will dress in such a manner as to reflect credit upon The Essex and Kent Scottish and the Canadian Armed Forces.
4. Mixed civilian and military dress will not be worn. Serving members may wear medals with suit or blazer and tie. (Ch3)

702. Wearing Medals

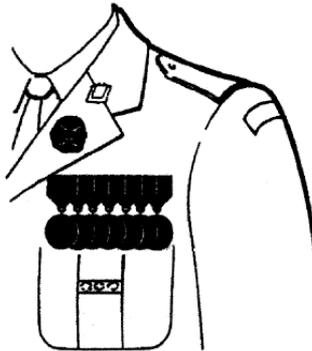
1. All medals are court mounted. (Ch4)
2. Every year as Remembrance Day approaches there are questions about wearing medals. The question most frequently asked is, "Can I wear my deceased grandpa's/mother's/buddy's medals in his/her honour?" The answer is "no".
3. Authorized medals in order of precedence are listed at <https://www.gg.ca/en/order-precedence>. People receive and wear orders, decorations and medals but only the original and intended recipient may wear them. After the recipient's death, the orders, decorations and medals may remain in the family, may be put on display as an heirloom or may be given to a recognized museum. Under no circumstances should they be worn by anyone else. In fact, the unlawful wearing of orders, decorations and medals contravenes Section 419, Part X of the *Criminal Code*. (Ch1)
4. Another question concerns the combining and wearing of official and unofficial orders, decorations and medals. Again, the answer is "no". Only official orders, decorations and medals included in the Canadian order of precedence, and foreign honours awarded with the approval of the Government of Canada, may be worn. Unofficial awards may not be mounted with or worn in conjunction with official honours.
5. As well, full-size medals should be worn for daytime ceremonies such as Remembrance Day ceremonies and parades.

Miniature medals should be worn only for evening events such as dinners.

703. Positioning of Poppy



MULTI-TERRAIN COMBAT JACKET



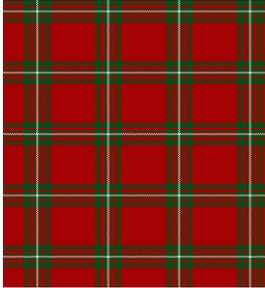
ARMY/AIR FORCE SERVICE DRESS JACKET



RAIN JACKET

704. Tartan and Cloth

1. Kilt – MacGregor, commercially known as Modern
DND Spec NSN: 8405-20-011-6214 A/A.(Ch9)
2. Trews – Hunting MacGregor, commercially known as Modern (Officers, RSM, PM and Senior NCOs only) (Ch10)
DND Spec NSN # to follow

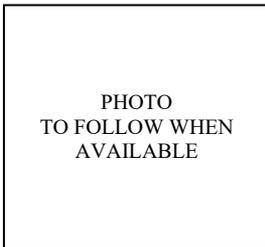


MacGregor



Hunting MacGregor

3. Pipe Bag Cover – Canadian Highland Green
DND Spec NSN # to follow



Canadian Highland Green

4. The CF Dress Instructions directs that once the privilege of authorizing kilted orders of dress for non-infantry members of the unit the privilege shall not be rescinded. It has been a long-practiced custom in the Regiment for both infantry and non-infantry (e.g. honoraries, chaplains, clerks, etc) members to wear the kilted orders of dress. Non-infantry wear their non-infantry hat badge and collar dogs. This privilege is extended to Cadet Instructor Cadre (CIC) officers and cadets affiliated with the Regiment. (Ch4)

705. History of the Tartan

1. There was a very wide variety of tartan in pre-industrial days, from the very simple two-color designs to the multi-colour, intricate patterns of the eighteenth century. After industrialization, when tartans began to take on names associated with clans, prominent families and districts, people began to collect and categorize them. In the year 1800, about 90 tartans were known to have names. These were quickly added to, and now all of the clans have one or more tartans, some with 20 or more recorded. The Scottish Tartans Society was formed in 1963. One of its goals was to compile the official Register of All Publicly Known Tartans. This would record every tartan ever woven, including popular clan tartans, artifact pieces from museums and private collection, or newly designed tartans. It ceased to record new tartans around the year 2000. At that time, about 2700 individual tartan designs are recorded, including Clan tartans, Family tartans, District tartans, as well as trade sets, individual tartans, commemorative tartans, etc. Today, the work of recording tartans is undertaken largely by the Scottish Tartans Authority. Their International Tartan Index contains over 6000 tartans. While many of these entries are variations or incorrect versions of known tartans, maintained in the index for academic purposes, the number of unique tartans would probably number around 4000 or more.

2. Too many people think there are too many rules about tartans and kilts. There are horror stories about shopkeepers who refused to measure a customer for a kilt because they wanted a tartan other than the one matching their last name! One has to understand that many of these "rules" are simply tradition, and often misplaced tradition. Ancestors would have worn a tartan based on their aesthetic tastes and not family lineage. To paraphrase "Scotty" Thompson, author of *So You're Going to Wear the Kilt?* there is no such thing as the right to a tartan. He describes three types of rights listed in the dictionary--moral, legal, and divine (as in the "divine right of kings"). Since it is not immoral, illegal, or ungodly to wear a tartan, it makes no sense to speak of the "right" to a tartan. There are actually very few tartans with restrictions placed on them (such as the Royal Family's Balmoral tartan). So, wear any tartan you like. Just remember that in today's society, tartans mean something. By wearing a tartan, you are honouring whatever that tartan represents, be it a clan, family, regiment or location. Many people choose to wear a tartan that associates with their family, but some choose to wear the tartan of a good friend, a mentor, or to commemorate a historical event (such as the Culloden tartan, or the Jacobite tartan). Whatever the case, be aware of what the tartan you wear stands for and wear it proudly.

3. From 1624, the Independent Companies of Highlanders had worn kilts as government troops, and with their formation into the Highland Regiment in 1739 their great kilt uniform was standardized with a new dark tartan. Many Jacobite rebels adopted kilts as an informal uniform, with even their English supporters wearing tartan items during the Jacobite Uprising of 1745. In the aftermath of that rebellion the Government decided to form more Highland regiments for the army in order to direct the energies of Gaels. In doing so they

formed effective new army regiments to send to fight in India, North America, and other locations while lowering the possibility of rebellion at home. Army uniforms were exempt from the ban on wearing kilts in the "Dress Act" imposed 1 August 1749 and repealed 1 July 1782. As a means of identification, the regiments were given different tartans. These regiments opted for the modern kilts for dress uniforms, and while the great kilt remained as dress uniform this was phased out by the early 19th century. (Ch1)

4. Many Scottish units wore kilts in combat during World War I. In particular, the ferocious tactics of the Royal Highland Regiment led to their acquiring the nickname "Ladies from Hell" from the German troops that faced them in the trenches. The 241st Canadian Scottish Borderers wore the Hodden Grey tartan during World War I. The kilt was last worn in action at the start of World War II. (Ch1)

Section 2 – Articles of Dress

706. Description

For affiliated CIC Officers and Cadets dress see Chapter 7, Sections 6 and 7.

SERIAL	ARTICLE OF DRESS	DESCRIPTION
1.	Cap Badge	Officers, CWO, PM - gold plated ORs – silver plated
2.	Hair Sporrans	Officers, CWO, PM – gold plate cantle with gold Regimental cap badge centered, white horse hair, three black tassels with gold thistle bell sockets, white leather belt Senior NCOs – silver plate cantle with silver Regimental cap badge, three black tassels with silver thistle bell sockets, white leather belt Junior Ranks – black leather cantle with silver rampant lion centred, two tassels, two silver plain cones, white leather belt Pipers - silver plate cantle with two black tassels, silver rampant lion, silver thistle bell sockets, white leather belt
3.	CF Shirt	Green CF shirt issued
4.	Slip on	Worn on CF shirt at all times. E&K Scot identification tab on bottom edge
5.	Tie - Uniform	Officers, CWO, PM - Rob Roy MacGregor Modern. (Ch10) See Article 709 NCMs - CF issue green Full Windsor Knot
6.	Service Dress Jacket	Green CF Tunic standard highland cut.

SERIAL	ARTICLE OF DRESS	DESCRIPTION
7.	Mess Jacket	Scarlet mess jacket with Canadian Royal Blue facings in traditional corps pattern. 4 equally spaced buttons with uncut red buttonholes on jacket front. Pointed cuffs with 3 buttons. (See Article 726) Senior Officers – gold accoutrements and embellished with 1/8” gold braid on shoulder straps with rank, and gold braid Trefoil on cuffs. Junior Officers, CWO and PMaj – 1/8” gold braid on cuff, rank on shoulder straps without braid. CWO and PM rank on both arms. NCMs - no braid on jacket. Rank on both arms. Tailored without shoulder straps.
8.	Mess Dress Vest	Canadian Highland Green with 4- buttons.
9.	Cummerbund	Plain black with pleats facing up
10.	Scarlet Flashes	Two scarlet ribbons, double looped and double fish tails, are worn to cut the red diamond at front of the hose tops. See Article 709
11.	Spats	White with 9 black buttons and split toe. See Article 709.(Ch10)
12.	Shoes	Highland Brogue available for all ranks through Logistik Unicorp
13.	Sash – Officer, CWO, PM	Ceremonial # 1 and # 1B – maroon knitted polyester shoulder sash with mercerised cotton tassels worn over the sword belt on LEFT shoulder. PM only in Ceremonial # 1A, Duty # 3 and # 3B - Crimson mercerised cotton shoulder sash with tassels worn on LEFT shoulder. No sash with combat dress
14.	Sash – MWO, WO, Drum Major Sash – Sergeant, Pipe Sergeant, Drum Sergeant	Crimson mercerised cotton shoulder sash with tassels worn over RIGHT shoulder. Scarlet 50/50 Polyester/Worsted Blend shoulder sash with tassels worn over RIGHT shoulder. No sash with combat dress
15.	Skean Dhu	Military Pattern. Sergeants and above, and pipers tucked in right side of right hose. See Article 709.
16	Sword	Officers, RSM, PM, DM – Claymore pattern basket hilted broadsword with white buff leather lining and a nickel plated scabbard.

SERIAL	ARTICLE OF DRESS	DESCRIPTION
17.	Dirk for Ceremonial #1, 1B, 1C and Mess Standard 2	CO, RSM, PM – Generic pattern officer’s dirk with bi-knife and fork accessories worn on order with Gold Waist Belt (Ch9) Pipers, DM – Military pattern pipers dirk (without accessories) worn on order. All pipers wear or none. (Ch9) See Article 709
18.	Kilt	MacGregor Tartan, knife pleated to the white stripe, two buckles on right side, one on left. Two belt loops. Pocket on inside apron. White cross visible and centered over Sporrans. No kilt pins.(Ch9)
19.	Trews	Officers, CWO, PM and Senior NCOs only – Hunting MacGregor with Hunting MacGregor tie in Ceremonial #1A, Duty # 3, 3A, 3C. See Article 709 for pattern. Purchased at personal cost. A Hunting McGreggor bow tie is optional in Mess Standard # 2 with trews (Ch10) See Article 735 for wear with blazer.
20.	Rosettes	Officers, CWO, Senior NCOs – two silk black rosettes with button on apron, right side. See Article 709. PM – three rosettes made of MacGregor tartan ribbon with button on apron, right side. Junior Ranks - no rosetts. See Article 709. (Ch10)
21.	Leather Sporrans	Officers, CWO, PM – brown leather, no tassels, gold miniature cap badge centred. Senior NCOs – brown leather, no tassels, silver cap badge centred. Junior Ranks – brown leather, no tassels, rampart lion centred.
22.	Buttons	All ranks silver colour w/ Essex and Kent Scottish crest. See Notes. (Ch10)
23.	Shoulder Titles Cloth	E&K Scot red and blue (Ch10)
24.	Collar Badges	Officers, CWO, PM – gold lion’s head NCMs – silver lion’s head. See Article 302.
25.	Full Hose	Red and black diced hose made with the red diamond forward on shin bone.
26.	Half Hose (also called Hose Tops)	As per full hose but footless. Can be worn with spats.

SERIAL	ARTICLE OF DRESS	DESCRIPTION
27.	Lovat Hose	Full hose light green worn by all ranks in Duty # 3, 3A, 3B, 3C
28.	Glengarry	All Ranks – Blue body, red toorie. Double row of red, white and dark green dicing. Two black silk tails 1 ¼ inch wide angle cut on ends. Worn with cap badge on black silk backing Pipers wear undiced.
29.	Tam O’Shanter	Officers, CWO, PM – Fawn with fawn toorie and swatch of MacGregor tartan as backing, white cross diagonal NCMs including band – Khaki with khaki toorie and swatch of MacGregor tartan as backing, white cross vertical and horizontal
30.	Feather Bonnet for Ceremonial # 1B	Officers, CWO, Pipe Major & Drum Major – 5 tails with tall white plume. ORs, pipers & drummers – 4 tails with tall white plume
31.	Sword Belt for Ceremonial # 1, 1B and 1C	White buff leather gold breast plate with full size gold badge, white buff claymore slings with brass fittings worn over the right shoulder.
32.	Gold Waist Belt for Ceremonial # 1, 1B and 1C	Officers, CWO, PM – 2 ¼ inch gold thistle lace on crimson leather belt, gold buckle with small gold cap badge centered. Worn under the Sword Belt and sash. 2 ¼ inch Gold Belt only worn with dirk when authorized. (Ch8)
33.	White Leather Waist Belt for Ceremonial # 1, 1B and 1C	NCMs – 2 ¼ " adjustable white leather belt, silver buckle with small silver cap badge centered, silver or gold adjusters.
34.	Piper's Black Leather Waist Belt	2 ¾ " black leather waist belt in most orders of dress. Worn with thistle etched belt buckle.
35.	Brown Waist Belt for Duty # 3B	Officers & CWO – 2 ¼ “Brown leather belt with small gold cap badge centered on gold buckle. Also worn with # 3A Trews. NCMs – 2 ¼ “ Brown leather belt with small silver cap badge centered on silver buckle. MWO only – Brown leather with sword slings linked

SERIAL	ARTICLE OF DRESS	DESCRIPTION
36.	Plaid Brooch	Silver, 3 ½ inch diameter, thistle etched with Cairngorm stone
37.	Lanyard with whistle for Ceremonial # 1C and 1D only	Officers, CWO, PM – Madame Pompadour (purple) braided double cord lanyard with 3 Turks heads. Worn left shoulder, loop under arm, long drape and end attached right side of left breast pocket. Senior NCOs, MCpls – two Royal Blue woven over one Scarlet 3-ply single cord lanyard. Worn left shoulder, loop under arm, no drape and end attached directly into top left corner of left breast pocket.
38.	Walking Out Dress Pants	Grey Flannels
39	Walking Out Dress Jacket	Single Breasted Blue Blazer with 2 or 3 buttons on front, and 3 buttons on cuff
40.	Tie – Walking Out	Serving & Past Serving - Kent Regiment (Queen's Own Royal West Kent Regiment) Association & Civilian – Clan MacGregor Full Windsor Knot
41.	Shoulder Cords, Undress Patrols #1C	Army Universal Pattern with rank 2Lt-LCol

(Ch10)

Notes:

- Much like the black rosettes worn by the RSM to reflect his appointment, the PM has an additional black rosette, one more than Senior NCOs. (Ch10)
- Button sizes are as follows;
 - 26 Ligne - Epaulettes, Pockets of Service Dress; cuffs of Mess Jacket and Blazer (Ch10)
 - 30 Ligne – Service Dress Jacket front, Mess Jacket front, and Waistcoat, Blazer (Ch10)
 - 40 Ligne - Doublet (Ch10)
- Drum Major's Baldric is worn with Ceremonial #1, 1B and 1C. On very rare occasions when CO orders the Colours on parade with Service Dress #3 or combats the DM Baldric is worn.
- All Band members are entitled to wear black waist belt under all Service Dress Orders of Dress. For drummers this depends on the drum sling.
- Non-infantry trades are entitled to wear highland dress but with their applicable collar dogs and hat badge. Shoulder titles are E&K Scot.
(Ch10)

Section 3 – Detailed Descriptions

707. Canadian Army Standard for Highland Dress

1. Prior to 2020, every highland unit had some unique items of highland dress and received a public fund grant for the procurement and maintenance of service dress uniforms. Additionally, the standard service dress jacket was locally modified at public expense.

2. A new CF policy in 2020 ceased the grants for the purchase of highland kit and instead provided doublet pattern service dress jackets, brown leather belts, sporrans, hose, headdress, brogues, spats and accoutrements unique to highland and Scottish infantry regiments through Logistik Unicorp. Some ceremonial, mess and historic orders of dress must still be funded by non-public or individual purchase.

3. In order for Logistik to economically procure items of highland dress, a Canadian Army standard was established which required slight modifications of long-held regimental standards. Some unique but minor regimental standards are funded at public expense and in other cases regiments had to purchase items with non-public funds. **The Regimental Senate deliberated on all proposed changes and approved the E&K Scot items of dress in this Manual.**

4. An example of change is the service dress jacket shown below in the old and new patterns:

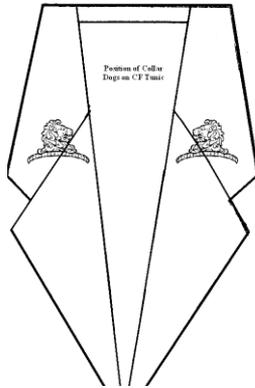
OLD PATTERN



NEW STANDARD PATTERN



708. Position of Collar Dogs



709. Approved Patterns

1. Scarlet Flashes



Two scarlet ribbons each 1½ inches wide and total 5 ½ inches long; double looped and double fish tail 1¼ inches long.
(Ch3)

2. Rosettes



Rosettes are 2 ¾ inches in diameter, with a button, and two tails each ¼ to 1 ⅜ inches wide and 3 ½ inches long to tip of angle cut. Black rosettes were first worn in mourning after the death of King George V in 1936. MacGregor tartan rosettes for Senior NCOs originated in 1927 on the formation of The Essex Scottish and were replaced with black rosettes in 2025. The Pipe Major wears three MacGregor tartan rosettes.
(Ch10)

3. Skean Dhu and Dirk

It was customary in The Essex Scottish and The Essex and Kent Scottish to wear a Gordon pattern Skean Dhu and Dirk. Since the amalgamation of the Gordon Highlanders with other Scottish regiments in 1994 it has been difficult to find a Gordon pattern due to availability and cost. In 2021, the Senate approved the wear of Skean Dhu and Dirk shown below. The wearing of the Gordon pattern is grandfathered for those who purchased them and cannot be passed on further. (Ch9)

a. Skean Dhu



Military Pattern – black, straight basket weave grip with silver studs, white metal top (no cairngorm). Plain sheath (Ch9)

b. Officer's Dirk



Proposed Regimental Pattern - black, shaped grip, sterling studs and cairngorm crown with bi-knife and fork accessories. Patterned sheath. (Ch9)

c. Piper's Dirk



Military Pattern – black, shaped grip, sterling studs and crown on top. No accessories. Patterned sheath. (Ch9)

4. Sword



Claymore pattern basket hilted broadsword with white buff leather lining, scarlet tassel and a nickel plated scabbard. (Ch9)

5. Rob Roy MacGregor Tie



Officers, CWO and PM wear a red and black Rob Roy MacGregor tie known commercially as Modern. (Ch9)

6. Belts

a. Gold Belt



A gold belt is worn by officers, CWO and PM with Ceremonial # 1 and for the CO and RSM with a dirk for Mess Standard # 2. The photo shown is the current 1 ¾ “ gold leaf lace belt. The new standard, once available, will be 2 ¼ “ gold belt with a gold buckle and a miniature gold badge. (Ch9)

b. Brown Belt



Brown leather belt 2 ¼ “ width worn by all ranks with Service Dress Duty # 3B. Returning to the pre-Integration practice, MWOs wear a brown belt with sword slings linked. Officers and CWO wear a gold buckle and gold badge (shown); NCMs wear a silver buckle and silver badge. (Ch9)

c. White Belt



White leather belt 2 ¼ “ with leather keepers, silver adjusters and silver buckle worn by NCMs with Ceremonial # 1. (Ch9)

7. Spats



By tradition, the white spats worn by the Regiment have 9 buttons and a split toe. Nine buttons are in memory of the 18th Battalion, CEF. (Ch10)

8. Lanyards



(Ch10)

The 56th (West Essex) Regiment of Foot, a unit of the British Army that existed from 1755 to 1881, was nicknamed "The Pompadours", as the purple facing of the regiment's uniform was allegedly de Pompadour's favourite colour. Its successor, the Essex Regiment, kept the colour and the nickname. The purple lanyard was worn by The Essex Scottish while the Royal Blue over Scarlet lanyard was worn by The Kent Regiment. Lanyards are worn only with Ceremonial Dress # 1C and # 1D. See Article 706. (Ch9)

9. Trews

Hunting MacGregor trews are authorized for officers, CWO, PM and Senior NCOs only. Purchase is at personal expense. Trews are in Military Pattern with outside seam, high English straight back, belt loops, side adjusters and buttons for braces. The sett (white line) is centered on the pant crease. See Article 706. (Ch10)

10. Shoulder Flashes on Service Dress Jacket



In 2025 cloth shoulder flashes The Essex and Kent Scottish replaced the metal E&K Scot shoulder title on the Service Dress jacket. (Ch10)

710-719 left blank

Section 4 – Current Orders of Dress

720. Orders of Dress Numbers

1. The Orders of Dress worn by the Regiment are:
 - a. Ceremonial Dress # 1 – Service Dress, medals, sword/rifle
 - b. Ceremonial Dress # 1A – Service Dress, medals only
 - c. Ceremonial Dress # 1B – Full Dress
 - d. Ceremonial Dress # 1C – Undress Patrols, medals,
sword/rifle
 - e. Ceremonial Dress # 1D – Undress Patrols, undress ribbons
(also worn for Mess functions)
 - f. Mess Standard # 2 – Mess Tunic
 - g. Mess Standard # 2 – Mess Tunic Summer Optional
 - h. Mess Standard # 2A – Mess White Tunic (Same as # 2 but
with white tunic and intended for wear in Tropics.
Authorized but not currently worn by the Regiment)
 - i. Mess Standard # 2B – Service Dress, white shirt, bow tie,
undress ribbons
 - j. Mess Service # 2C – Shipboard (Same as # 3B with
cummerbund; ribbons and name tag removed. Authorized
but not currently worn by the Regiment)
 - k. Service Dress Duty # 3 – Service Dress jacket, undress
ribbons
 - l. Service Dress Duty # 3A – Service Dress, Long Sleeve,
tie, no jacket, no belt
 - m. Service Dress Duty # 3B – Short Sleeve, undress ribbons
 - n. Service Dress Duty # 3C – Sweater with or without tie
 - o. Operational Dress – Field Combat Clothing
 - p. Walking Out Dress – Blazer and Flannels
(Ch9)

Note:

1. The diagrams for the various orders of dress do not show the change from tartan to black rosettes for Senior NCOs and the split toe spats.

721.

Ceremonial # 1 – Service Dress

Uniform	Officers	CWO & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry			
Cap Badge	Gold		Silver	
Collar Badges	Gold		Silver	
Shirt	CF Shirt			
Shoulder Slip-ons	On CF shirt, officer rank as applicable			
Rank Insignia	Rank on CF shirt collars as applicable			
Tie	Rob Roy MacGregor		CF Green	
Jacket	CF Green Service Jacket			
Shoulder Title	The Essex and Kent Scottish in cloth			
Buttons	E&K Scot			
Organization and Qualification Badges	All ranks			
Name Tag	All ranks			
Medals and Decorations	Full Size Medals. Officer, CWO, PM medals pinned through sash			
Sword Belt & Claymore	Regimental Pattern		N/A	
Sash	As applicable. See Article 706.			No Sash
White Cotton Gloves	All ranks including Drum Major			
Waist Belt	Gold waist belt with keepers, gold E&K buckle		White leather belt with keepers, silver E&K buckle, bayonet and carrier	
Kilt	Officers, CWO - 2 Black Rosettes PM - 3 Tartan Rosettes		2 Black Rosettes	No Rosettes
Hair Sporrans	Gold Cantle, 3 tassels		Silver Cantle, 3 tassels	Black Leather Cantle, 2 tassels
Diced Hose	Full Hose		Full hose or Half Hose	
Scarlet Flashes	All Ranks			
Spats	All Ranks			
Footwear	Brogues		Brogues	
Dirk	CO, RSM, PM only Regimental Pattern		N/A	N/A
Skean Dhu	Regimental Pattern			N/A

(Ch 10)

Note:

- The Drum Major is entitled to wear a sword belt, Claymore and dirk with Ceremonial # 1 and Ceremonial # 1B. (Ch9)

Ceremonial # 1 – Service Dress

Officer Ranks



Senior NCO Ranks



Junior Ranks



(Ch9)



(Ch9)

722. Ceremonial # 1A – Service Jacket, Medals Only

Uniform	Officers	CWO & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry			
Cap Badge	Gold		Silver	
Collar Badges	Gold		Silver	
Shirt	CF Shirt			
Shoulder Slip-ons	On CF shirt, rank as applicable			
Rank Insignia	Rank on CF shirt collars as applicable			
Tie	Rob Roy MacGregor		CF Green	
Jacket	CF Service Jacket			
Shoulder Title	The Essex and Kent Scottish in cloth			
Buttons	E&K Scot			
Organization and Qualification Badges	All ranks			
Name Tag	All ranks			
Medals and Decorations	Full Size Medals			
Sword Belt & Claymore	N/A			
Sash	N/A		As Appropriate	
White Gloves	N/A			
Waist Belt	N/A (Note: Waist belt worn under Tunic by band members only and for drummers depending on the drum sling)			
Kilt	Officers, CWO - 2 Black Rosettes PM – 3 Tartan Rosettes		2 Black Rosettes	No Rosettes
Hair Sporrán	Gold Cantle, 3 tassels		Silver Cantle, 3 tassels	Black Leather Cantle, 2 tassels
Diced Hose	Full Hose		Full Hose or Half Hose	
Scarlet Flashes	All Ranks			
Spats	N/A		White Spats	
Footwear	Brogues		Brogues	
Dirk	N/A			
Skean Dhu	Regimental Pattern			N/A
Trews	Officers, CWO, PM and Senior NCOs only - if so ordered (No Skean Dhu, Dirk, hose or sporrán). Hunting MacGregor tie for Officers, RSM and PM.			

(Ch10)

Ceremonial # 1A – Service Dress, Medals Only

Officer Ranks



Senior NCO Ranks



Junior Ranks



(Ch9)

723. Ceremonial # 1B – Full Dress

Uniform	Officers & CWO	Senior NCOs	Junior Ranks
Headdress	Feather Bonnet with white plume On rare occasions, Glengarry		
Cap Badge	Gold	Silver	
Collar Badges	Gold	Silver	
Rank Insignia	as applicable		
Jacket	Scarlet Highland Doublet		
Shoulder Title	NONE		
Buttons	E&K Scot		
Qualification Badges	N/A		
Name Tag	N/A		
Medals and Decorations	Full Size Medals		
Plaid	CO & RSM: Full Officers: Half	Half	
Brooch	Cairngorm Brooch		
Sword Belt & Claymore	Regimental Pattern	N/A	
Sash	As applicable		No Sash
White Gloves	All ranks including Drum Major		
Waist Belt	Gold waist belt with keepers, E&K Buckle	White belt with keepers, E&K buckle, bayonet carrier and bayonet, carrier shall lay flat under the bayonet	
Kilt	Officers, CWO: 2 Black Rosettes	2 Black Rosettes	No Rosettes
Hair Sporrán	Gold Cantle, 3 tassels	Silver Cantle, 3 tassels	Black Leather Cantle, 2 tassels
Diced Hose	Full Hose	Full hose or Half Hose	
Scarlet Flashes	All Ranks		
Spats	All Ranks		
Footwear	Brogues	Brogues	
Dirk	CO & RSM only Regimental Pattern	N/A	N/A
Skean Dhu	Regimental Pattern	N/A	

(Ch10)

* For Pipes and Drums Ceremonial #1B see Articles 750 and 751

724. Ceremonial # 1C – Undress Patrols, Medals

Uniform	Officers, CWO & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry		
Cap Badge	Gold	Silver	
Jacket	Patrol Blue Tunic with cutaway		
Collar Badges	Gold	Silver	
Rank Insignia	Gold shoulder cords with appropriate rank	Dark Blue Melton Backing with Silver Embroidery	
Shoulder Title	None		
Lanyard	Madame Pompadour	Senior NCOs and MCpls- Royal Blue over Scarlet	
Buttons	E&K Scot		
Qualification Badges	N/A		
Name Tag	N/A		
Medals and Decorations	Full Size Medals		
Sword Belt & Claymore	Regimental Pattern	N/A	
Sash	As applicable		No Sash
White Gloves	All ranks including Drum Major		
Waist Belt	Gold waist belt with keepers, E&K buckle	White belt with keepers, E&K buckle	
Kilt	Officers, CWO: 2 Black Rosettes PM: 3 Tartan Rosettes	2 Black Rosettes	No Rosettes
Hair Sporrán	Gold Cantele, 3 tassels	Silver Cantele, 3 tassels	Black Leather Cantele, 2 tassels
Diced Hose	Full Hose	Full Hose or Half Hose	
Scarlet Flashes	All Ranks		
Spats	All Ranks		
Footwear	Brogues	Brogues	
Dirk	CO, RSM & PM only Regimental Pattern	N/A	
Skean Dhu	Regimental Pattern		N/A

(Ch9)

Notes:

1. Worn on parades only when ordered and when Ceremonial # 1 – Service Dress is appropriate.
2. Officers gold shoulder cords worn with outside swirl high/over in front

Ceremonial # 1C – Undress Patrols, Medals

Officers Ranks

Senior NCO Ranks

Junior Ranks



725. Ceremonial # 1D – Undress Patrols, Ribbons

Uniform	Officers, CWO & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry		
Cap Badge	Gold	Silver	
Jacket	Patrol Blue Tunic with cutaway		
Belt	Blue cloth belt, gold buckle	Blue cloth belt, silver buckle	
Collar Badges	Gold	Silver	
Rank Insignia	Cloth Shoulder boards with appropriate rank	As appropriate	
Shoulder Title	boards	cloth epaulettes	
Lanyard	Madame Pompadour	Senior NCOs and MCpls - Royal Blue over Scarlet	
Buttons	E&K Scot		
Qualification Badges	Wings only	Wings only	
Name Tag	N/A		
Medals and Decorations	Undress Medals (ribbons)		
Kilt	Officers, CWO: 2 Black Rosettes PM: 3 Tartan Rosettes	2 Black Rosettes	No Rosettes
Hair Sporan	Gold Cantle, 3 tassels	Silver Cantle, 3 tassels	Black Leather Cantle, 2 tassels
Diced Hose	Full Hose	Full Hose or Half Hose	
Sash	N/A	Rank appropriate	N/A
Scarlet Flashes	All Ranks		
Spats	None	White	
Footwear	Brogues	Brogues	
Dirk	N/A		
Skean Dhu	Regimental Pattern		N/A
Trews	Officers, CWO, PM and Senior NCOs only - if so ordered (No Skean Dhu, Dirk, hose or sporan)		

(Ch10)

Notes:

1. Worn on duty when Ceremonial # 1A is appropriate.
2. Never worn in lieu of Ceremonial # 1 or Service Dress Duty # 3.
(Ch7)
3. Worn for mess functions without Glengarry including formal and semi-formal dinners when Ceremonial # 1A or Mess Standard # 2 and # 2B are appropriate. (ch7)

Ceremonial # 1D – Undress Patrols, Ribbons

Officers Ranks



(Ch9)

Senior NCO Ranks



Junior Ranks



726. Mess Standard # 2 – Mess Tunic

Uniform	Officers, CWO & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry		
Cap Badge	Gold	Silver	
Collar Badges	Gold	Silver	
Shirt	White Shirt, vertical pleated or plain front, turned down collar with gold studs and cuff links		
Shoulder Slip-ons	N/A		
Rank Insignia	As applicable		
Tie	Black bow-tie		
Jacket	Scarlet Mess Jacket, officer. See Article 706	Scarlet Mess Jacket, NCM. See Article 706	
Pocket Watch	Watch and chain optional		
Shoulder Title	N/A		
Buttons	E&K Scot – gold or silver as appropriate		
Waist Coat or Vest	Canadian Highland Green with 4 buttons evenly spaced (Ch9)		
Name Tag	N/A		
Medals and Decorations	Miniatures		
Sword Belt & Claymore	N/A		
Sash	N/A		
White Gloves	N/A		
Kilt	Officers, CWO - 2 Black Rosettes PM - 3 Tartan Rosettes	2 Black Rosettes	No Rosettes
Hair Sporrان	Gold Cantle, 3 tassels	Silver Cantle, 3 tassels	Black Leather Cantle, 2 tassels
Diced Hose	Full Hose		
Scarlet Flashes	All Ranks		
Spats	N/A		
Footwear	Brogues		
Skean Dhu	Regimental Pattern		N/A
Dirk and Gold Waist Belt	CO, RSM, PM only Regimental Pattern	N/A	N/A
Skean Dhu	Regimental Pattern		N/A
Trews	Officers, CWO, PM and Senior NCOs only - if so ordered (No Skean Dhu, Dirk, hose or sporrان)		

(Ch10)

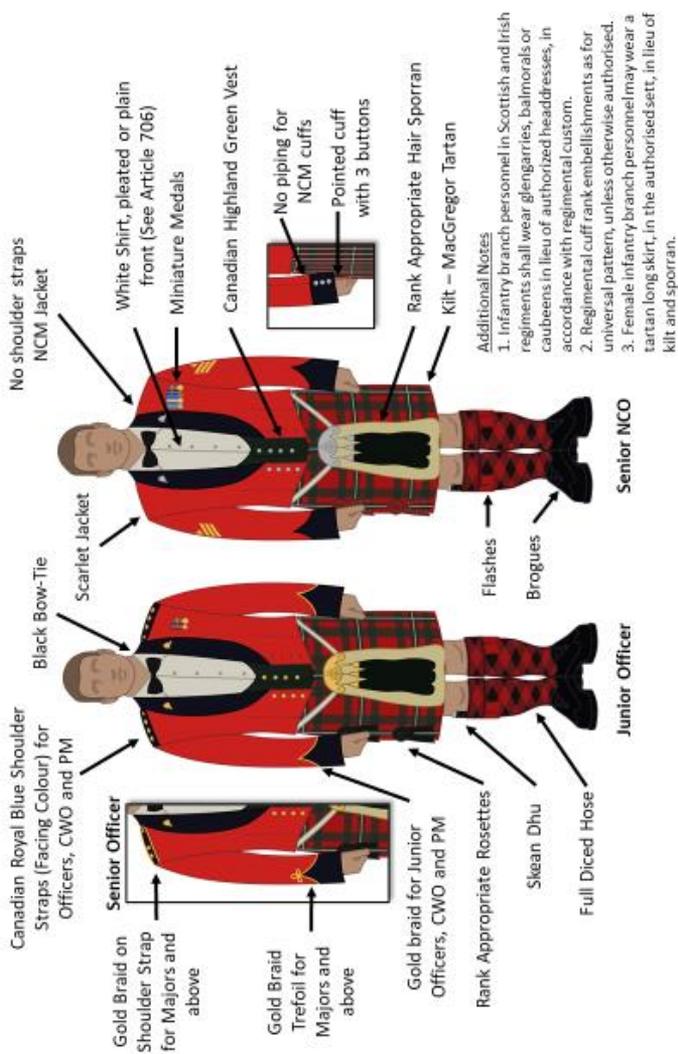
727. Mess Standard # 2 – Summer Optional

Instead of Canadian Highland Green Vest wear the following:

Uniform	Officers, RSM & PM	Senior NCOs	Junior Ranks
Cumberbund	black		
Sash	N/A	None	N/A

(Ch 9)

Mess Standard # 2



Mess Standard # 2

Officer Ranks



Senior NCO Ranks



Junior Ranks



Mess Standard # 2 – Summer Optional

Officer Ranks



Senior NCO Ranks



Junior Ranks



728. Mess Standard # 2B - Service Dress

Uniform	Officers	RSM & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry			
Cap Badge	N/A		N/A	
Collar Badges	Gold		Silver	
Shirt	White Shirt, no pleats, no studs			
Shoulder Slip-ons	N/A			
Rank Insignia	As applicable			
Tie	Black bow-tie			
Jacket	CF Service Jacket			
Shoulder Title	The Essex and Kent Scottish in cloth			
Buttons	E&K Scot			
Organization and Qualification Badges	All ranks			
Name Tag	Do not wear			
Medals and Decorations	Undress Medals (ribbons)			
Sword Belt & Claymore	N/A			
Sash	N/A		N/A	N/A
White Gloves	N/A			
Waist Belt	N/A			
Kilt	Officers, CWO - 2 Black Rosettes PM - 3 Tartan Rosettes		2 Black Rosettes	No Rosettes
Hair Sporan	Gold Cantle, 3 tassels		Silver Cantle, 3 tassels	Black Leather Cantle, 2 tassels
Diced Hose	Full Hose		Full Hose	
Scarlet Flashes	All Ranks			
Spats	N/A		No	
Footwear	Brogues, no spats		Brogues	
Dirk	N/A			
Skean Dhu	Regimental Pattern			N/A
Trews	Officers, CWO, PM and Senior NCOs only - if so ordered (No Skean Dhu, Dirk, hose or sporan)			

(Ch10)

Mess Standard # 2B – Service Dress

Officer Ranks

Senior NCO Ranks

Junior Ranks



(Ch9)

729. Service Dress Duty # 3 - Tunic

Uniform	Officers	RSM & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry			
Cap Badge	Gold		Silver	
Collar Badges	Gold		Silver	
Shirt	CF Shirt			
Shoulder Slip-ons	On CF shirt, rank as applicable			
Rank Insignia	N/A	Rank on CF shirt collars as applicable		
Tie	Rob Roy MacGregor Tie		CF Tie	
Jacket	CF Service Jacket			
Shoulder Title	The Essex and Kent Scottish in cloth			
Buttons	E&K Scot			
Qualification Badges	All ranks			
Name Tag	All ranks			
Medals and Decorations	Undress Medals (ribbons)			
Sword Belt & Claymore	N/A			
Sash	N/A		Rank Appropriate	N/A
White Gloves	N/A			
Waist Belt	N/A (Note: Waist Belts are worn under tunic by band members only and for drummers depending on the drum sling)			
Kilt	Officers, CWO - 2 Black Rosettes PM - 3 Tartan Rosettes		2 Black Rosettes	No Rosettes
Leather Sporan	Gold cap badge		Silver cap badge	Rampant lion
Hose	Lovat Hose (Ch1)			
Scarlet Flashes	All Ranks			
Spats	N/A			
Footwear	Brogues			
Dirk	N/A			
Skean Dhu	Regimental Pattern			N/A
Trews	Officers, CWO, PM and Senior NCOs only - if so ordered (No Skean Dhu, Dirk, hose or sporan), Hunting MacGregor tie for Officers, CWO and PM			

(Ch10)

730. Service Dress Duty # 3A Long Sleeve Shirt

1. Inside place of work only, as per Service Duty Dress # 3 with the following:
 - a. Remove tunic, no medals, ribbons, name tags or badges on shirt except rank, shoulder slip-ons on CF Shirt.
 - b. Glengarry may be removed in offices. (Ch9)
 - c. No belt with kilt or trews.

Service Dress Duty # 3 - tunic

Officer Ranks



Senior NCO Ranks



Junior Ranks



Service Dress Duty # 3A – Long Steeve Shirt

Officer Ranks



Senior NCO Ranks



Junior Ranks



731. Service Dress Duty # 3B – Short Sleeve Shirt
(Summer only)

Uniform	Officers	RSM & PM	Senior NCOs	Junior Ranks
Headdress	Glengarry			
Cap Badge	Gold		Silver	
Collar Badges	N/A			
Shirt	CF Short Sleeve Shirt			
Shoulder Slip-ons	On CF shirt, rank as applicable			
Rank Insignia	Rank on CF shirt collars as applicable			
Tie	N/A			
Jacket	N/A			
Shoulder Title	N/A			
Buttons	N/A			
Organization and Qualification Badges	As applicable			
Name Tag	All ranks			
Medals and Decorations	Undress Medals (ribbons)			
Sword Belt & Claymore	N/A			
Sash	N/A		Rank Appropriate	N/A
White Gloves	N/A			
Brown Waist Belt w/ Gold or Silver Buckle as applicable (Ch9)	Belt is worn under the tunic only by band members. MWO wears Brown Belt with sword slings linked.			
Kilt	Officers, CWO - 2 Black Rosettes PM - 3 Tartan Rosettes		2 Black Rosettes	No Rosettes
Leather Sporrán	Gold cap badge		Silver cap badge	Rampant lion
Hose	Lovat Hose (Ch1)			
Scarlet Flashes	All Ranks			
Spats	N/A			
Footwear	Brogues			
Dirk	N/A			
Skean Dhu	Regimental Pattern			N/A
Trews	Officers, CWO, PM and Senior NCOs only - if so ordered (No Skean Dhu, Dirk, hose or sporrán), Hunting MacGregor tie for Officers, RSM and PM			

(Ch10)

732. Service Dress Duty # 3C – Sweater

Optional wear with Service Dress # 3A or 3B is the CF pattern v-neck sweater without waist belt. Nothing shall be sewn on the sweater. The Remembrance Day poppy may be pinned to the sweater. The plastic name tag will be worn at the position indicated. Options are with or without necktie. (Ch9)

Service Dress Duty # 3B – Short Sleeve Shirt

Officers Ranks



Senior NCO Ranks



Junior Ranks



MWO only



Service Dress Duty # 3C – Sweater

Officers Ranks



Senior NCO Ranks



Junior Ranks



733. Trews with Orders of Dress
(Officers, CWO, PM and Senior NCOs only)

Ceremonial # 1A



Ceremonial # 1D – Undress Patrols, Ribbons



(Ch9)

Mess Standard # 2

Mess Standard # 2 Summer



(Ch9)

Service Dress # 3



Service Dress # 3A



Service Dress # 3B



(Ch9)

Service Dress # 3C



(Ch9)

Photos of sergeant in trows to be added later (Ch10)

734. Operational Dress – Field Combat Clothing

Uniform	Officers	RSM & PM	Senior NCOs	Junior Ranks
Headdress	Melton fawn Tam O'Shanter with fawn Toorie		Khaki Tam O'Shanter with Khaki Toorie	
Cap Badge	Gold		Silver	
Shirt	Combat Shirt			
T-shirt	Environment issued round neck t-shirt. Regimental t-shirt on order only			
Pants	Combat Pants			
Slip-ons Rank	E&K Scot slip-on with appropriate rank			
Name Tag	All ranks			
Socks	Environment issued socks			
Boot Bands	All combat pants to be bloused			
Footwear	Combat boots			
Jacket	Combat Jacket worn during inclement weather; fleece worn under jacket if needed			

Notes:

1. All non-infantry trades wear a Tam O'Shanter with their branch badge.
2. Members of the Band wear a Tam O'Shanter with the E&K Scot badge.
(Ch6)

Operational Dress – Field Combat Clothing, Officer Ranks



Sketches for Officer, Senior NCO and Junior Ranks to follow when the new Multi-Terrain Combat Dress comes available

735. Walking Out Dress for all Members of the Regimental Family

Uniform	Gentlemen	Ladies
Headress	See Note 6	
Shirt	White Shirt	White Blouse
Shoulder Slip-ons	N/A	
Tie	Serving and Former Serving: Kent Regiment (Queen's Own Royal West Kent Regiment) Association, Delta Company and Civilian: Clan MacGregor	Broach with tartan swatch or Clan MacGregor tie
Jacket	Blue Blazer, single breasted with two or three buttons on front. Three buttons on cuff	
Buttons	Serving and Former Serving wear E&K Scot Delta Company & Civilian members may wear non-regimental	
Name Tag	N/A	
Crest	E&K Scot	
Medals and Decorations	Full Size Medals when appropriate	
Pants	Grey Flannels (See Note 7)	MacGregor Pattern Skirt or Grey Flannels
Trews	Past COs, RSMs and Honoraries only with the Hunting MacGregor Trews and tie	
Sporran, Hose, Flashes, Skean Dhu	N/A	N/A
Belt	Black	N/A
Footwear	Oxfords/Brogues	Black low heels
Socks	Black	As appropriate

(Ch10)

Notes:

1. White shirt can be long or short sleeve.
2. The Essex and Kent Scottish crest is that of the cap badge and will be worn the left breast pocket of the blazer by all regardless of rank.
3. Former serving members may also wear the tie approved for wear during their time of service. This includes, but is not limited to, the Rob Roy MacGregor tie for officers.
4. Serving and former serving members whom are also members of the Regimental Association are permitted to wear the Clan MacGregor tie to Association functions.
5. Medals, including miniatures for evening functions, may be worn by serving members with blazer, flannels and tie or suit and tie.
6. Former serving members may also wear a Glengarry with civilian suit or blazer and tie.
7. In the 1970s and 1980s the wearing of MacAlpine trews was common by regimental officers. The wearing of MacAlpine trews is grandfathered for those who purchased them and cannot be passed on further.
8. A Clan MacGregor kilt and civilian pattern sporran may be worn with a regimental blazer cut away. (Ch9)

Walking Out Dress

Ceremonial # 1 / # 1A

Service # 3

Outdoor Ceremony

for Serving and Former Serving Members (Kent Regiment Tie)



for Association, Delta Company and Civilian Members (Clan MacGregor Tie)



(Ch9)

Walking Out Dress

Ceremonial # 1 / # 1A
for Past COs, Past RSMs and Honoraries Only (Hunting MacGregor Trews and Tie)



(Ch9)

736. Mess Dress for Former Serving Members

Former serving members may wear Mess Dress entitled at time of release WITH the “CAF Retiree Insignia” on the lower left sleeve and a sporran other than the regiment’s hair sporran. In 2011 the Senate adopted the following as an optional order of dress for Former Serving Officers and Senior NCOs. All previously approved mess jackets, e.g. Argyll jacket, Prince Charlie coatee or modified versions are ‘grandfathered’ and cannot be passed on further. (Ch10)

Uniform	Item
Shirt	Formal white with studs
Tie	Black bow, hand tied preferred
Jacket	Black Regulation Doublet. No rank.
Buttons	Silver covered Celtic
Qualification Badges	None
Medals and Decorations	Miniatures
Vest	3 button black waistcoat with Celtic or plain black buttons
Kilt	Clan MacGregor with rosettes appropriate to rank on retirement
Sporran	Dress pattern of personal choice. Non-regimental
Hose	Full Red/Black Diced
Flashes	Scarlett
Footwear	Black Oxfords/Brogues
Trews	Officers, RSM, PM and Senior NCOs only. Hunting McGregor bowtie is optional



Regulation Doublet shown

737. Mess Dress for Delta Company Members (Optional)

Uniform	Gentlemen	Ladies
Shirt	White Shirt	White Blouse
Shoulder Slip-ons	N/A	
Tie	Black Bow Tie	Ascot (Optional)
Buttons	Non-Regimental	
Name Tag	N/A	
Medals and Decorations	As appropriate	
Footwear	Oxfords/Brogues	Black low heels

Jacket	Black Tuxedo and Trousers	Evening Dress
Cummerbund	Black or Clan MacGregor	N/A
Sash	N/A	Clan MacGregor

or

Jacket	Regulation Doublet or Prince Charlie pattern	Evening Dress
Vest	Same Colour as Jacket, worn in lieu of Cummerbund	N/A
Kilt	Clan MacGregor preferred	Long Skirt in Clan MacGregor preferred
Sporran	Dress pattern. Non-regimental	N/A
Hose	plain single colour (Ch1)	N/A
Flashes	Scarlet	N/A
Skean Dhu	Optional	N/A

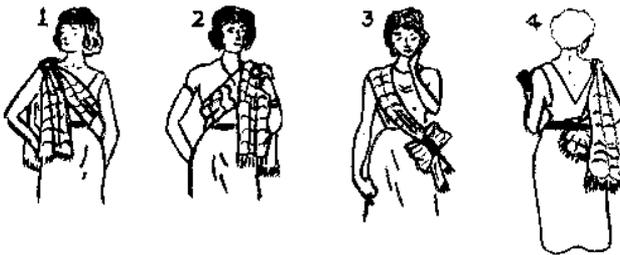


(Ch8)

Regulation Doublet shown

738. Wearing of Sashes by Ladies in Evening Dress

1. The manner of wearing tartan sashes or light scarves had customary significance even two centuries ago, and whilst the wearing of sashes in any particular manner has so far no legal significance, a due respect for tradition suggests that uniform practice, and implication consistent with custom, is desirable. The difference methods under mentioned to wearing such are appropriate for ladies in different circumstances. All these suggestions are based on a careful study of old portraits, prints and traditional practice, and bear the authoritative approval of the Lord Lyon King of Arms.



2. The positioning of the sash is dictated as follows:
- a. No 1. Style worn by clans-women. The sash is worn over the right shoulder across the breast and is secured by a pin or small brooch on the right shoulder.
 - b. No. 2 Style worn by Chieftainesses, wives of clan chiefs and wives of the Colonels of Scottish Regiments. The sash which may be rather fuller in size is worn over the left shoulder and secured with a brooch on the left shoulder.
 - c. No. 3 Style worn by ladies who have married out of their clan, but who still wish to use their original clan tartan. The sash usually longer than No 1 style, is worn over the right shoulder secured there with a pin and fastened in a large bow on the left hip.
 - d. No 4. Style worn by country dancers, or where any lady desires to keep the front of the dress clear of the sash (as, for example, when wearing the ribbon and of a chivalric order, or any orders and decorations). This style is similar to the belted plaid, and is really a small arisaid. It is buttoned on at the back of the waist, or is held by a small belt, and is secured at the right shoulder by a pin or small brooch, so that the ends fall backwards from the right shoulder and swing at the back of the right arm.

Section 5– Pipes and Drums Orders of Dress

750. Ceremonial # 1B – Full Dress for pipers

Uniform	Pipe Major	Piper
Headdress	Feather Bonnet, 5 tails, white plume. On rare occasions, undiced Glengarry with cock feather	Feather Bonnet, 4 tails, white plume. On rare occasions, undiced Glengarry with cock feather
Cap Badge	Gold	Silver
Collar Badges	Gold	Silver
Rank Insignia	Chevrons and PMaj badge worn on sleeve in Gold Bullion (Sgt and below do not wear rank)	Worn on sleeve in Gold Braid with piper qualification badge
Jacket	Highland Green Doublet with shoulder wings, wide Gold Braid, and Gold Piping	Highland Green Doublet with shoulder wings and white piping
Buttons	Ligne 40 Gold	
Decorations	Full Dress Medals	
Sword	Highland Broadsword Regimental pattern	n/a
Sash	Crimson silk over left shoulder under plaid	Sgt - Scarlet Others - n/a
Plaid	Full Plaid	
Plaid Brooch	Regimental pattern or bespoke	Regimental pattern
Cross Belt	3” Black military pattern Cross Belt with bespoke regimental Pipe Major accoutrements	3” Black military pattern Cross Belt with regimental accoutrements
Waist Belt	2 ¾” Black Leather Belt with silver bespoke regimental Pipe Major buckle	2 ¾” Black Leather Belt with Piper Belt Buckle
Kilt	MacGregor with 3 Tartan Rosettes	Sgt - 2 Black Rosettes Other - no Rosettes
Hair Sporrán	Gold Cantle, 3 tassels	Silver Cantle, 2 tassels
Diced Hose	Full Hose	Half Hose
Flashes	Scarlet	

Spats	White	
Footwear	Brogues	
Dirk	Officer's Pattern	Military Piper Pattern
Skean Dhu	Regimental Pattern	

(Ch9)

Notes:

1. Pipe Banners are carried when Colours are on parade. See Chapter 3.
2. The appointment of Pipe Sergeant wears the same accoutrements as a Piper.
3. All Band members are entitled to wear a 2 ¾" black waist belt in all orders of dress (both under jacket for # 1A and # 3 or with kilt when jacket is removed).

Ceremonial # 1B – Full Dress for Pipe Major



Ceremonial # 1B – Full Dress for Piper



751. Ceremonial # 1B – Full Dress for Drummers

Uniform	Drum Major	Drummer
Headdress	Feather Bonnet, 5 tails, white plume On rare occasions, Diced Glengarry	Feather Bonnet, 4 tails, white plume. On rare occasions, Diced Glengarry
Cap Badge	Silver	
Collar Badges	Silver	
Rank Insignia	Chevrons and DMaj badge worn on sleeve in Gold Bullion	Sgt and below wear white rank with drummer qualification badge
Jacket	Scarlet Red Doublet with red shoulder wings, blue facings, gold piping, wide gold braiding.	Scarlet Red Doublet with red shoulder wings, blue facings, white piping, drummers white lace with red crown on arms and back seams
Buttons	Ligne 40 Gold	
Decorations	Full Dress Medals	
Belts, Swords, & Aprons	White Sword Belt with Claymore. Silver bespoke Regimental Drum Major belt buckle. Regimental Drum Major Baldric	2 ¼" White leather belt with silver regimental buckle Side: White leather drum sling, no apron. Tenor: White leather drum sling. Apron fur skin on red backing Bass: White leather drum sling. Apron fur skin on red backing
Sash	Warrant Officer Crimson silk Sash worn over right shoulder under plaid and Drum Major Baldric	Sgt - Scarlet Others - n/a
Plaid	Full Plaid	Half Plaid
Plaid Brooch	Regimental pattern	
White Gloves	White Leather Gloves	N/A
Kilt	MacGregor with 2 Black Rosettes	Sgt - MacGregor with 2 Black Rosettes Others - MacGregor with no Rosettes
Hair Sporan	Silver Cante, 3 tassels	Sgt - Silver Cante, 3 tassels Others - Black Leather Cante, 2 tassels
Diced Hose	Half Hose	
Flashes	Scarlet	
Spats	White	

Footwear	Brogues	
Dirk	Piper's Military Pattern	N/A
Skean Dhu	Regimental Pattern	N/A

(Ch9)

Notes:

1. All Drummers Band members are entitled to wear white waist belt under jacket in # 1A and # 3 depending on drum slings or with kilt when jacket is removed)
2. Headdress type is by order of the Pipe Major.
3. Skean Dhu, Dirk, and Claymore are optional in all orders of dress where entitled.
4. Drum Major's Baldric is worn with Ceremonial #1, # 1A and # 1B. On rare occasions when CO orders the Colours on parade with Service Dress #3B or # 3C or combats the DM Baldric is worn. (Ch 5)

Ceremonial # 1B – Full Dress for Drum Major



Ceremonial # 1B – Full Dress for Drummer



752. Instrument Standards – Pipes

Item	Pipe Major	Pipe Sergeant	Piper
Pipe Bag Cover - Colour & Material	Canadian Highland Green	MacGregor Tartan	MacGregor Tartan
Pipe Bag Cover - Fringe Colour	Gold	Green	Green
Pipe Bag Cover - Embroidery	none	none	none
Drone Cords (all orders of dress)	Gold Silk	Green wool or synthetic	Green wool or synthetic
Drone Ribbons (Ceremonial, Service Dress #1/1A)	MacGregor tartan	MacGregor tartan	MacGregor tartan

(Ch 10)

Notes:

1. Drone Ribbons are never worn at a funeral or memorial service.
2. Drone cords and ribbons must never hang on the regimental side of a pipe banner. (Ch 5)

753. Instrument Standards – Drums and Bugles

Item	Description
Bass Drum Facing	Plain. No writing or images
All Drum Shells	Full wrap decal with 24 Battle Honours
Tenor Drum Cords (Service Dress #1/1B)	White braided cords
Bugle	Standard issue Bugle carried by snare drummers on army pattern (red/blue/yellow) bugle cords (worn on order in # 1 & # 1B)

(Ch 9)

754. Cock Feather

Worn by pipers only on the Glengarry behind the hat badge with Ceremonial # 1, # 1A and # 1B on order by the Pipe Major. See Article 750.



Outside view

(Ch4)



Inside view

755-759 left blank

Section 6 – Affiliated Cadet Corps Dress – General (Ch8)

760. **Background.** Throughout the history of the E&K Scot, cadets and Cadet Instructor Cadre (previously known as Cadet Instructor List) Officers of the four affiliated cadet units were permitted to wear some items of highland dress worn by serving members of the Regiment. Following extensive discussion, the Senate approved the highland dress standards on 17 November 2018 as shown below and in keeping with Cadet Administrative Instructions on Dress.

Cadet Instructor Cadre Officer Highland Dress

1. CIC Officers may wear highland dress with Service Dress, Mess Dress or CADPAT only when they have completed their Basic Officer Training Course and promoted to 2Lt; and only at Regimental Family and local cadet unit events. The following is the LFCA Directive (which mirrors the CF Dress Instructions) regarding CIC Officers wearing of highland dress:

“The wearing of highland dress is to be a solely voluntary and individual decision. No pressure shall be applied to have CIC Officers wear highland dress, and no ramifications shall be taken against those officers not wishing to wear highland dress. The cost of procurement and maintenance of the highland dress, including the cost of tailoring of the Service Dress tunic, is to be borne by the individual CIC Officer and not the Crown, E&K Scot or the Cadet Corps' sponsor. RCACC accoutrements rather than those of E&K Scot, will be worn, to include cap badge, collar dogs, and buttons. The CIC officers serving with the kilted cadet corps may wear the kilt, for purposes of dress uniformity, on those occasions when their cadets wear kilt.”

2. Depending on the occasion CIC Officers may wear either all highland dress or all standard issued dress. No mixing of highland and CIC Officer dress, e.g. no Glengarry with Service Dress pants.

3. The following general guidance and restrictions apply to CIC Officers:

- a. See LFCA Direction above, i.e. for purposes of uniformity, a kilt may be worn on those occasions when their cadets wear the kilt.
- b. E&K Scot cap badge, buttons and collar dogs are not worn.
- c. E&K Scot three-tassel hair sporran is worn only with a generic gold cantle and without an E&K Scot badge.
- d. No rosettes on the kilt.
- e. With regards to mess dress, CIC officers are authorized to wear CIC branch mess dress; however, they are also authorized to wear highland dress for Regimental/Cadet mess functions or other special occasions where the officer has requested authority to wear this order of dress from his CO and it has been approved by the CO E&K Scot.

- f. CIC officer who has purchased a hair sporrán prior to November 2019 is granted permission to wear it. (Ch8)

762. **Cadet Highland Dress**

1. The following principles apply to cadets:
- a. All parading members in a cadet corps of the same rank MUST wear the same dress where there is more than one option, e.g. head dress, sashes.
 - b. E&K Scot pattern two-tassel hair sporrán with black cantle and white strap is worn by all ranks.
 - c. Pace sticks for ceremonial occasions are black for RSM and blonde for CSMs.
 - d. Highland Dress is only authorized for Regimental Family and local cadet unit events and not trips, training or meetings outside the local area. (Ch8)

Section 7 - Cadets and CIC Officer Highland Kit Orders of Dress
(Ch8)

763. **Ceremonial - Service Dress # 1**

Uniform	CIC Officers	Cadet RSM	Cadet Snr NCOs	Cadets Junior Ranks
Headdress	Glengarry			
Cap Badge	CIC Cap Badge	Gold E&K Scot	Silver E&K Scot	
Collar Badges	CIC	Not applicable – do not wear		
Shirt	CF Green Shirt			
Shoulder Slip-Ons	CIC Officer	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	As per dress Regs	Army Cadet Ranks worn as per dress regs		
Tie	Rob Roy MacGregor	Green Army Cadet Tie		
Jacket	CF Service Jacket	Army Cadet Dress Uniform Jacket		
Shoulder Title	CIC	E&K Scot Army Cadet Shoulder Title in cloth		
Buttons	CIC or CF issued	Army Cadet Dress Uniform buttons		
Organization Badge	CIC	Army Cadets of Canada Red Maple Leaf Badge		
Name Tag	Black plastic with white lettering			
Medals and Decorations	Full Dress Medals	Army Cadet issued Medals and Decorations		
Sword Belt and Claymore	CIC Officer issued or bought	Not applicable	Not applicable	
Sash	None	RSM-crimson;		None

		PM/MWO/WO - maroon; Sgt - scarlet		
White Gloves	Yes	Yes	Yes	None
Waist Belt	None	White belt with keepers and Army Cadet metal buckle	White belt with keepers and Army Cadet metal buckle	None
Kilt	MacGregor Tartan as per regimental pattern article 706			No kilts
Rosettes	No Rosettes			
Hair Sporan (See Article 761)	Gold Cantle, 3 tassels	Black Leather Cantle with 2 tassels		None
Diced Hose	Full	Full	Half Hose	None
Scarlet Flashes	All			None
Spats	Regimental pattern			None
Footwear	Oxfords/ Brogues/Boots	Ankle Boots		
Dirk	None			
Skean Dhu	Regimental pattern	Regimental pattern but "safety" version (If the Cadet Corps can afford to buy them)		None

764. Ceremonial - Service Dress # 1A – Medals Only

Uniform	CIC Officers	Cadet RSM	Cadet Snr NCOs	Cadet Junior Ranks
Headdress	Glengarry			
Cap Badge	CIC Cap Badge	Gold E&K Scot	Silver E&K Scot	
Collar Badges	CIC	Not applicable – do not wear		
Shirt	CF Green Shirt			
Shoulder Slip-Ons	CIC Officer	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	As per dress Regs	Army Cadet Ranks worn as per their dress regs		
Tie	Rob Roy MacGregor	Green Army Cadet Tie		
Jacket	CF Service Jacket	Army Cadet Dress Uniform Jacket		
Shoulder Title	CIC	E&K Scot Army Cadet Shoulder Title in cloth		

Buttons	CIC or CF issued	Army Cadet Dress Uniform buttons		
Organization Badge	CIC	Army Cadets of Canada Red Maple Leaf Badge		
Name Tag	Black plastic with white lettering			
Medals and Decorations	Full Dress Medals	Army Cadet Issued Medals and Decorations		
Sword Belt and Claymore	N/A	N/A	N/A	
Sash	None	As appropriate to rank (see above)		None
White Gloves	N/A			
Waist Belt	None	N/A	N/A	None
Kilt	MacGregor Tartan			No kilts
Rosettes	None			
Hair Sporan (See Article 761)	Gold Cantle, 3 tassels	Black Leather Cantle with 2 tassels		None
Diced Hose	Full	Full	Half Hose	None
Scarlet Flashes	All			None
Spats	N/A	Regimental Pattern		None
Footwear	Oxfords/Brogues	Ankle Boots		
Dirk	None			
Skean Dhu	Regimental Pattern	Regimental Pattern but "safety" version		None

765. Mess Standard Dress # 2.(CIC Officers only)

CIC Officers are not obliged to buy Mess Dress #2; however, if they decide to wear Highland Mess Dress the following applies. Cadets do not wear Mess Dress.

Uniform	CIC Officers
Headdress	Glengarry
Cap Badge	CIC Cap Badge
Collar Badges	CIC
Shirt	White pleated shirt with gold studs and cuff links
Shoulder Slip-Ons	N/A
Rank Insignia	As per dress Regs
Tie	Black Bow-Tie
Jacket	Scarlet Mess Dress Tunic, Regimental Pattern
Shoulder Title	N/A
Buttons	CIC or CF issued
Vest	Hunter Green
Name Tag	N/A
Medals and Decorations	Miniatures
Sword Belt and	N/A

Claymore	
Sash	N/A
White Gloves	N/A
Waist Belt	N/A
Kilt	MacGregor Tartan
Rosettes	None
Hair Sporrans (See Article 761)	Gold Cantle, 3 tassels
Diced Hose	Full Hose
Scarlet Flashes	All
Spats	N/A
Footwear	Oxfords/ Brogues
Dirk	None
Skean Dhu	Regimental Pattern

766. Mess Standard Service Dress # 2B (CIC Officers only)

This would be worn by a CIC Officer who decided not to buy the scarlet tunic, but wanted to wear the kilt to a Mess Dinner or Dining-In. It is based on the Service Dress uniform. **Note:** If a CIC Officer is not wearing the kilt, then they would wear the Service Dress Jacket, pants and with a plain white shirt, black bow tie, and oxfords. Cadets do not wear Mess Dress.

Uniform	CIC Officers
Headdress	Glengarry
Cap Badge	CIC Cap Badge
Collar Badges	CIC
Shirt	White shirt with no pleats, no studs and no cufflinks
Shoulder Slip-Ons	N/A
Rank Insignia	As per dress Regs
Tie	Black Bow-Tie
Jacket	CF Service Jacket (cut away as per highland dress tradition)
Shoulder Title	E&K Scot Army Cadet Shoulder Title in cloth
Buttons	CIC or CF issued
Vest	N/A
Name Tag	N/A
Medals and Decorations	Undress Medals (ribbons)
Sword Belt and Claymore	N/A
Sash	N/A
White Gloves	N/A
Waist Belt	N/A
Kilt	MacGregor Tartan
Rosettes	None
Hair Sporrans (See Article 761)	Gold Cantle, 3 tassels
Diced Hose	Full Hose

Scarlet Flashes	All
Spats	N/A
Footwear	Oxfords/ Brogues
Dirk	None
Skean Dhu	Regimental Pattern

767. Service Dress Duty # 3

An affiliated cadet corps may add this level of dress, should they acquire enough funds, for cadets on parade or a Regimental Family event. The conditions for a CIC Officer to wear Orders of Dress #3 and #3B are explained in Article 761.

Uniform	CIC Officers	Cadet RSM	Cadet Snr NCOs	Cadet Junior Ranks
Headdress	Glengarry			
Cap Badge	CIC Cap Badge	Gold E&K Scot	Silver E&K Scot	
Collar Badges	CIC	Not applicable – do not wear them		
Shirt	CF Green Shirt			
Shoulder Slip-Ons	CIC Officer	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	As per dress Regs	Army Cadet Ranks worn as per their dress regs		
Tie	Rob Roy McGregor	Green Army Cadet Tie		
Ascot (not on parade)	Not authorized	Optional. MacGregor tartan pattern in lieu of tie with Cadet Uniform Jacket		
Jacket	CF Service Jacket	Army Cadet Dress Uniform Jacket		
Shoulder Title	CIC	E&K Scot Army Cadet Shoulder Title in cloth		
Buttons	CIC or CF issued	Army Cadet Dress Uniform buttons		
Organization Badge	CIC	Army Cadets of Canada Red Maple Leaf Badge		
Name Tag	Black plastic with white lettering			
Medals and Decorations	Undress Medals (Ribbons)			
Sword Belt and Claymore	N/A			
Sash	None	As applicable to rank		
White Gloves	N/A			
Waist Belt	N/A			
Kilt	MacGregor Tartan			No kilts
Rosettes	None			
Sporran	Leather Sporran with	Leather with 2 tassels and Cadet Cap Badge		None

	2 tassels and Gold CIC Cap Badge		
Hose	Lovat Hose		None
Scarlet Flashes	All		None
Spats	None	None	
Footwear	Oxfords/ Brogues	Shoes	
Dirk	None		
Skean Dhu	Regimental Pattern	Regimental pattern but "safety" version	None

Cadets are only issued ankle boots; thus, the option of shoes is based on the individual cadet's desire to purchase them, or the Support Committee's ability to purchase them.

768. Short Sleeve Order - # 3B (Summer Only)

An affiliated cadet corps may add this level of dress, should they acquire enough funds, for cadets on parade or a Regimental Family event. The conditions for a CIC Officer to wear Orders of Dress #3 and #3B are explained in Article 761.

Uniform	CIC Officers	Cadet RSM	Cadet Snr NCOs	Cadet Junior Ranks
Headdress	Glengarry			
Cap Badge	CIC Cap Badge	Gold E&K Scot	Silver E&K Scot	
Collar Badges	N/A			
Shirt	CF Short Sleeve Green Shirt			
Shoulder Slip-Ons	CIC Officer	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	As per dress Regs	Army Cadet Ranks worn as per their dress regs		
Tie	N/A			
Ascot	N/A	Optional. MacGregor tartan pattern		
Jacket	N/A			
Shoulder Title	N/A			
Buttons	N/A			
Organization Badge	N/A			
Name Tag	Black plastic with white lettering			
Medals and Decorations	Undress Medals (Ribbons)			
Sword Belt and Claymore	N/A			
Sash	None	As applicable to rank		
White Gloves	N/A			

Waist Belt	Black belt with CIC belt buckle	Black belt with the Cadet Insignia belt buckle;		
Kilt	MacGregor Tartan			No kilts
Rosettes	None			
Sporran	Leather with 2 tassels and Gold CIC Cap Badge	Leather with 2 tassels and CIC Cap Badge	None	
Hose	Lovat Hose			None
Scarlet Flashes	All			None
Spats	None	None		
Footwear	Oxfords/Brogues	Shoes		
Dirk	None			
Skean Dhu	Regimental Pattern	Regimental pattern but "safety" version	None	

Cadets are only issued ankle boots; thus, the option of shoes is based on the individual cadet's desire to purchase them, or the Support Committee's ability to purchase them.

769. CADPAT and Field Training Uniforms

CIC Officers are authorized to wear CADPAT. Cadets wear the Field Training Uniforms (FTU) that is a plain olive-green combat uniform.

Uniform	CIC Officers	Cadet RSM	Cadet Snr NCOs	Cadet Junior Ranks
Headdress	Melon Fawn Balmoral with fawn Tourri; or CADPAT field hat	Army Cadet Beret or Tilley Hat or Khaki Balmoral with khaki tourri (See Article 762.1.a)		Army Cadet Beret
Cap Badge	CIC Cap Badge	Gold E&K Scot on balmoral and cadet beret; No badge on Tilley Hat	Silver E&K Scot on balmoral and cadet beret; No badge on Tilley Hat	Silver E&K Scot on cadet beret
T-Shirt	FTU green t-shirt			
Shoulder Slip-Ons	CIC Officer	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	As per dress Regs	Army Cadet Ranks worn as per their dress regs		
Shirt	CADPAT Shirt	FTU shirt		
Pants	CADPAT Pants	FTU Pants		

Jacket	CADPAT Jacket	RCACC Parka or civilian jacket; Cadets can buy plain olive-green jackets from Surplus or similar stores
Ascot	Not authorized	Optional. MacGregor tartan pattern
Name Tag	Appropriate cloth name tags for CADPAT or FTU	
Socks	Issued military socks	
Boot Bands	All CADPAT or FTU pants to be bloused	
Footwear	Military Issued Combat Boots	FTU Boots or appropriate civilian boots

770. Cadet Pipes and Drums Orders of Dress in Highland Kit

1. Pipers

Uniform	Pipe Major	Pipe Sergeant	All other pipers
Headdress	Undiced Glengarry – no cock feather		
Cap Badge	Silver E&K Scot		
Collar Badges	N/A		
Shirt	CF Green Shirt		
Shoulder Slip-Ons	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	PM will wear Cadet Rank and the Pipe Major Rank	Army Cadet Ranks worn as per their dress regs	
Tie	Green Army Cadet Tie		
Jacket	Army Cadet Dress Uniform Jacket		
Shoulder Title	E&K Scot Army Cadet Shoulder Title in cloth		
Buttons	Army Cadet Dress Uniform buttons		
Organization Badge	Army Cadets of Canada Red Maple Leaf Badge		
Name Tag	Black plastic with white lettering		
Medals and Decorations	Army Cadet issued Medals and Decorations		
Sword Belt and Claymore	Not applicable – do not wear		
Sash	maroon or scarlet applicable to rank	None	
Plaid	Full Plaid		
Broach	Plaid Broach		
White Gloves	N/A		
Waist Belt	Black cross belt & black waist belt with gold buckles	Black cross belt & black waist belt with silver buckles	

Kilt	MacGregor Tartan	
Rosettes	None	
Hair Sporan (See Article 761)	Black leather cantle with two tassels	
Diced Hose	Full	Half Hose
Scarlet Flashes	All	
Spats	All	
Footwear	Ankle Boots (See Note 2)	
Bag Cover	Green regimental pattern with silver E&K Scot embroidered badge	
Dirk	Not authorized	
Skean Dhu	Regimental pattern but “safety” version	

2. Drummers

Uniform	Drum Major	Drum Sergeant	All other drummers
Headdress	Diced Glengarry		
Cap Badge	Silver E&K Scot		
Collar Badges	N/A		
Shirt	CF Green Shirt		
Shoulder Slip-Ons	Applicable Army Cadet Rank Slip-ons		
Rank Insignia	DM will wear Cadet Rank and the Drum Major Rank	Army Cadet Ranks worn as per their dress regs	
Tie	Green Army Cadet Tie		
Jacket	Army Cadet Dress Uniform Jacket		
Baldric	If Cadet Corps has one	N/A	
Shoulder Title	E&K Scot Army Cadet Shoulder Title in cloth		
Buttons	Army Cadet Dress Uniform buttons		
Organization Badge	Army Cadets of Canada Red Maple Leaf Badge		
Name Tag	Black plastic with white lettering		
Medals and Decorations	Army Cadet issued Medals and Decorations		
Sword Belt and Claymore	N/A		
Sash	Wear scarlet sash or Drum Major’s Baldric	As applicable to rank	N/A
Plaid	Full Plaid	Half Plaid	
Broach	Plaid Broach		
White Gloves	White leather gauntlets	N/A	

	(long cuffs)	
Waist Belt	White waist belt with silver buckles	
Kilt	MacGregon Tartan	
Hair Sporan	Black leather cantle with two tassels	
Diced Hose	Half Hose	
Scarlet Flashes	All	
Spats	All	
Footwear	Ankle Boots (See Note 2)	
Dirk	Not authorized	
Skean Dhu	Regimental pattern but “safety” version	

Notes:

1. Feather Bonnet is never worn by cadet pipes and drums.
2. Cadets are only issued ankle boots; thus, the option of oxfords/ brogues for the PM and DM is based on the individual cadet’s desire to purchase them, or the Support Committee’s ability to purchase them. (Ch8)

Annex A
Chapter 7

Canadian Army Ranks



General Lieutenant-General Major-General Brigadier-General Colonel



In 2013 old-style officer insignia was reintroduced using the St. Edward's Crown and Star of the Order of the Bath commonly called "crowns" and "pips".



In 2017 on the 100th Anniversary of the Battle of Vimy Ridge the uniquely Canadian Vimy Star replaced the Bath Star "pip".



Lieutenant-Colonel Major Captain Lieutenant Second Lieutenant Officer Cadet



Chief Warrant Officer Master Warrant Officer Warrant Officer Sergeant Master Corporal Corporal



Private (Trained) Private (Basic) Private (Recruit)